



# ROCKWOOD CENTENNIAL P. S.

MRS. L. DOERING, PRINCIPAL  
MRS. C. MCCALLUM, OFFICE CO-ORDINATOR

157 PASMORE ST., ROCKWOOD, ONT, N0B 2K0 519-856-9556

## MAY 2016

### FROM THE PRINCIPAL



It has been a very exciting start to spring now that it is here. May is a busy month at Rockwood Centennial P.S.. Activities planned for students include: Fire Safety with the Fire Trailer, Spring Photos, Intermediate badminton tournament, Book Fair, Scientists in the Schools, Special Olympics, Rockwood's Got Talent, Jump Rope for Heart, Family Fitness night, along with many others!

Many thanks to the School Council and parent community for supporting our fundraisers and efforts. We appreciate all the hard work throughout the year!

A huge thank you to all of our valuable volunteers! We are holding a special volunteer breakfast, date and time to be announced, in the Ashlynnne Rayner Memorial Library. Invitations will be sent home. We hope to see all of our volunteers out so that we can celebrate together.

At the end of this month our grade 3 and 6 students will complete their Ministry of Education EQAO testing, which takes place from May 25th- June 2nd for Grade 3 students and Grade 6 students. A reminder for students in these grades to avoid any scheduled absences on these days if at all possible.

*L. Doering*

### EDUCATION WEEK

The Ministry of Education has designated the week of May 2 to May 6 as Education Week, a time to "celebrate our accomplishments and reflect on new and exciting challenges ahead." We hope you can join us for our "Rockwood Has Talant Show" during this week, May 4th. Our students are so excited to showcase their talents!



### JUNIOR FLOOR HOCKEY



On Wednesday April 15, our Junior Floor Hockey Team travelled to Taylor Evans Public School, and did an amazing job as ambassadors of our school. These junior students demonstrated determination, hard work, and a respect for the game and their peers on the floor. A big congratulations goes out to all our players!

### ROCKWOOD HAS TALENT

Please come and join us on Wednesday May 4th at 9:00 am, in our gym to see our students showing off their amazing talents. We have a band, a choir, singing and dancing. We have been practicing for a few weeks and our ready to strut our stuff. We look forward to seeing you there.



## JUMP ROPE FOR HEART!

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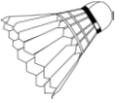
Once again Rockwood Centennial is participating in Jump Rope for Heart, with our event being held on Friday, May 6th, 2016, in the gym. All of our students will be given an opportunity to participate in this fun event. Students who fundraise, through obtaining pledges, benefit both the Heart and Stroke Foundation and our school, as we are given points for every dollar raised from the Heart and Stroke Foundation. These points are then redeemed for technological items, sports equipment and more. Please return pledge forms to the school on May 6th.

*Miss Noel*

## INTERMEDIATE BADMINTON

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Ms. Clyde and Mrs. Soper have been busy coaching the Intermediate Badminton Team. On Tuesday, May 10, Ms. Clyde will take the team to Centre Wellington High School for a tournament. We are confident that our Renegade team will represent Rockwood well. Go Renegades!



## ARE YOU MOVING?

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If you will be moving out of our school area over the summer, please let the school know. This will help in determining our new classes for September. We will be working on these on June 3rd, so if you could let us know before that day it would be greatly appreciated. Please call the school as soon as possible.

Similarly, if you have new neighbours moving in, please direct them to the school before the end of June to register for September.

## KEEPING ROCKWOOD CENTENNIAL NUT & PEANUT FREE REMINDER

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Thanks for your hard work in making sure that you send your child to school with a nut-free lunch. We have several students who may go into anaphylactic shock if they ingest, smell, or touch nuts and nut oil. Making sure you wash your hand and brush your teeth after a peanut butter breakfast would also benefit our students.



## SCHOOL COUNCIL NEWS

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Our next School Council meeting is May 3rd at 6:30 pm. Everyone is welcome. Hope to see you there!

## CLASS PLACEMENT FOR SEPTEMBER

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Making a request for a specific class placement for your child(ren) is an extraordinary step which must be supported by specific and detailed reasons. If you are going to make a request, please outline in detail the extraordinary circumstances and needs of your child. This must be done in writing and addressed directly to Mrs. Doering. Remember, this is a request only.

Please note that when school staff draft class lists a variety of factors are taken into consideration and some of these are as follows:

- ✓ Total number of students
- ✓ Balance of male/female
- ✓ Balance of ability
- ✓ Number of exceptional students and programming
- ✓ Positive combinations of students
- ✓ Formation of interactive learning groups
- ✓ Teacher experience
- ✓ Friendships

Split grades are a direct result of staff being allocated by total student population. The most important factor is not whether your child is in a split class – it is the teacher that makes the biggest impact. Excellent teachers will provide a strong program in either a split class or a straight class. Tentative teacher assignments for the 2016 -17 school year will be shared in our June Newsletter.

