

PAISLEY ROAD PUBLIC SCHOOL

October 2016

INDIGO ADOPT A SCHOOL

“Unlocking potential, one child at a time”.

We believe that every child deserves the chance to reach their full potential. That's why, together with our Indigo, Chapters and Coles customers, the Indigo Love of Reading Foundation has committed more than \$23 million to transform over 2,600 elementary school libraries across the country.

Welcome to another exciting year of transforming children's lives one book at a time.

Paisley Road has been very fortunate to be one of the schools who has been adopted through this program.

All participating schools receive:

Every dollar raised to support their students and school library

Eligibility for a match of up to 50 books from the Indigo Love of Reading Foundation

30% off books at Indigo, Chapters and Coles stores when using program donations.

To support Paisley Road P.S. please go to:

<https://adoptaschool.indigo.ca/eng/schools/1604>



Pizza Days Begin Again!

Pizza can also be ordered online through ugdsb.schoolcashonline.com.

If you have ordered online (THANK YOU).

We will be continuing our tradition of Pizza Day on Thursday beginning October 6th, 2016.

The first order will run from October 6th to November 10th inclusive.

If you are sending cash please send the exact amount. Change will not be provided.

*******School Cash Online** is an easy to use and safe way to pay for your children's school fees. Now, with a few clicks, you can pay for your child's yearbook, class trips and so much more from your own home. All you have to do is register an account, attach your children and in no time you will be able to make payments online. We accept many different payment forms so come in and check us out!***** If you are having any difficulty registering an account please contact the school office, we are happy to help out.

Randal Wagner, Principal
Shashanna Hare, Vice Principal

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October Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5 Walk to School Day	6	7	8
9	10 Thanksgiving  NO SCHOOL	11 Grade 3 to Waterloo Museum	12 	13	14	15
16	17	18	19 Picture Day 	20	21 Panther Pride Assembly 	22
23	24	25	26	27	28 PD DAYS ROCK! 	29
30	31 HALLOWEEN 					

Participate in International Walk to School Day on October 5th 2016!

Walk with us on October 5!

Paisley Road PS and St. Joseph CS are extending a special invitation to you and your children to walk to school with us on Wed. October 5 to celebrate International Walk to School Month. Participants will be accompanied by Mayor Cam Guthrie!

Meet us at the Peak Performance parking lot at 100 Crimea Street at 8:20 a.m. sharp. Our special guest will lead everyone in a short walk along Alma Street to Paisley Road PS where we will enjoy fresh apples before heading into school.

Dress for the weather, but most importantly, wear a smile! You might be on camera because local media are expected to attend as well.

School safety is an important priority in our community. We can all practice safety near schools by obeying the school zone speed limits and teaching children the skills they need to be safe and street smart.

Our school is proud to be part of the Active and Safe Routes to School program to encourage more walking, cycling and street safety. Walking to school helps meet your daily physical activity requirements to lead a healthy lifestyle, while also reducing greenhouse gas emissions and traffic congestion around our schools.

We hope to see you there!

First Nation, Métis, Inuit Self-identification

If your child is a member of a First Nation, the Métis or the Inuit, then please consider having him or her self-identify.

Self-identification helps in several ways:

1. Students will have access to more culturally relevant programming and opportunities for unique cultural and academic experiences.
2. The school system will have an opportunity to focus efforts and resources, as well as an increased awareness of the diverse needs of indigenous families.
3. The school community will have an opportunity for building relationships to increase student success and well-being.

Share your pride in your heritage!

Please come to the office (or have your child do so) to get a card that can be filled in and submitted if you wish to self-identify.



Talking About Mental Health October 2016

Helping kids grow up mentally healthy is an important part of parenting. Here are a few things that CHEO (<http://www.cheo.on.ca/en/Promoting-Mental-Health-parents>) suggests you can do to support good mental health in your children and youth.

1. Put your device down.
When you are with your children and youth, show them that they are more important than your electronic device. Lead by example: put your own devices aside and spend face-to-face time with your kids.
2. Listen when they're upset.
When children and youth are upset, they just want you to listen and understand how they're feeling. Try not to jump in with advice or reassurance. Listen is spelled with the same letters as Silent.
3. Focus on their strengths.

Support your children and youth's self-esteem by helping them to see their own strengths. Show that you see and appreciate kindness, empathy and trying hard and not just achievements like good grades. For example, "That was kind of you to think of your brother" or "You worked so hard on that and you didn't give up!"

