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JUNE 27, 2017

Principal's Message

We have had an action packed month full of excitement and engaging activities...what a wonderful way to end off a fantastic year here at Victory! Between City Track and Field, the Grade 6 fundraiser BBQ, JK Orientation, SK Graduation events, Play Day, the Ultimate Frisbee Tournament and students vs the teachers game, Shark Swims, the Grade 6 camp trip, Grade 6 Graduation, Air Bands, the Move It Challenge, and St. Jean le Baptiste Day June has flown by!

I'd like to take this opportunity to thank our dedicated staff for working hard this year to provide all of our students with a safe, engaging, learning environment. Teachers have gone above and beyond in providing not only rich learning experiences in the classroom, but also running so many teams, clubs and experiences.

I'd also like to thank our School Council for the many hours of volunteer work they have put in over the past year. Bill Whitehead has led the team so well, keeping us all on track and always laughing. Miranda McCausland did an amazing job organizing our biggest fundraiser of the year, the Desert Party. We have an amazing group of parents and I thank them all. I would be remiss if I didn't take this opportunity to thank a couple of parents who have been on Council for many years and will not be with us next year as their children are moving on. Mary Calarco and Wendy Bauman have contributed so much to Council. There was never a job too big or messy for either of them to take on. Their guidance, perspectives and humor have been very much appreciated.

I'd like to thank all of the families and community members who have volunteered in many different capacities.

I also want to thank all of our students for working so hard and playing so well together. I'm outside on the yard every recess and I love the way that Victory students play together. There is always a serious game of soccer baseball, students on the climbers, skipping, running, basketball, and all kinds of imaginative play.

We send off each of our French Immersion Grade 4 students and our Grade 6 graduates with our wishes for every success as they leave Victory to continue their learning at King George P.S. and Willow Rd. P.S.

Due to a complete electrical upgrade the school will be closed to all teachers and myself between July 3rd and August 28th. Have a happy, safe and relaxing summer holiday. I look forward to seeing you on September 5th!

Julie Young
Principal
julie.young@ugdsb.on.ca

Front Door

Just a reminder, the original front doors that face Exhibition Street will once again be used as the main entrance to our school. This entrance leads directly to our office floor foyer. The Clarke Street doors will be locked during school hours.

Farewell

We are sorry to have to say good-bye to Ms. Sproule, Mr. Fletcher, Ms. Byers, Mme ter Haar, Mrs. Richardson who were all here in a temporary capacity. We also say good-bye to Ms Moore who has accepted a position at Jean Little P. S. and Mme Labelle who is going to be the new Vice-Principal at Arbour Vista. We thank all of you for all you have contributed to Victory and we wish you all well in your new positions.

September Class Placements

As mentioned in our last newsletter, we will not be sending home the name of your child(ren)'s teacher before September. On the first day of school, (**Tuesday, September 5th**), children will assemble outside the school. In keeping with privacy legislation and our commitment to keeping our children safe, the Upper Grand District School Board's policy is that class lists will not be posted in a public place. Teachers will call out names of children in their classes prior to entering the building.

As in recent years, classroom organizations and student placements during the first week of school will be **tentative until enrollment numbers are confirmed.**

Our tentative organization for next year is as follows:

FJKA	Mme Joanna Lewis, Mme Sandy Wardell
FJKB	Mme Alex Duimstra, Mme Laura Wallace
FJJC	Mme Heather Sabinsky, Ms Deb Leworthy
JKD	Mrs. Leslie Mifsud, Mme Michelle Gillard (an LTO will be here until Mme Gillard returns from maternity Leave)
F1A	Mlle Olivia Vaughan
F1/2B	Mme Nicole Grenier
F1/2C	Mme Amy Drumm
1/2D	Ms. Monique Cadieux
F2/3A	M. Pierre Elrick
F3/4AB	Mme Anne-Marie Cauley
3/4C	Mrs. Emily Ferris
F4A	TBD
5/6A	Ms. Andrea Kelly
Core French	Mme Diana Stephens
Library	Mme Catherine Valente-Hebecker
Planning	TBD, Mme Andrea Kukovica and Mme Diana Stephens, Mme Catherine Valente-Hebecker
Resource	Mrs. Linda Forster and Mme Erika Doyle
Principal	Mrs. Julie Young
Office Coordinator	Mrs. Leslie Hambly