## BICYCLE AND STREET SAFETY

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In the spring we begin to see many students riding their bikes to school again. Please ensure that you have reviewed the appropriate safety rules (including the wearing of helmets) with your child if they are riding bikes to school. We would also appreciate your assistance in reminding students not to play near the bicycle racks during recess times as well as the importance of locking their bikes at all times

## LIBRARY

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Our Spring Book Fair began April 29th and we will close up shop on May 4th. Here are the hours that our Book Fair will be open in May:

- Monday, May 2: 1st Nutrition Break, 2nd Nutrition Break, 3:10 4:30 p.m.,
- Tuesday, May 3: 1st Nutrition Break, 2nd Nutrition Break
- Wednesday, May 4: 1st Nutrition Break, 2nd Nutrition Break, 5:30-7:00 p.m.



We accept cash, cheque, credit and Interac payment. Your Book Fair purchases support our school's library program.

## FOREST OF READING

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The students who completed the Forest of Reading program will partake in some DQ treats on Friday, May 6th. Thank you to everyone who participated! I hope that you enjoyed some fabulous new books.

## COLOUR HOUSE

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May is very busy at our school but we can't let this month slip by without a friendly game of Colour House Stomp! We will congregate on May 18th for some balloon stomping action and to earn some colour house points. The winning team will be awarded 2000 points for this event!

## INTERMEDIATE MENTAL WELLNESS SYMPOSIUM

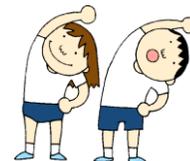
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May 5th is going to be filled with activities and information to support our Grade 7 & 8 students' mental wellness. Norfolk Psychological Services will be our keynote speaker of the day. Following this presentation, students will hear from some Portage residents who are working to overcome their dependencies to go on to live productive, healthy. They will also learn what *Here 24/7* is all about and how to access their services. The afternoon will be spent rotating through various activities that promote mental wellness (e.g., Play with Clay, CrossFit, Relaxation Station).

## FAMILY FITNESS NIGHT: MONDAY, MAY 30<sup>TH</sup>

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Come join us for an evening of Family Fitness put on by local Rockwood instructors. We are pleased to offer CrossFit with Danielle Stafford, Yoga with Caroline Mills, Zumba with Lauren Beatty, and Dance with Tammy Eckerman. Put on your running shoes, grab your water bottles, a towel (for Yoga), and head on over to Rockwood Centennial from 6:30 - 8:00 pm to learn how fun family fitness can be. Bring the whole family!



## NEW HEALTH & PHYSICAL EDUCATION CURRICULUM

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This year the new Health and Physical Education curriculum will be implemented in all schools in Ontario. Included in the update are new expectations in the Human Development and Sexual Health component of the curriculum. This education starts with children learning about themselves, their feelings, their bodies and about showing respect for themselves and others in a reliable and accurate way. This learning is most effective when parents and schools work together. Parents help their children form values about relationships and their behaviours. To support these discussions, we are letting parents know that this unit will be covered in during the last two months of school. There are plenty of resources available for parents to support the learning of the curriculum on the Ministry of Education website: <http://edu.gov.on.ca/eng/curriculum/elementary/health.html>.

## WASTE AUDIT

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On Feb. 11th the RCPS EcoTeam conducted this year's Waste Audit. It was an interesting and enlightening event for everyone involved. Thanks to the following Grade 5 volunteers, Samantha, Haley, Isabella, Abby, Caleb, Aidan S., Aidan B., Hudson, Gillian and Kayla, as well as parent volunteer Julie Matthews, for all their hard work. The results indicated that by recycling paper products on a regular basis our school has saved 50 trees this year! Improvement is still needed in other areas. The students observed that many milk cartons were still ending up in the garbage instead of being recycled, and this has resulted in a successful "Empty, Rinse, Recycle" school wide awareness campaign organized by our EcoTeam this spring. The most notable result was that about half of the waste weighed was composed of organic material such as food waste. The EcoTeam was shocked by how much food waste they saw, and comments such as "Kids should eat their subs when they order them", "Kids need to take home the food they don't want in their lunches", and "Why don't we have compost?" were heard throughout the day. We are pleased to announce that our Waste Management company is now offering a curbside compost program in our area, and Rockwood Centennial is in the process of implementing school wide compost. We look forward to seeing a big improvement in next year's Waste Audit!

