



Island Lake Public School



October 2017

<http://www.ugdsb.on.ca/islandlake/>

50 Oak Ridge Drive, Orangeville ON, L9W 5J6 519 941-3292

Fairness, Honesty, Respect, Compassion and Responsibility.

Principal & Vice-Principal's Message



Dear Parents and Guardians,
What an exciting start to the school year!
We have had a taste of summer weather to start September and students have settled into their classes smoothly.

Thank you to all that attended our Meet the Teacher night. It was lovely to see you and chat. We hope to see you in the school again for our other special events.

This week our international visitors will be at Island Lake. We had a welcome assembly and students have been placed in classes for the week. We are very grateful to our teachers and our student buddies for all their efforts to make our visitors comfortable.

Thank you to all of our families who have signed up for School Cash Online- the convenience and safety of not having cash come to school with students is well worth it. Many thanks to Mrs. Dickson for all of her hard work and for being available on Meet the Teacher night to assist parents to sign up. If you have not as yet signed up, please do so on our school website. <http://www.ugdsb.on.ca/islandlake/>

Lastly, just a reminder about paying attention to the weather reports each morning. Students need to be prepared to be outside for at least a 20 minute break twice daily. Although September had summer weather, October has different plans for us. With the shifts in temperature it makes sense to send your child in layers so they can adjust what to wear throughout the day.

As always, our door is open. Please contact us if you have any concerns whatsoever and we will do our best to address them.

Sincerely,

Mr. Sean Singh (x223)
Principal

Mrs. Janice Dampier (x 224)
Vice-Principal

Photo Day



October 3rd, Edge Imaging will be doing our individual photos. Class photos to be taken in the Spring.

Terry Fox Run

Thank you to our students for participating in the Terry Fox run that was organized by Ms. Miller and Ms. Sanders. We raised money for a great cause and had lots of fun.

Parking at ILPS

We would like to thank our parents/guardians for parking on the road when picking up and dropping off students. We have been notified that if cars are parked in No Parking zones on the street, or if they are blocking residents' driveways, they will be ticketed by the Orangeville Police/Parking Control. Please follow the posted signs when parking on side streets.

Remembrance Day request:

On November 10, Island Lake will be having our Remembrance Day assembly. This year we would like to include a slide show containing photos of any students and staff members who had relatives who served in a war or peace keeping mission. Students and staff are invited to bring in or email photos to Ms. Helps. Please be sure to include the name of the person who served as well as the event and date along with the name of the ILPSS student and their teacher. Entries will need to be in to Ms. Helps (ahelps@ugcloud.ca) by Friday October 27th. Parents and guardians are welcome to join us at the assembly.

Milk & Food Days

We are offering the Milk program again this year at Island Lake. Milk Tokens are sold for \$1.00/carton on a daily basis.



School Council have started their Pizza and Pita/Booster Juice Days. Thank you to the volunteers that make these days possible. If you would like to spend a few minutes helping out on Meal Days distributing Pizza or Pitats, please let us know in the office.

Important Dates:

Oct 3- School Photo Day
Oct 5—World Teacher's Day
Oct 4—Cross Country Run – at the Orangeville Ag Centre
Oct 9— Thanksgiving—No school for staff or students
Oct 10—School Council Meeting—7pm—ILPS Staff Room
Oct 24– Dress Purple—Child Abuse Prevention Day
Oct 27– PD Day—no school for students
Oct 31—Hallowe'en



First Nation, Métis, Inuit Self-identification

If your child is a member of a First Nation, the Métis or the Inuit, then please consider having him or her self-identify.

Self-identification helps in several ways:

1. Students will have access to more culturally relevant programming and opportunities for unique cultural and academic experiences.
2. The school system will have an opportunity to focus efforts and resources, as well as an increased awareness of the diverse needs of indigenous families.
3. The school community will have an opportunity for building relationships to increase student success and well being.

Share your pride in your heritage!

Please come to the office (or have your child do so) to get a card that can be filled in and submitted if you wish to self-identify.

Data will be protected and governed by the Freedom of Information and Protection of Privacy Act.

Grade 8 Ottawa Trip Parent Information Night

On Monday, October 16th between 6:30 and 7:30pm, Brightspark Tours will be hosting an information night in our Library. Parents/Guardians of Gr 8 students are invited to attend. See you there!

Information from Public Health

Have a Happy, Healthy Halloween

Are your kids buzzing with excitement about trick or treating? The real trick is balancing treats with healthy foods and eating them in moderation. The article below gives parents and teachers tips to help kids have a happy and healthy Halloween. It includes creative ways to celebrate Halloween and recipes for healthy spooky treats. Read the article here: <http://bit.ly/2wcAUHe>

For more information visit www.wdgpUBLICHEALTH.ca

Are you frustrated by your child's eating? Would you like them to enjoy more vegetables?

