



HYLAND HEIGHTS E.S. HAWK TALK

March, 2016

Principal W. Clarke & Vice-Principal W. Peeters
519-925-3745, Attendance: Ext. 100
* Press '0' to connect directly with the office

Dear Parents/Guardians,

It would appear that winter has arrived. Please remind your child/children that appropriate outdoor clothing is a necessity on our yard as the winds are strong, so it tends to feel colder than the thermometer reads. March will go by quickly as we have two four day weeks and one week off for March break.

There is much happening in the school for your child/children to get involved with: junior sideline basketball, intermediate boys and girls basketball, a play, running club, talent show, and the Forest of Reading to name a few. Me to We are planning events for the school, such as "Live Free" and "Education for Musa." Student council is responsible for planning spirit days and fundraising to get dodgeballs for the gym.

Teachers are also organizing Scientists in the School. Many thanks go out to our Parent Council for their continued support of these excellent programs.

W. Clarke and W. Peeters

School Climate Survey

During the week of Feb. 29 - March 4, students in grades 4-12 will be completing a School Climate Survey. The purpose of this survey is to determine whether or not our students feel that their school provides a safe and inclusive learning environment. The survey asks general questions about how the student is feeling at school, as well as specific questions about bullying. Staff and parents are also being asked to complete a climate survey about their school. Parents can use the following link to access the survey, or the survey can be accessed through our school website.

https://uoguelph.eu.qualtrics.com/SE/?SID=SV_87VAOCZ4TdwN52Z

Partnership with Dufferin Arts Council and 7/8 & 8 classes

We are part of an exciting project in these two classes. Grandparents and/or seniors will be invited into the classes for a visit once a week for 5-6 weeks. Students will have the opportunity to interview the grandparents and write a book about the individual. There will be a follow up party/celebration. In order to make this project successful we need grandparents that can give of their time for approximately 2 hours per week to come to HHES to be interviewed. The project is slated to start at the end of March and conclude at the end of April.

Feedback welcome on draft policies

The Upper Grand District School Board is welcoming public input on draft policies. Currently under review are Equity and Inclusive Education (#504) and Alcohol and Drugs (#513). You are invited to review the draft documents and submit online feedback at www.ugdsb.on.ca/policy. The deadline for public input is April 13, 2016. Persons without internet access may call 1-800-321-4025 ext. 723 to request a printed copy of the draft documents.

Dates to remember: March

Feb. 29	Parent Council
Feb. 29	JK interviews
Mar. 1	JK interviews
Mar. 3	Jr/Int Outdoor Day
Mar. 4	Literacy Day
Mar. 10	"Big Crunch" Assembly @ 2:00
Mar. 11	Talent Show—11:30 PJ day—spirit day
Mar. 14—18	No school—March break
Mar. 25	No school—Good Friday
Mar. 28	No school—Easter Mon.
April 1	Inside out/backwards Spirit day

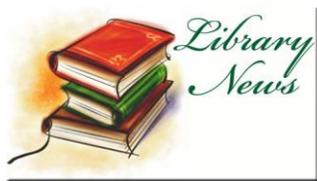
Please check the lost and found for any unclaimed clothing items that have been found in the hallways and classrooms.

Please remind your child that if he/she is coming to school early for our Breakfast Club or any team event, that they must head directly outside after they are done. There is no supervision inside the school before 8:45 to ensure that students are safe.

Follow us on **Twitter**

@HylandHawks

Library News



There is a lot to do in Shelburne over the March Break, thanks to the Shelburne Public Library. "Dan the Man", "Zoo to You" and "Peter Pan" are the shows/performances that are being offered. Please call the library at 519-925-2168 to find out more information on dates/times/locations and to purchase tickets.



As parents we have the wonderful opportunity and responsibility for nurturing our children's growth. Parents play a key role in the physical, emotional, and intellectual development of their child. As parents we can usually find time to read a story to our children, thereby instilling a love of literature, but we are often at a loss as to how to instill a love and appreciation for mathematics.



Attend a public information session on Upper Grand's French Review

FRENCH

The Upper Grand District School Board is holding four public meetings to provide the public with

information on the board's French Review. The meetings will provide information on the problems, alternatives and recommendations described in the report prepared by the French Review Committee. All are welcome to attend. For meeting dates and to read the French Review report, visit www.ugdsb.on.ca/frenchreview.