Have a mentally healthy October!

Dr. Lynn Woodford is the Mental Health Lead for the Upper Grand District School Board.

Follow me on Twitter @drlynnwoodford.

Individual Education Plans (IEPs)

Individual Education Plans, or IEPs, are developed by schools when assessments show that a student needs special education programming and/or services. The development of the IEP should be a collaborative process that includes parents and the student (if possible). During the development phase, schools are required to seek feedback through consultation with parents. This is your opportunity to discuss and share information with the classroom teacher and/or special education teacher regarding your child's education. If your child had an IEP last year, you will see a copy of this working document come home within the first 30 school days.

When the IEP is sent home, you will also receive a booklet titled, Parents' Guide to the Individual Education Plan. This booklet is a resource to help parents understand how an IEP is developed, what is included in an IEP, and how an IEP supports your child. It also includes definitions and explanations to help parents understand some of the language that is part of an IEP, such as accommodations and modifications.

One more item that will accompany your child's IEP this year is a Parent/Guardian IEP Questionnaire. We want to know your ideas about your child's Individual Education Plan (IEP). Your ideas will be used to help us improve the IEP processes in our schools, and help us provide parents/guardians with the special education information they are looking for. Please take a few moments to share your ideas and return the questionnaire to the school office. If you need any help with completing this questionnaire, your child's classroom or special education teacher can assist you.

Myth of the Math Person

Most people believe that math is one of those subjects that you either "get" or you "don't get." This way of thinking cannot be further from the truth; there is no such thing as a math person. Everyone can achieve in any subject with hard work, perseverance, and someone to guide them. The key to shattering this myth is developing a growth mindset in our teachers and students, and a math classroom where students are challenged by engaging problems and supported in their learning.

Growth Mindset Homework Help Tips

Let your child struggle with math problems.

- See if they have the perseverance to work through their struggles. We need to break the math myth that we need fast answers to be good at math.

Never let your child hear you say: "I was never good at math."

- Research studies have shown when parents tell their children they were not good at math, their child's achievement is immediately affected.

Ask your child if they can solve a math problem in another way.

- This shows that your child has multiple strategies at their fingertips and they are flexible with their math thinking.

Ask your child to explain the reasoning behind their response.

- "Why did you (add/ subtract/ multiply/ divide)?"
- "What does your drawing represent?"

October News from the Library



October Library Contest

Hey students...it is that time of year again! The Library shelf marker contest is on. Come to the Library to pick up a blank shelf marker and create a design to show your love of reading, our Library Star Wars theme or to remind others of the "Ways of our Library". All completed shelf markers will be laminated for use on our shelves and the winning design will receive a \$20 gift card to Chapters! Good luck! Bonne chance!

Contest begins October 3rd.

All entries due October 14th.

Library Book Exchange

Our Library is open and students are taking out books to bring home. Kindergarten - Grade 2 students come once a week to choose 2 books to bring home. Grade 3+ students come anytime after second recess with a pass from their teacher. Please help your children avoid disappointment by helping them have their book bag in their backpack on Library days. Every student has been given a plastic library bag to help keep books dry and safe from leaking water bottles and wet mitts (I know...we don't want to think about them yet). If the bag needs to be replaced please provide one from home so we can protect our books.

Over 2000 E-books and Audio Books available to students:

The Upper Grand District School board has Overdrive! Students can access over 2000 titles of e-books and audio books through UG2G0 including French titles using their UGcloud accounts. Students can download these books to devices or read them on computers. Books can be downloaded in a variety of file types and formats and are available to students for 2 weeks at a time. They can check out as many as 3 titles at a time. Enjoy accessing more great resources.

Technology for Students

Students in the Upper Grand District School Board each have a UGcloud account that allows them to access excellent resources and Google apps for education. One excellent app for students is Google Read and Write. This app works in French and English and provides word prediction tools, a translator, speech to text and will read to students in the selected language.

Maker Spaces in the Library

Libraries are evolving and now students can practice creative problem solving with Makerspaces while they visit during Book Exchange. This movement is to encourage STEM (Science, Technology, Engineering, Math) based activities as well as creative endeavours. Our Library features new stations and challenges each week.

Apples in the Office

Mrs. MacKie has supplied a basket for apples; this basket is filled for students who may not have enough to eat throughout the school day. If you would be willing to donate a bag of apples for the school, please contact Mrs. MacKie at 519-822-0675.