G. Kirkpatrick

## MAY ENVIRONMENTAL THEME: CLIMATE CHANGE

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Climate Change refers to any changes in long-term weather patterns (temperature, precipitation, wind, storms) that have been caused by humans polluting the atmosphere with too many greenhouse gases like methane and carbon dioxide. We need to act now, because who can argue with reducing pollution? Pollution can't possibly be good for us!



The world is tracking climate change. Weather and temperature has been changing too quickly over the past few decades, which seems to be caused by the industrial revolution here on Earth. We are sending too much pollution (from cars, trucks, factories, and power plants using coal) into our atmosphere. Over the past hundred years the temperature of the Earth has risen and this has caused many changes in nature. For example, species of plants and animals are either migrating or becoming extinct. Some seaside cities may soon be underwater from rising sea levels. We are having more severe weather patterns like tornadoes and hurricanes and ice storms. Drinkable water sources are drying up.

What can you do to help be part of the solution? Well, all of the things we have been talking about this year can help. If you buy less and reduce, then less energy will be used and less pollution will be sent into our atmosphere. If you don't waste electricity you help out too. If you walk or bike to school or carpool you are doing your part. If you buy locally you reduce the greenhouse gases emitted through shipping and this helps planet Earth too.

You can Google: "Top 10 ways you can stop Climate Change" to get more ideas on how you can help.

And finally, eat a fresh, local apple - Not only is it good for you, but greenhouse gases were not created in the processing, canning, freezing, packaging or long distance transportation, so local apples are good for the planet too!



Slogan of the month: Climate Change is not cool!

## FEEDBACK WELCOME ON DRAFT POLICIES

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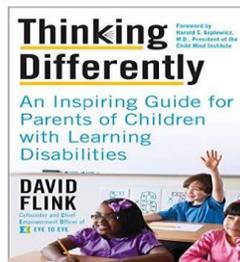
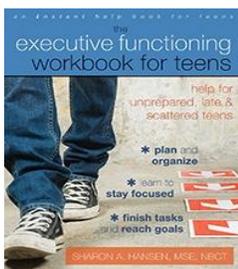
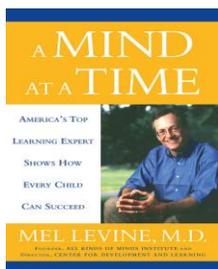
The Upper Grand District School Board is welcoming public input on draft policies. Currently open for consultation are draft policies and procedures for school accommodation and boundaries, community partnerships, smoke-free environment and asthma friendly schools, with input due by May 11, 2016. There is also a new draft policy and procedures for the handling of public concerns, with an input deadline of May 30, 2016. Please review the draft documents and submit online feedback at [www.ugdsb.on.ca/policy](http://www.ugdsb.on.ca/policy).

## LD, ADD/ADHD RESOURCES

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Does your child have an LD, ADD/ADHD or both? Here are some great resources to help you:

1. Work with your child to understand how they think and learn
2. Develop some strategies with your child to help them advocate for what they need to learn (technology, accommodations to the environment or learning tasks)



### Other great online resources include:

The Learning Disabilities Association of Ontario, which has lots of good information on LD and ADD/ADHD issues, including topics about how to understand the IPRC and IEP, how to advocate for your child and topics related to specific LDs. <http://www.ldao.ca/introduction-to-ldsadhd/what-are-lds/>

The Learning Disabilities Association of Wellington County connects to the Ontario chapter, but provides links and information about workshops and activities that are being held in Wellington. <http://www.ldawc.ca/>

Our school board has also worked hard to address the needs of LD and ADD/ADHD students by providing SEA equipment, Google Read and Write training and targeted reading programs to help LD students access the curriculum and develop key academic skills.

**Connect with your child's teacher to discuss all the supports that are available to your child!**

## WELLINGTON COUNTY LIBRARY – ROCKWOOD BRANCH

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### May Programmes

**Bedtime Stories (All Ages):** Wear your PJs and snuggle up to our quiet evening story time for families. Please register. Mondays, May 2, 9, and 16, 6:30 pm - 7:00 pm

**May the 4th Be With You (All Ages):** Dress up and enter a galaxy far, far away. Plan for games, crafts, and all things Star Wars, and May the 4th be with you! Please register. Wednesday, May 4, 6:30 pm - 7:30 pm

**3D Printer Certification Course (All Ages):** Interested in using our 3D printer? Register for this one hour course and get your certification. You will then be able to reserve the printer and create! Please register. Saturday, May 7, 1:30 pm; Thursday, May 12, Wednesday, May 25, Monday, May 30, 6:30 pm

