



J.D. Hogarth Public School Newsletter - October 2017



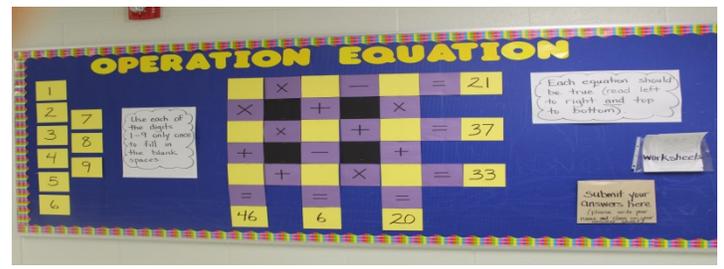
Principal's Message:

It's hard to believe that October is already here given the summer temperatures we have been experiencing. The staff and students have settled quickly following our school re-organization which occurred as a result of changes in our enrolment numbers. From past experience we know that children adapt quickly to these types of changes and that our attitude can have a significant impact on how our children react and respond to new situations. We would like to thank parents for supporting their child(ren) through this process as we know that this process can create some anxiety for students and their family. The JD staff took the time to place students in classes taking friendships, individual needs and academic ability into consideration. All of the teachers at JD work extremely hard to provide each and every one of our students with the best possible education. Once again thank you to all the students and parents for your patience and confidence in our ability to make decisions in the best interests of our students.

Thank you to all our families who attended our "Meet the JD Staff" night on September 28. It was nice to connect with so many of our families and observe the excitement of our students as they toured their parents around the school. A special thank you to our School Council Chair for organizing the food and ice cream trucks. We do hope that families had an opportunity to travel down Mathematician Street and engage in some math learning from the bulletin boards. At JD Hogarth, we are committed to focusing on improving math fluency. We encourage parents to support this focus by participating in our monthly math homework as well as taking time to practice math facts, discuss and explore the use of numbers in real life situations.

We would like to wish all our families a fun-filled Thanksgiving!

Ms. Barrow and Mr. Bodiam



PD Day October 27:

Mark your calendar as October 27 is a PD day for staff. There is no school for students.

SCHOOL NEWS & INFORMATION

Changing Our Beliefs and Attitudes About Math

Myth of the Math Person:

Most people believe that math is one of those subjects that you either "get" or you "don't get." This way of thinking cannot be further from the truth; there is no such thing as a math person. Everyone can achieve in any subject with hard work, perseverance, and someone to guide them. The key to shattering this myth is developing a growth mindset in our teachers and students, and a math classroom where students are challenged by engaging problems and supported in their learning.

The Evolving Classroom:

"The reason so many people think math is the most difficult is the inaccessible way it is often taught."¹ When we were math students our math teachers often taught us tips, tricks, and recipes for solving math problems. In the math classes of old there was only one correct solution. We could get the answer if we memorized and followed the teacher's procedure, but if someone asked us the "why" behind our formula, most of us wouldn't be able to answer.



Today, teachers are striving for students to have a solid grasp of the "why" behind each solution. This often means that students are encouraged to share a variety of methods and strategies to solve a single problem. By sharing different strategies, teachers can help students see the common thread that connects each solution, thus deepening their understanding of the concept being taught. The teacher's role is no longer to teach procedures, but to help students make connections and understand the mathematical concepts behind the solutions.

Growth Mindset Homework Help Tips:

Let your child struggle with math problems.

- See if they have the perseverance to work through their struggles. We need to break the math myth that we need fast answers to be good at math.

Never let your child hear you say: "I was never good at math."

- Research studies have shown when parents tell their children they were not good at math, their child's achievement is immediately affected.²



¹ Boaler, Jo. [Mathematical Mindsets](#). Jossey-Bass: 2016, pg 96.

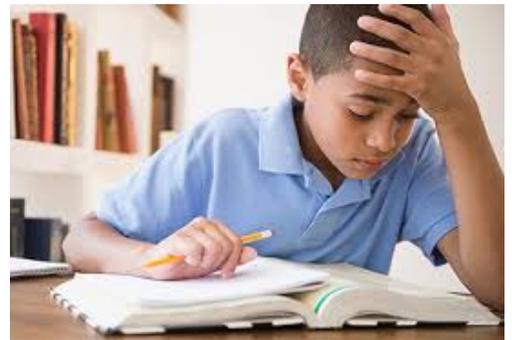
² Boaler, J. (n.d.). Parents' Beliefs about Math Change Their Children's Achievement. Retrieved September 22, 2016, from <https://www.youcubed.org/think-it-up/parents-beliefs-math-change-childrens-achievement/>

Ask your child if they can solve a math problem in another way.