Transition Plans

While it may feel like it is early in the year to think about moving on to the next school year, plans are underway to ensure that students have a successful transition in September. For students that are changing schools, visits may have already begun. Specific transition plans are often particularly important for students with an Individual Education Plan and therefore are a required component of any IEP. For many students, the support provided to the whole class is all they need to have a successful transition, however other students may need more specific goals and support to help them deal with a variety of changes throughout the day.

Common transitions that can be addressed on a transition plan include:

- entry to school
- move to a new school or new grade/teacher
- transition to post-secondary: workplace, apprenticeship, college, university, community etc.
- in school transitions could include: starting/stopping activities, leaving the classroom, going to recess/gym, going on field trips

As a parent, you can play an important role in transition planning for your child by:

- working together with school staff to discuss the transition goals
- providing visits to the new school
- talking about the transition in a positive way
- looking at pictures of the new teachers and school building
- reading social stories to give your child the reassurance they need

Preparation is crucial for transitions to be successful, and a team approach between home and school is key.

Like reading, mathematics is a subject that is indeed necessary for functioning adequately in society. More than that, mathematics is a subject that should be more enjoyable than it is perceived to be. Parents' attitudes towards mathematics have an impact on their children's attitudes. Children whose parents show an interest in and enthusiasm for mathematics around the home will be more likely to develop that enthusiasm themselves.

Activities in the Home

If you have dice, playing cards, and a bit of time....oh the "number sense" fun you can have.

1. Work on Place Value-use a grade appropriate number of dice and use the numbers rolled as digits to "make the biggest number you can, make the smallest number you can, make a number closest to 100" etc.
2. Work on Number Sense-use 2 die to add numbers together....to make it harder, you can use the 2 die to subtract, and multiply.
3. War-Use a deck of cards to compare numbers. Each person flips their cards at the same time, the person with the higher number gets both cards.
4. What's my number? Someone holds a card on their forehead and asks the other person questions to try to guess their number (for example, is it greater than 5, is it odd or even).

Give it a go and have fun building number sense fluency together.



5 km or 10 km Run/Walk

The Orangeville Lion's Club is hosting a 5km walk/run or a 10 km run at Island Lake on Saturday, May 28, 2016 at 10:00am. They are encouraging all schools and families from Dufferin County to participate, in order to support fitness and well-being. Ms. Batchelor will be starting a running club at Hyland Heights for any students who are interested in joining. If you or your family is interested in participating, you can register online at "The Seven Bridges Run." Fees are:

Adults \$40.00 before March 31st

Youth \$7.00 before March 31st

Family \$80.00 before March 31st

March EVENTS CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Parent Council	1	2 Pizza Day	3	4 Literacy Day
7	8	9 Pizza Day	10	11 Spirit Day—PJ's Talent Show—11:30
14 No School—March break	15 No School—March break	16 No School—March break	17 No School—March break	18 No School—March break
21	22	23 Pizza Day	24	25 No School—Good Friday
28 No School—Easter Monday	29	30 Pizza Day	31	1 Spirit Day—Inside out and backwards

UGDSB invites parents to learn about classroom technology at 'Digital Saturday'

The Upper Grand District School Board is hosting an open house featuring displays and workshops on how students are using technology to learn. "Digital Saturday" takes place on March 5, 2016, from 9 a.m. to 12:30 p.m. at Westminster Woods Public School in Guelph.

"In the last few years there has been exponential growth in the use of technological tools and resources in Upper Grand schools," said Brent McDonald, Superintendent of Education responsible for Information Technology. "Students don't stop using what they're learning as soon as the bell rings at the end of the day. A good number of these resources are available 24/7, so they're used at home and school."

A presentation on technology in the classroom to the board's Parent Involvement Committee was the inspiration for the idea of hosting a technology open house for all parents.

"We thought a Saturday morning would be the best time for both parents to come out and see what we're doing," said McDonald. "Students can come too."

Digital Saturday will be an opportunity to explore and learn about:

- New technologies in the classroom like Chromebooks, UGCloud
- Assistive technologies to support all learners including Kurzweil and Read&Write for Google
- Robotics and coding and virtual reality in the classroom demonstrations
- Online digital resources for assisting student learning such as UG2GO, UGCloud and Homework Help

There will be lots of opportunities for interaction and co-learning. Older children (8 and up) may find the display tables and workshops informative and engaging.

We hope to see you there as partners in education!