Move It Challenge

On June 19th Diabetes Canada came to our school to talk to and educate Victory about Diabetes. It was awesome! We were then challenged to participate in the MOVE IT challenge put on by Diabetes Canada which is all about staying active and "moving it". Each student received a piece of paper with a giant "5" to take home to hang on their fridge. The 5 represented 5 km which we walked, jogged and ran over the course of 5 days. 1 km each day. On the "5" was a combination of t-shirts and toonies. For each km students "MOVE IT" the idea was that they will either bring in a piece of clothing to donate OR a toonie in support of diabetes. As a school we raised \$318.35 and collected approx. 566 articles of clothing. Way to go Victory!

Medications

If your child has medication at the school, please be sure to pick it up on June 29th and bring it back to the school by the first day of school.

Privacy

June is a month of school celebrations. We know that many families like to record special events, and that these souvenirs will become even more cherished over time. To respect the privacy of all families, please do not post photos or videos of other children on social networks like Facebook or YouTube. Thank you for your consideration.

Final Assembly

Our final assembly will be on Thursday, June 29th at 9:00 a.m. We will be recognizing our Grade 6 grads and making some year-end presentations at that time. Families are most welcome to join us!

Victory Community Garden

The Victory community garden has been planted and is growing beautifully! I want to thank Claire Coulter for all of her work organizing the plots. We appreciate the inclusion of student help in the process. The students will be excited to see the fruits of their labour in the fall.

School Council

Please join us at our first fall meeting which will be on Wednesday, October 5th at 6:30 p.m. in our school library.

One World Living Together & Donation

Hi. We are Morgan, Beatrix, Sunny and Charlotte and are writing this on behalf of 2 / 3 FI. Our class earned \$25 by making a book as part of the One World Living Together education partnership with the Guelph District Multicultural Festival. The book had all of our ideas about how people in the world can live in harmony. A generous community member gives \$25 to each class that participates. You are probably thinking "Why would Morgan, Beatrix, Sunny and Charlotte write about this?" Well, here comes the good part! Our teacher said we could spend the money on treats for the last week of school. When she said we should make a list of things we want to use the money for, we made a list of all kinds of places like charities in the community that could use the money too. We gave lots of ideas and then we voted. In the end, we decided that the Pediatric floor at Guelph General Hospital was the place where we wanted to Pay it

Forward! That way, lots of kids in Guelph can use the stuff we buy when they are in the hospital. (Our teacher, Mme Labelle, is VERY proud of us for choosing to Pay the money Forward to help people in our community.)



Visitors

Thank you to all parents and guests for remembering to sign our Visitors' Book, pick up a Visitor's badge and check in at the office every time you come into our school. **Remember to use the Exhibition Street doors!**

Lunchroom Supervision

We send our sincere thanks to Sharyn McKee, Jeannette McKinnon, Rachel Ricker and Jane Gellner who have assisted us in supervising our children during our breaks over the past school year. We have appreciated your help at these busy times!

Last Day

Please remind your children to bring home indoor shoes, personal belongings and extra clothing on Thursday. Due to our construction, the school will not be accessible after June 30th to pick up those forgotten items.

School Supplies

Before you know it, the Back-to-School advertising and sales will be starting! Sometimes parents wonder what their child(ren) will need to bring to school.



All regular school supplies are provided to students by the school and it is not necessary to purchase anything. That being said, some children prefer to have their own materials. In this case, we suggest that you keep it simple with materials such as a pencil case, crayons, coloured pencils, glue stick, markers, scissors, etc.



Every student in grades 1 to 6 will be given a student agenda, which is used for communication between home and school. If you would like to make a contribution towards the cost of the agenda we welcome a suggested donation of \$5.00.