- This shows that your child has multiple strategies at their fingertips and they are flexible with their math thinking.

Ask your child to explain the reasoning behind their response.

- "Why did you (add/ subtract/ multiply/ divide)?"
- "What does your drawing represent?"



Online Resources:

Parents' Beliefs about Math Change Their Children's Achievement - <https://goo.gl/psL33d>

"We now know that the messages we give students can change their performance dramatically, and that students need to know that the adults in their lives believe in them."

TL Talk: The Gift of Failure - Interview with Jessica Lahey - <https://goo.gl/oo7xFc>

"Jessica is the author of the New York Times bestselling book, *The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed*."

How to Learn Math: for Students - <https://goo.gl/OCywaf>

"How to Learn Math is a free self-paced class for learners of all levels of mathematics. It combines really important information on the brain and learning with new evidence on the best ways to approach and learn math effectively."

Mrs. Dandy's 100th Birthday!

Mrs. Dandy, who has been volunteering at JD Hogarth for a number of years, will soon be celebrating her 100th Birthday! Please join us in wishing her a very Happy Birthday.



Picture Day:

Student photos will be taken on Friday, October 13th. Watch for more information to come home closer to this date.

Time 2 Read:

Attention parents of SK & Grade 1 students: Upper Grand DSB has an exciting 5 week, evening program for parents and children in primary grades. This program will show parents how to effectively help their children with reading skills at home. JD Hogarth is hosting the program again this year! This is sure to be an excellent opportunity to learn fun and easy ways to help your child become a more successful reader. There is no cost. Just a commitment to attend the 5 workshop nights: October 11, 18, 26, November 2 & 8 from 6:00 - 7:30 pm in the JD Hogarth library. The participating children come with their parents. The children have their own program for part of the evening and will also spend part of the evening with parents practicing skills. Space is limited. Please let your child's teacher know if you are interested by Friday, October 6th.

Mrs. Pagnan & Mrs. Hoad-Reddick

Kids on the Block - Coming to JDH on October 24th!

The Kids on the Block are a tightly-knit group of loveable puppets who have been entertaining and educating young audiences for three decades. The troupe, comprised of puppets with and without disabilities, offer kids the opportunity to learn about specific disabilities, as well as broader themes of friendship, community-building, the importance of expressing feelings and celebrating differences. The show also encourages children to ask questions about disabilities that they might be afraid to ask someone they meet in public. This program is free of charge for students in Grades K - 3; however, it relies solely on generous donations from audiences and community members. A financial gift in any amount enables Kids on the Block to continue to create awareness in the community for children with disabilities. Please consider sending in a donation to support this program by October 24th.

Food and Friends:

With Thanksgiving being the theme for this month, we are thankful for our snack program! We would like to thank these special organizations who provide funding to operate this much needed program: The Children's Foundation of Guelph and Wellington's Food & Friends Program, the Ministry of Children and Youth Services. Together we are bringing healthy food to hungry minds! <http://www.childrensfoundation.org/downloads/positioning-statement.jpg>



First Nation, Métis, Inuit Self-identification:

If your child is a member of a First Nation, the Métis or the Inuit, then please consider having him or her self-identify.

Self-identification helps in several ways:

1. Students will have access to more culturally relevant programming and opportunities for unique cultural and academic experiences.
2. The school system will have an opportunity to focus efforts and resources, as well as an increased awareness of the diverse needs of indigenous families.
3. The school community will have an opportunity for building relationships to increase student success and well being.

Share your pride in your heritage!

Please come to the office (or have your child do so) to get a card that can be filled in and submitted if you wish to self-identify.

Data will be protected and governed by the Freedom of Information and Protection of Privacy Act.

SAFETY

Playground Safety:

Playgrounds are a fun place. Daily physical activity is important for all our students. Although our playgrounds are supervised, accidents can happen. We want to minimize risk of injury by requesting that you take some time to discuss, with your child, the need to play safe. We have areas where students can climb and swing.

Playground safety:

- zip up your jacket when playing on equipment
- remove drawstrings on jackets and hoods
- avoid pushing, hitting or rough play
- leave the stones on the ground
- take turns
- respect others
- dress appropriately for the weather
- share the equipment
- include others



Reminder:

In the morning before school our play structures are closed to students. Supervision begins at 8:40 a.m. To assist with student safety, we ask that students time their arrival to school for between 8:40 - 8:50 a.m. Thank you for helping to keep everyone safe.