Event details:

- **DATE:** Saturday March 5, 2016
- **TIME:** 9 a.m. to 12:30 p.m. Open house closes at 12 p.m.
- **LOCATION:** Westminster Woods Public School, 140 Goodwin Drive, Guelph

For more information:

Heather Loney, Communications and Community Engagement Officer
519-822-4420 ext.725

heather.loney@ugdsb.on.ca

Monthly Environmental Newsletter Inserts



March's Environmental Theme: **REDUCE, REUSE, RECYCLE**

The environmental theme for this month is not a new one. We are talking about Reduce, Reuse, Recycle. These are the 3 R's of environmental stewardship and by practicing them we will help planet Earth. Did you know all of them are not created equal? The best one of the three is: Reduce.

Reduce means to use less of something. This is the best of the 3 R's because we don't even use our natural resources to begin with! What could we use less of? There are many things you can think of. Use less water, or use less paper, or – very important - buy less 'stuff'.

Recycle is critical if we want to keep things out of the landfill. More and more items are starting to be recycled, so be responsible and put them in the proper containers provided. If you don't, they end up in the regular garbage and harm nature by forcing us to create more garbage dumps that pollute our planet. We also need to make sure toxic items like paint and batteries don't end up in the garbage, but are brought to the hazardous waste depot. And never throw our your old smart phone. Take it back to your cell phone company for recycling. It contains minerals that are being mined in areas that are destroying precious habitats.

The Möbius loop is the universally recognized recycling symbol. It consists of those 3 circular arrows. We can put compostable items into our organic bins, like food scraps including fruit & vegetables, dairy, meat, breads, as well as paper tissues and paper towels. We can recycle containers including plastics, glass, metals and tetra paks and milk cartons. And we can also recycle paper, boxboard like Kleenex boxes, and cardboard. So **DO NOT** throw these items into the garbage at home or the garbage containers here at school. Find the right recycling bin. Let these items be turned into something new again!

Slogan of the month: Don't trash our future! Recycle!



NEWS FROM PARENT COUNCIL

SOFTBALL TOURNAMENT



We are hoping to run a Softball Tournament on June 24th and 25th in our continued efforts to raise money for a new junior/intermediate playground.

As you can imagine this is a big undertaking, but if it is successful we are hoping to reach our goal for Phase 1 of the playground. We are in need of many volunteers to pull this off. If you can help in any way, either the day of, or in the planning, please let us know!

SHELBURRFEST

Congratulations to our Snow Fort building team on winning 2nd place and \$300.00 towards our playground fun!

The kids and parents alike had a great time and we hope to see YOU out next year to join us and win 1ST place.



We are putting out a call for a couple of parent volunteers in hopes of running our Pita Pit lunch program again.

The commitment would be $\frac{1}{2}$ an hour one day a week at first lunch and one Thursday morning every 4 weeks to count money. The more parents the less work for everyone.

UPCOMING PIZZA DAYS

March 2, 9, 23, 30

NB: Please remember to look for the forms in your child's agenda or backpack.



PLEASE CHECK OUT OUR FACEBOOK PAGE AND DON'T FORGET TO LIKE US!

Hyland Heights Parent Council

Talking About Mental Health – March 2016

Kids Do Well If They Can - Collaborative Proactive Solutions

In our schools we use a positive supportive approach with all our students. One such approach that we follow in our schools is Collaborative Proactive Solutions (CPS). This is a very effective way to help children and youth who are struggling by working with them to building skills and resources.

Dr. Ross Greene, who developed Collaborative Proactive Solutions, believes that **Kids Do Well If They Can**. If they are not doing well it is because they're lacking the skills not to be challenging. If they had the skills, they wouldn't be challenging. Dr. Greene also stresses that **Doing well is always preferable to not doing well** (*if a kid has the skills to do well in the first place*).

When children and youth are faced with challenges that are too much for their skills and resources, they often engage in challenging behaviour because they do not have the skills to engage in positive behaviour.

Challenging behavior in children and youth is best understood as the result of lagging skills (in the terms of flexibility/adaptability, frustration tolerance, and problem solving) rather than as the result of lack of motivation on the child/youth's part. And second, the best way to reduce challenging behaviour is by working together with the child/youth – collaborating – to solve the problems setting them in motion in the first place.

Dr. Greene's Collaborative Proactive Solutions is a very successful approach for children and youth presenting with a variety of challenging behaviours, which is why we use this approach in our schools.

Dr. Greene also has many tips for parents, so they can use Collaborative Proactive Solutions at home. If you are interested in learning more, please see his website:

<http://www.livesinthebalance.org/parents-families>

Information for this article has been taken from Dr. Ross Greene's website.

*Dr. Lynn Woodford, Psychologist, is the Mental Health and Addiction Lead for Upper Grand District School Board
Follow me on twitter: @drlynnwoodford*