Join us for **Getting to Yum: How to get kids to enjoy eating a variety of fruits and vegetables**. In this presentation, scientist and author Karen LeBillon will help you teach your kids to explore and enjoy eating. **Learn the 7 secrets of raising eager eaters and change dinnertime reactions from YUCK to YUM.**



Saturday October 21, 2017
2-4 pm Bishop Macdonell Catholic High School, 200 Clair Road W. Guelph
Cost is \$10 which includes the book "Getting to Yum"
Register by October 9th at <http://bit.ly/2wce1nh>



ON OCTOBER 4TH, UGDSB IS CELEBRATING WALK TO SCHOOL DAY AND WALK AT SCHOOL DAY!

Walk to School Day is an international event that encourages students to be active on their journey between home and school. The Wellington-Dufferin-Guelph Active and Safe Routes to School (ASRTS) committee encourages parents and guardians to walk, bike or wheel to school with us on Walk to School day October 4th. The ASRTS committee is encouraging schools with bused students to also participate by organizing a walk around the school yard at lunch or before bell time.

Walking and riding to school are great ways to include physical activity into the day, and it is well known that students who use active travel to get to school arrive alert and ready to learn.

As a parent you can help your child learn about walking or riding to school safely:

- Be a good role model. Demonstrate road safety rules with your child (e.g. looking both ways when crossing the street).
- Plan a walking or riding route. Assess potential hazards with your child. Encourage your child to stick to the route.
- Remind your child about personal safety. Point out the houses of people you know where they can go for help if needed.
- Adopt a buddy system. Walk with a "walking buddy" – a sibling or a friend.
- Ask that electronics like iPods and cellphones be put in their bag while walking to school. Pedestrian safety is compromised by texting, earphones and cellphone conversation.
- Talk about the rules of the road and pedestrian safety.

Visit www.saferoutestoschool.ca for more information and resources on active school travel.

Asthma Friendly Schools Policy

Asthma is a very common chronic lung disease that can make it hard to breathe. The Upper Grand District School Board adopted a new policy in June 2016 to provide support for students with asthma. If your child has asthma, the policy requires an Asthma Management Plan (AMP) to be completed by parents, a child's doctor and the principal of the school. A copy of this plan is available on the Board's website under Policy 516. Parents are requested to complete the AMP and return it to the school as soon as possible at the beginning of the school year. Authorization for the collection of this information is in the Education Act. The purpose is to collect and share medical information and to administer proper medical care in the event of an emergency or life-threatening situation. Users of this information may be principals, teachers, support staff, volunteers, bus operators and drivers. This form will be kept for a minimum period of one calendar year. Contact person concerning this collection is the school principal.

Smoke-Free Environment

The Upper Grand DSB provides a smoke-free environment for its students, staff and others while on school Board property, in accordance with the Smoke-Free Ontario Act. This policy refers to all forms of tobacco, and any processed form of tobacco that may be smoked, inhaled or chewed, including e-cigarettes.

Smudging is the tradition of using sacred smoke from sacred medicines (e.g., tobacco and sage) that forms part of the indigenous culture and spirituality. Smudging is allowed in schools under the Smoke-Free Ontario Act. Parents will be informed using the school's usual forms of communication when smudging is going to occur in our school. Participation by staff and students is optional in a smudging ceremony.

Life-Threatening Allergies

We have children in our school with potential life-threatening allergies to various foods and other materials called anaphylaxis. This is a medical condition that causes a severe reaction to food or other materials, and can cause death within minutes. In recent years, anaphylaxis has increased dramatically among students.

Although this may not affect your child's class directly, we are letting you know so that you may refrain from sending foods to the school that contain peanuts and nuts. We aim to create an allergy safe environment at our school.

If your child is in a classroom with an anaphylactic child, or your child has anaphylaxis, you will be contacted by the classroom teacher.

Our school has procedures in place to help manage anaphylactic reactions. If your child has health concerns of any kind, please tell your child's teacher or the office and we will take the necessary health protection steps.

Thank you for your understanding in ensuring an allergy-safe environment for all of our students.