The only items children need to bring from home are extra shoes for indoor use, a backpack, and a lunch box.

Are You Moving?

This is a reminder to let us know if your child will not be returning to our school, or will be switching from French Immersion to English, in September. This information is very important as we make class lists and organize our staffing for September.

Summer Fun

We wish all families a happy summer break and look forward to seeing you in September!

Transition Plans for Students with Special Needs

Spring has sprung and it's a great time to be reviewing your child's transition plans. Students who have an Individual Education Plan (IEP) must have a transition plan, whether or not they have been identified as an exceptional student. A transition plan includes goals for ensuring successful transitions, and the actions for meeting those goals. It is required if a student may need support making any transition, which may include entering, during, or leaving school. A plan to support the student must be developed as part of the student's IEP.

Some transition goals may help with changes throughout the day, such as moving from recess to the classroom, while other goals may assist with larger transitions, such as moving from one school to another or changing grades/teachers within the same school setting.

For many students, the supports provided to the whole class are all they need to have a successful transition, which means they may not need an individualized transition plan on their IEP at this time.

When planning for any transition, the student's strengths and needs are considered, as well as their physical, emotional, and learning needs.

Please communicate with your child's teacher if you feel additional transition supports are required on his/her IEP.



12 Ways to Make Sure Your Kids (and You) Get your Dose of VITAMIN 'N' this Summer!

The benefits are clear. Now, more than ever, we can feel good about getting kids and ourselves outdoors and into Nature. Sometimes we need a boost or a new idea, so here's a list of ways to get a dose of Vitamin N:

- **Put nature on the calendar.** If you plan the family's sports commitments and vacations in advance, do the same for time spent in nature.
- **Don't tear down the tree, build up the kid.** International play expert Joe Frost says the number one reason kids get hurt climbing trees is because they don't have the upper body strength to hold onto the branch. Think of manageable risk as an opportunity to build strength and resilience in your kids.
- **Take a city hike.** In urban neighbourhoods, take your day packs, water and digital cameras and go look for nature.
- **Moon walk.** Walk by balmy summer moons with katydids singing and lightning bugs flashing - there is much magic in the natural world and most of it is free!

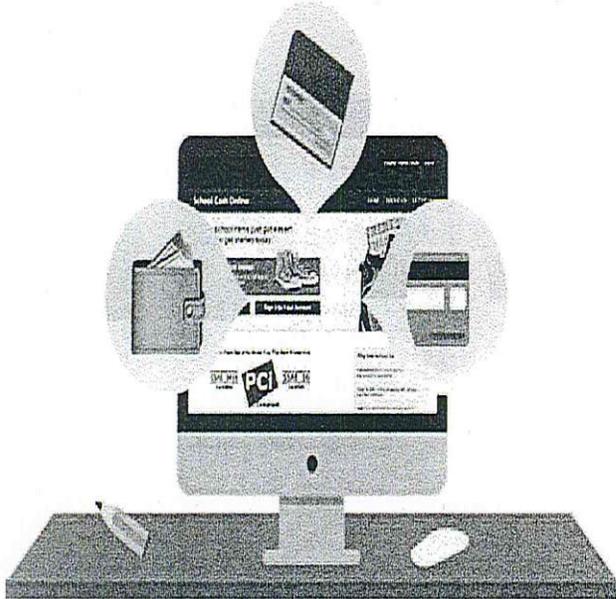
- **Go backyard camping.** Buy the kids a tent or help them make a canvas tepee, and leave it up all summer.
- **Plant a backyard, community or high-rise vegetable garden.** If your children are little, choose seeds large enough for them to handle and that mature quickly, including vegetables.
- **Go Native.** Replace part of your lawn with native plants. Create a backyard butterfly pollinator garden.
- **Go Wildsnapping.** Landscape photography is a great way to experience nature.
- **Enroll your child in a nature preschool or other nature-based school.**
- **Start or Join a Family Nature Club.**
- **Purchase a family park pass.** Canada is issuing passes giving everyone free entry to all its National Parks for the whole of 2017 as part of its 150th Anniversary celebrations. Be sure to visit a park this year!
- **Be a force for balance.** For every dollar invested in the virtual, invest at least another dollar in the natural. Limit access to texting, computers, and TV part of the day or week. Schedule Saturday as a “Smartphone and iPad-Free Outdoor Play Day” for kids and parents.