School Security:

We would like to remind all parents to enter the building using the front door and to always check in at the office. Children entering and leaving the school during the school day must do so at the office. We thank you for your cooperation as we are continuing to work towards keeping all children safe at JD Hogarth.

Emergency Evacuation Procedures:

It is important for staff and students to practice emergency procedures, so that everyone is able to respond appropriately during a real event if it were to occur. During the year, all schools participate in 7 Fire Drills, 2 Lock Down Drills, 1 Severe Weather Drill and 1 School Evacuation drill.

MEDICAL

Asthma Friendly Schools Policy:

Asthma is a very common chronic lung disease that can make it hard to breathe. The Upper Grand District School Board adopted a new policy in June 2016 to provide support for students with Asthma. If your child has asthma, the policy requires an Asthma Management Plan (AMP) to be completed by parents, a child's doctor and the principal of the school. A copy of this plan is available on the Board's website under Policy 516. Parents are requested to complete the AMP and return it to the school as soon as possible at the beginning of the school year. Authorization for the collection of this information is in the Education Act. The purpose is to collect and share medical information and to administer proper medical care in the event of an emergency or life-threatening situation. Users of this information may be principals, teachers, support staff, volunteers, bus operators and drivers. This form will be kept for a minimum period of one calendar year. Contact person concerning this collection is the school principal.



Smoke-Free Environment:

The Upper Grand DSB provides a smoke-free environment for its students, staff and others while on school Board property, in accordance with the Smoke-Free Ontario Act. This policy refers to all forms of tobacco, and any processed form of tobacco that may be smoked, inhaled or chewed, including e-cigarettes.

Smudging is the tradition of using sacred smoke from sacred medicines (e.g., tobacco and sage) that forms part of the indigenous culture and spirituality. Smudging is allowed in schools under the Smoke-Free Ontario Act. Parents will be informed using the school's usual forms of communication when smudging is going to occur in our school. Participation by staff and students is optional in a smudging ceremony.

Life-Threatening Allergies:

We have children in our school with potential life-threatening allergies to various foods and other materials called anaphylaxis. This is a medical condition that causes a severe reaction to food or other materials, and can cause death within minutes. In recent years, anaphylaxis has increased dramatically among students.

Although this may not affect your child's class directly, we are letting you know so that you may refrain from sending foods to the school that contain peanuts and nuts. We aim to create an allergy safe environment at our school.

If your child is in a classroom with an anaphylactic child, or your child has anaphylaxis, you will be contacted by the classroom teacher.

Our school has procedures in place to help manage anaphylactic reactions. If your child has health concerns of any kind, please tell your child's teacher or the office and we will take the necessary health protection steps.

Thank you for your understanding in ensuring an allergy-safe environment for all of our students.

TECHNOLOGY

B.Y.O.D - Bring Your Own Device:

The Upper Grand DSB welcomes and supports the responsible use of personal technology in classrooms. We recognize the increasingly important role technology plays in the daily lives of our staff and students. By providing access to reliable Wifi in classrooms, we support teachers and students to realize the potential of digital devices to transform instructional practice and engage in learning. **The use of technology in classrooms is always at the discretion of the teacher and administration. We ask that students in K - Grade 3 leave their personal devices at home.**



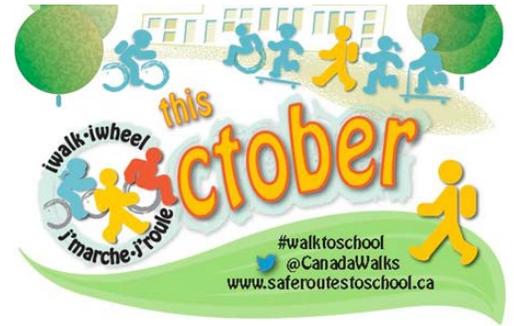
BOARD NEWS

**Monthly Environmental Activities to help celebrate our planet
OCT 4th IS INTERNATIONAL WALK TO SCHOOL DAY!**

A walk outdoors is good for our hearts and minds!

Participate in International Walk to School Day on October 4th 2017!

In October we celebrate active travel by encouraging students to walk or bike between home and school. Walking or cycling to school gets kids outside every day actively enjoying their natural environment. They arrive at school better able to concentrate and learn.