Event	Location	Date	Alternate Date
Fall General Meeting	Island Lake P.S. library	Thurs. Sept. 14th, 2017	
Co-ed Soccer Grade 7/8	Centennial Hylands Elementary School	Mon. Sept. 25th, 2017	Wed. Sept. 27th, 2017
Junior soccer, Grade 4-6	Centennial Hylands Elementary School	Tues. Sept. 26th, 2017	Thurs. Sept. 28th, 2017
Cross Country running	Orangeville Agricultural Centre	Wed. Oct 4th, 2017	Wed. Oct. 11th, 2017
Junior Volleyball, Grade 4-6	TBA 4:00-7:00	Tues. Nov. 7th, 2017	Thurs. Nov. 9th, 2017
Boys Volleyball	Half Day Tournaments CDDHS, ODSS, Westside	Mon. Nov. 27th, 2017 Tues. Nov. 28th, 2017 Wed. Nov. 29th, 2017	Mon. Dec. 4th, 2017 Tues. Dec. 5th, 2017 Wed. Dec. 6th, 2017
Girls Volleyball	Half Day Tournaments CDDHS, ODSS, Westside	Mon. Nov. 27th, 2017 Tues. Nov. 28th, 2017 Wed. Nov. 29th, 2017	Mon. Dec. 4th, 2017 Tues. Dec. 5th, 2017 Wed. Dec. 6th, 2017
Volleyball Finals	CDDHS	Mon.. Dec. 11th, 2017	Mon. Dec. 18th, 2017
Badminton, Grade 7/8	TBA 4:00-7:00	Tues. Feb. 6th, 2018	Thurs. Feb. 8th, 2018
Junior Sideline Basketball, Grade 4-6	TBA 4:00-7:00	Tues. Mar. 6th, 2018	Thurs. Mar. 8th, 2018
Boys Basketball	Half Day Tournaments CDDHS, ODSS, Westside	Tues. May 1st, 2018 Wed. May 2nd, 2018 Thurs. May 3rd, 2018	Tues. May 8th, 2018 Wed. May 9th, 2018 Thurs. May 10th, 2018
Girls Basketball	Half Day Tournaments CDDHS, ODSS, Westside	Tues. May 1st, 2018 Wed. May 2nd, 2018 Thurs. May 3rd, 2018	Tues. May 8th, 2018 Wed. May 9th, 2018 Thurs. May 10th, 2018
Basketball Finals	CDDHS	Thurss. May 17th, 2018	
Spring General/Track and Field meeting	Island Lake P.S. library	Thurs. May 17th, 2018	
Ultimate Frisbee Tournament	TBD 4:00-7:00pm	Wed, May 30th	
1500m race	ODSS	Wed. June 13th, 2018	Thurs. June 14th, 2018
Track and Field meet	ODSS	Wed. June 20th, 2018	Thurs. June 21st, Fri. June 22nd

Dear Parents and Guardians,

This is an outline of the extracurricular sports that are offered throughout the year in Dufferin County.

Our students are made aware of these opportunities through our school announcements and our teachers.

All schools do not participate in all events. If there is a teacher rep who is able to volunteer their time, then the event will be offered.

We thank our teacher volunteers who donate their time as coaches to run some of these events.



October is Child Abuse Prevention month in Canada. On October 24, 2017 many boards of education and schools across Ontario will participate in **Dress Purple Day** as a way of collectively speaking up and sharing the message that child abuse and neglect can be prevented and that help is available. This year for **Dress Purple Day** the Upper Grand District School Board is partnering with Family & Children's Services of Guelph and Wellington County, and Dufferin Child and Family Services, who are key partners in keeping children and youth safe.

Dress Purple Day Classroom Resources have been designed by the Ontario Association of Children's Aid Societies (OACAS) to support teachers from Junior Kindergarten to Grade Five to engage in important conversations with their students about safety and well-being, and how to identify helping adults in the community. The theme of Dress Purple Classroom Resources is "It takes a village to keep kids safe." These classroom resources can be found on the OACAS website at www.oacas.org.

Your child's class will participate in **Dress Purple Day** and learn how the village they live in helps to keep them safe. We hope that you will encourage your child to wear something purple on October 24 to help recognize the day. If this is not possible, your child's teacher may also have other purple options available to students in the classroom.

If you would like to learn more about **Dress Purple Day** and the Child Abuse Prevention Month campaign, please visit the OACAS website at www.oacas.org. You can also visit www.fcsgw.org (Family & Children's Services of Guelph and Wellington County) and <https://dcafs.on.ca> (Dufferin Child and Family Services) for more information on your local children's aid society.

Thank you for your support.



Attention drivers!



When there is an adult school crossing guard
in the crosswalk with their stop sign

drivers must stop

before reaching the crosswalk

and remain stopped

until all pedestrians, including the crossing guard,
have cleared the roadway.

The fine for failing to stop for a crossing guard is \$150 to \$500
and three demerit points (Highway Traffic Act).

Keeping our community safe