**Page Turners Book Club (Grades K- 6):** Read together and come to discuss at this parent-child book club. Please register. Tuesday, May 10, 6:30 pm - 7:15 pm

**Red Cross Babysitting Course (Ages 11 – 16):** This course is for 11 - 16 yr olds and includes caring and safety for babies and children, understanding their needs and stages, rescue breathing, basic first aid, choking skills, coping with common situations, injury prevention, handling emergencies and creating a safe environment. Please register. Saturday, May 14, 10:00 am - 4:00 pm

**Used Book Sale:** Please ask at the desk or phone 519.856.4851 for more information. Thursday, May 19 to Saturday, May 21

**Mix it Up! Art Workshop (Grades 1 – 8):** Inspired by bestselling author and artist Hervé Tullet, this beautifully messy workshop will be active, collaborative, and entertaining, no matter your skill level. Space is limited. Please register. Saturdays, May 28, and June 18, 1:30 - 2:30 pm

**Build It! LEGO (Grades K- 6):** Join us for some exciting LEGO challenges! You bring your creativity and we will provide the LEGO. Please register.

Tuesday, May 31, 6:30 pm - 7:30 pm



8348 Wellington Road 124  
P.O. Box 700  
Rockwood ON N0B 2K0  
Tel: 519-856-9596  
Fax: 519-856-2240  
Toll Free: 1-800-267-1465

**TOWNSHIP OF GUELPH/ERAMOSA  
FIRE DEPARTMENT OPEN HOUSE AND  
EMERGENCY PREPAREDNESS INFORMATION DAY  
Rockwood Fire Hall  
5141 Wellington Road 27**

**Saturday, April 30, 2016  
10:00 a.m. to 1:00 p.m.  
Barbeque from 11:30 a.m. -1:00 p.m.  
Extrication Demonstration begins at 11:00 a.m.  
DRAW and PRIZES**

The Township of Guelph/Eramosa Fire Department, along with their Emergency Response Partners, is hosting an Open House and Information Day on April 30, 2016. This event is being held in conjunction with National Emergency Preparedness Week which runs from May 1 - 7, 2016. Fire and Emergency Services serving the Township of Guelph/Eramosa and Wellington County will be at this event to present an exciting and informative day for the community.

- \* Do you know what your community risks are?
- \* What would you do if a tornado struck your house?
- \* Are you prepared for power outages?
- \* Do you have enough of the right supplies in your home to be self sufficient for 3 days? Are you prepared for an emergency?
- \* View some of the response capabilities that the Township currently has.
- \* Combination Smoke/Co Alarms will be available for purchase.

Come out and meet your local Firefighters, O.P.P., Military and other response team partners. Watch an auto extrication event and practice with the fire extinguisher simulator. Spray some water from the tanker and then enjoy a barbeque lunch with Sparky. Be sure to enter the draw for prizes.

Also, the Township will be holding its 2016 Green Tree Legacy distribution day. Non-perishable food donation items will be accepted on behalf of East Wellington Community Services.

John Osborne, Fire Chief  
Richard Renaud, Deputy Fire Chief  
Fire and Emergency Services  
Township of Guelph/Eramosa

# MAY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 Book Fair	3 Book Fair  "Rockwood's Got Talent" – Dress Rehearsal – 1:30pm – 3:00pm  Intermediate Tree planting trip  School Council – 6:30pm	4 Sub Day   Book Fair  "Rockwood's Got Talent" Final Show – 9:00 am – 10:20 am	5 "Let's talk Science" Competition  Intermediate Mental Health Fair at RCPS	6 Jump Rope for Heart  <small>Whisper Design and Image - Illustration2.com/4411</small>	7
8	9 Pizza Day	10 Pita Day  Badminton Tournament  	11 Sub Day	12 Class Photo Day   Pizza Day  Primary Poetry Fest – 9:00am	13	14 
15	16 Pizza Day	17 Pita Day	18 Sub Day  Special Olympics	19 KB – Scientist in School   Pizza Day	20 Fire Dept. Safety trailer visit	21
22 	23 <b>VICTORIA DAY NO SCHOOL FOR STUDENTS</b>	24 Pita Day  Ballroom Performances	25 Sub Day.  EQAO Testing	26 Pizza Day.  EQAO Testing	27 EQAO Testing	28
29	30 EQAO Testing  Family Fitness Night – 6:00pm – 8:30pm	31 Pita Day  EQAO Testing  Nutrition Program – "Fruit Fiesta"	June 1 EQAO Testing	June 2 EQAO Testing – Make up Day	June 3  PD Day <b>NO SCHOOL FOR STUDENTS</b>	