Adapted from: <http://www.childrenandnature.org/>

Welcome to School Cash Online

What is School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees. The portal is customized to meet your school's needs and allows parents to add students, make payments, check current balance/account history and print or view receipts.



Is it safe to use?

Our top priority is to keep your personal information safe. *School Cash Online* is PCI compliant, CSAE 3416 certified

What Payment Methods are Available?



myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on *School Cash Online*. myWallet also allows you to allocate funds to pay for school fees at a later date, as you would with a gift card. There can be a hold of up to 3 days from the date the funds are loaded for funds to become available.

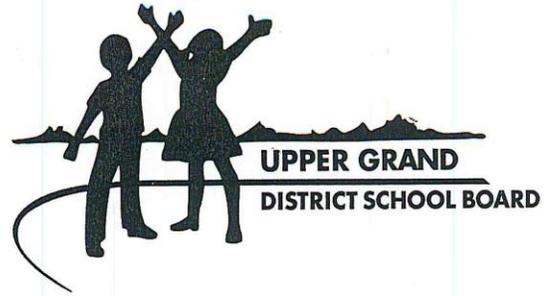


eCheque

An electronic version of a paper cheque used to make payments online. Anyone with a chequing or savings account can pay by eCheque through *School Cash Online*. To pay with an eCheque, simply enter your account number on the payment screen and click submit.

How do I use myWallet?

myWallet offers you a secure alternative to traditional payment methods without the need for you to enter the



For safety and efficiency reasons, the Upper Grand District School Board would like to reduce the amount of Cash and Cheques coming into our school. We can now join the thousands of parents who have already registered and are enjoying the convenience of paying ONLINE! It takes less than 5 minutes to register. Please follow these step-by-step instructions, so you will begin to receive email notifications regarding upcoming events involving your child(ren).

Step 1: Register

- To register, please go to the School Cash Online home page ugdsb.schoolcashonline.com and select **"Get Started Today"**.
- Complete each of the three Registration Steps
*For Security Reasons, your password requires **8 characters**, **one uppercase** letter, **one lowercase** letter and a **number**.



Step 2: Confirmation Email

A registration confirmation email will be forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created.

Step 3: Find Student

Note: "Student Number" is not the student's OEN. Users should leave this field blank unless instructed otherwise.

This step will connect your children to your account.

- Enter the School Board Name
- Enter the School Name
- Enter Your Child's Name & Birth Date
- Select **Continue**
- On the next page confirm that you are related to the child, check in the Agree box and select **Continue**
- Your child has been added to your account

Find Student

School Information

School Board Name: School Board 1575
 Looking for a student in a different school board?

School Name: Eagle High School

Student Information

Do you have the student number?

 This is not OEN#
Leave it blank!

Student Number

First Name:

Last Name:

Birth Date:
Date format: mm/dd/yyyy

Continue (No students? [Click here](#))

Step 4: View Items or Add Another Student

If you have more children, select **"Add Another Student"** and repeat the steps above. 5 children can be added to one parent account.

If you do not wish to add additional children, select **"View Items For Students"**. A listing of available items for purchase will be displayed.

NOTE: If you require assistance, click the **SUPPORT** link in the top right hand corner of the screen.

Talking About Mental Health June 2017 – Successfully Shifting from School to Summer

It is an exciting time of the year. The weather is getting warmer, days are getting longer and summer is just around the corner. School is wrapping up and it is time to think about how to have a good transition from school routines to summer vacation.

The shift from school year to summer break is easy for some, but more challenging for others, particularly those children and youth who experience anxiety or have difficulty with transitions.

A good transition to summer is important and can lead to a more positive, fun summer experience.