"In the 2015 ParticipACTION Active Healthy Kids Canada Report Card on Physical Activity for Children and Youth, the overall grade for Canadian children and youth remains at a D- for the third year in a row. Overall, only 9% of 5-17 year olds are getting the 60 minutes of heart-pumping activity they need each day. And sadly, the grade for Active Transportation remains a D, with only 24% of 5-17 year olds walking/wheeling to school and 62% being driven by parents or caregivers. Our tendency to constantly watch over them or keep them indoors to ensure they are safe from risk limits their opportunities for physical activity, endangering their long-term health." <http://www.saferoutestoschool.ca/>

4 ways that walking, biking or rolling can benefit kids
by Katherine Martinko



Walking is known to improve academic performance. Children that have had some outside time in the morning arrive brighter and more alert for their first morning class.
Walking gives children good life experience. It's an opportunity for them to be independent, think responsibly, and make decisions for themselves. Some children feel less anxiety about being at school when they know how to get home.
Walking gets children outdoors - and, according to Richard Louv, who wrote about Nature Deficit Disorder, kids certainly aren't spending enough time outside these days. Find opportunities for your child to get outside and get moving too!
Walking provides daily exercise for children. Obesity rates have skyrocketed in North America, so incorporating physical activity into a child's daily routine is a good place to start fighting it.

Information from Public Health:

Have a Happy, Healthy Halloween:

Are your kids buzzing with excitement about trick or treating? The real trick is balancing treats with healthy foods and eating them in moderation. The article below gives parents and teachers tips to help kids have a happy and healthy Halloween. It includes creative ways to celebrate Halloween and recipes for healthy spooky treats. Read the article here: <http://bit.ly/2wcAUHe>

For more information visit www.wdgpulichealth.ca

Are you frustrated by your child's eating? Would you like them to enjoy more vegetables?

Join us for *Getting to Yum: How to get kids to enjoy eating a variety of fruits and vegetables*. In this presentation, scientist and author Karen LeBillon will help you teach your kids to explore and enjoy eating. Learn the 7 secrets of raising eager eaters and change dinnertime reactions from YUCK to YUM.



Saturday October 21, 2017

2-4 pm Bishop Macdonell Catholic High School, 200 Clair Road W. Guelph

Cost is \$10 which includes the book "Getting to Yum"

Register by October 9th at <http://bit.ly/2wce1nh>



Attention drivers!



When there is an adult school crossing guard
in the crosswalk with their stop sign

drivers must stop

before reaching the crosswalk

and remain stopped

until all pedestrians, including the crossing guard,
have cleared the roadway.

The fine for failing to stop for a crossing guard is \$150 to \$500
and three demerit points (Highway Traffic Act).

Keeping our community safe



School Council Corner

"I'm so glad I live in a world where there are Octobers." L.M. Montgomery, Anne of Green Gables

School Council is planning another Community Movie night, with a Halloween theme! We invite students, families and friends for a free Halloween themed movie in the school, with snacks available for purchase. The date will be at the end of October. Watch your child's backpack for further details!

Fresh from the Farm orders are due back to the School on **Tuesday, October 10th**. The order delivery date will be scheduled for November. So keep an eye on school council's social media presence and your child's agenda and backpack for more information coming home.

As we all get back into the school and homework frame of mind, we would like to remind you of the following resources available:

Free Online Math tutoring is available for Grade 7-10, through a partnership with the Ministry of Education and TVO. You can get live, online math tutoring from an Ontario teacher. It's free and easy to sign up. <http://www.edu.gov.on.ca/elearning/homework.html>

French immersion resources

BonPatron, an online software grammar checker, targets typical errors made by French second language learners. bonpatron.com

French search engines:

www.french.about.com

www.fr.answers.com

www.fr.ask.com

www.askkids.com

www.google.ca/webhp?hl=fr

www.schoolwax.com

www.wikipedia.fr

Sites for students (Gr. 7 - 12)

on.cpf.ca

www.youthforfrench.ca

www.fesfo.ca

www.french-future.org

Social Media - Keep in touch with what is going on with School Council through our Facebook Group JD Hogarth Parent Council <https://www.facebook.com/groups/1810548639172149/>. We also have a Twitter account! [@JDHogarthSC](https://twitter.com/JDHogarthSC)

Ongoing fundraisers FundScrip, a gift card purchase program that provides a percentage of the face value of every gift card you purchase back to the school. THERE IS NO COST to you the purchaser, nor to the recipient of the Gift Card. You can use this program to fund regular monthly purchases and provide support to your child's school at the same time. There are cards for well-known and National companies, including those you might already be using for groceries, gas and household items. Please visit: www.fundscrip.com to get more information about this wonderful fundraising program. When you sign up please use our school code EDM6PZ.

Our next School Council Meeting will be on Thursday, October at 19th at 6:30 pm in the school library. We hope you can come out and join us!