Here are some practical tips to make a smooth transition from school to summer:

Post the summer schedule. Have your child or youth contribute to a family calendar. Be sure to note blocks of unscheduled time as well.

Make a list of places and people to visit when time permits and the mood strikes. Summer is a good time to stop by the library, bike trail, or concert-in-the-park that you can't seem to get to during the school year.

Revamp – but don't eliminate – your child's daily routine. A daily routine gives most kids a sense of structure and security.

Prepare your child for their scheduled activities. If possible, visit the locations where they will be during day camp or day care in advance. Have your child talk to counselors, caregivers, as well as other kids who have enjoyed those same situations and settings.

Get outside and enjoy the summer. Try to limit the amount of time online, watching TV, or playing video games. Be active and get plenty of sleep and exercise. Being outside, such as going for a walk or playing in the park elevates our mood and makes us feel less anxious.

Looking for Activities To Do:

<http://www.orangeville.ca/parks-and-recreation>

<http://quelph.ca/living/recreation/recreation-programs/>

<https://www.centrewellington.ca/beactive/Pages/Recreation,%20Parks%20and%20Facilities/Community-Guide.aspx>

<http://wellington-north.com/government/departments/recreation>

Hope you have a wonderful, relaxing, fun summer. However, if you find mental health challenges to be increasing or causing more difficulties over the summer, seek out mental health or addiction supports for your child/youth, you and your family.

Summer resources for Mental Health and Addiction supports:

Your family physician and family health teams in Guelph, Wellington, and Dufferin are excellent resources.

Canadian Mental Health Association WWD (CMHAWWD):

Tuesday Walk In - 1:30-7:00, 485 Silvercreek Parkway, Guelph.

To access services for Children, Youth and Adults in Guelph/Wellington: : 1 844 HERE 247

(1 844 437 3247)

<http://here247.ca/>

Dufferin Child and Family Services (DCAFS):

Tuesday Talk In – 1:00-7:00 pm, 655 Riddell Road, Orangeville.

To access services for Children and Youth in Dufferin: 519 941 1530.

<http://dcafs.on.ca/>

Family Counselling and Support Services:

Walk-in, Wednesday, 1-7, sliding scale, based on ability to pay, but will not turn anyone away. 109 Surrey St E, 519 824-2431.

<http://familyserviceguelph.on.ca/>

KidsHelpPhone 1 800 668 6868. <http://www.kidshelpphone.ca/>

Dr. Lynn Woodford is the Mental Health and Addiction Lead for Upper Grand District School Board

Follow me on twitter: @drlynnwoodford

Ontario Regulation 243/07 (Schools, Private Schools and Child Care Centres)

Communications for Changes Effective July 1, 2017

Article

The following article is for use in child care centre and school communications (e.g., newsletters, websites, and letters to parents). It is intended to help inform parents about enhanced testing for lead as a result of updates to *Ontario Regulation 243/07*.

PROTECTING CHILDREN FROM LEAD IN DRINKING WATER

Ontario is continuing to protect children's health with new regulation changes aimed at improving drinking water testing in child care centres and schools to minimize children's exposure to lead.

New amendments to *Ontario Regulation 243/07* that take effect July 1, 2017 will now require lead testing within these facilities for all fixtures used to provide drinking water and/or prepare food or drink for children under 18.

Studies show that lead levels in drinking water from plumbing can vary substantially between individual taps or fountains. Only by testing each drinking water fixture can child care centres and schools be sure that they are not exposing children to lead through any of the plumbing within their facilities.

Since 2007, the Ontario government has been requiring child care centres and schools to flush the plumbing in their facilities and to test their drinking water for lead. Flushing has been shown to reduce lead levels in water at a tap or fountain.

Ontario Regulation 243/07 also requires testing to measure the presence of lead in drinking water against the provincial drinking water quality standard of 10 micrograms per litre, based on a national guideline set by Health Canada.

For more information about flushing and sampling for lead in child care centres and schools, visit www.ontario.ca/drinkingwater or call the Ministry of the Environment and Climate Change's Public Information Centre at 1-800-565-4923.