



# Aberfoyle Public School

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**OCTOBER 2015** \*\*\* FOLLOW US ON TWITTER!!! @AberfoylePS \*\*\*

## Fall is in the air!

Dear A.C.E. Families,

Fall is here and that means change. Change is happening outside with the trees and nature getting ready for winter and change is happening inside our school with students getting settled into routines and challenging themselves to be the best they can be. Our students are being encouraged by their teachers and their peers to change a little bit everyday. They are being asked to reflect on their own understandings and to possibly think a different way, try out something new or challenge themselves to demonstrate their learning in a new exciting style.

Students are also being encouraged to fail, now I understand that is usually counter productive to a school environment but students need to know that it is ok to fail at first when learning or trying something like problem solving so that they can reflect and learn from their mistakes. Teachers no longer see their roles as the people who use red pens and make giant Xs when something is answered incorrect. Instead teachers use those same pens to provide positive feedback and to ask questions to help each student explore their learning and to work together when they fail to guide them to the correct answer. Failure happens at school and out in the real world as well. It's what the person does after they fail that counts and that message is important to learn now to create resilient citizens down the road. This will continue to be an important message this year as we work on building ACE students who aren't afraid to take chances in their learning.

There are lots of things going on in and around our school and I ask that you read this newsletter carefully and access the links mentioned in it to help you gain a better understanding of what is happening at this important time of the school year.

- **C. Guyitt**

P.S. Thanks to everyone for a great start to the year!

## UP-COMING EVENTS

OCTOBER	EVENT
6th	Intermediate Football Tournament Fresh from Farm Orders Due
9th	Intermediate Cross Country
12th	Thanksgiving Day - NO SCHOOL
13th	School Council 6:30pm
15th	Crazy Hair Day
20th	Junior Cross Country
22nd	COLOUR DAY
30th	PA DAY - NO SCHOOL

### ATTENTION ALL EMAIL USERS!!!!!!!

Get up-to-date important information about everything that is going on at Aberfoyle sent straight to your email. Go to the homepage of our website <http://www.ugdsb.on.ca/Aberfoyle/> and click on the button that looks like the one below to sign up for great email updates. It only takes a minute to sign up and you will never again miss out on important reminders and our monthly newsletters.



## Volunteers are awesome!

Aberfoyle considers its parent and community volunteers a special resource. Parents and community members are encouraged to help in the classroom, on school trips, assist in the library or with extra-curricular activities and to participate on School Council. Being a volunteer is a wonderful way of participating in your child's education! Contact your child's teacher to find out how you can help.

## Safe Departure

Please send authorization in writing if someone other than the legal guardian is going to pick your child up from school. The authorized adult may also be asked for photo identification.

If it is necessary for a child to leave early, or to leave for a period during the day for an appointment, a note must be sent to the teacher. For the safety of your child, we request that you come into the school to **sign him/her out at the office**. We cannot send students out to waiting cars.

**\*\*\*Please** also remember to sign your child off the bus using the bus lists located in the foyer if they are not taking the bus home. We appreciate your efforts to keep all students safe.

## Terry Fox Run & Colour Day

On Monday September 28<sup>th</sup>, all the Aberfoyle ACEs enthusiastically participated in the Terry Fox Run and collected "Toonies for Terry" which raised over \$400 for cancer research! Thanks to all teachers and parents who helped organized the event and to all students for getting out and running for Terry!

## THE FIRST PA DAY: Oct. 30th

There will be five Professional Activity days this year. There are NO half days this year. Please note for babysitting purposes that there is no school for students on the following days:

**October 30th, November 27th, January 22nd, April 24th, June 3rd and June 30th.**



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## TEACHER LABOUR RELATIONS

***Please stay up to date on all that is happening with teacher labour events by consistently checking the school board's website [www.ugdsb.on.ca](http://www.ugdsb.on.ca) Look for this symbol:***



***as it will contain the most up to date information about the current situation.***

## Message from School Council

School Council has started planning events and programs for the year. New for this year is the Fresh from the Farm program which will benefit both the school with fundraising dollars and the local farm community. A reminder that forms are due back by October 6th. Milk order forms will be sent home in the next few days. We are also planning our QSP magazine fundraiser with forms going out soon and due back after Thanksgiving. We are in need of a coordinator for the magazines for next year since our current coordinator's children will soon be advancing to high school. **The next council meeting is Tuesday October 13th at 6:30 in the Library. New members are welcome and encouraged to attend.** We are always looking for new ideas and enthusiasm!

## A GIANT THANK YOU

goes out to Lisa Bratina for all her work as the School Council Chair over the last few years. Her dedication to the council and students at Aberfoyle is commendable! Thanks again for all you've done.



## WELCOME to our new SCHOOL COUNCIL CHAIR!

As new Chair of Aberfoyle P.S., I look forward to carrying duties of our past Chair as well as bringing new innovative ideas to ensure we build a strong foundation for our children.

As mother of three kids in grade 5, 3, and SK who have been attending Aberfoyle P.S. since 2011, I can relate to many parents of kids at different ages.

My objective as new Chair will be to build a strong network of parents to enhance engagement between parents-teachers and students through fun filled events and fundraising.

**Minu Basi, School Council Chair**

**Bus Safety** is everyone's job at Aberfoyle and we take it very seriously. Students who have difficulty remaining in their seats and/or following the rules outlined by the bus driver especially while the bus is on the road could face time off the bus to ensure everyone's safety.

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## B.Y.O.D. (Bring Your Own Device)

The Upper Grand DSB welcomes and supports the responsible use of personal technology in all classrooms. We recognize the increasingly important role technology plays in the daily lives of our staff and students. By providing access to reliable Wifi in all classrooms, we support teachers and students to realize the potential of digital devices to transform instructional practice and engage in learning.

The use of technology in classrooms is always at the discretion of the teacher and school administration.

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**Strong scents** such as perfumes and certain deodorants can cause an allergic reaction in some of our students and staff who experience a sensitivity to these products. Please be considerate of others in the building and try to use scent free products, our noses thank you!



# Medical Concerns

If your child has a serious medical condition, please contact the child's teacher and the office. We need to be provided with up-to-date information and medication. A Life Threatening Management Form must be completed by the parent and the doctor. This information will be kept on file and shared so that all staff will be knowledgeable of emergency procedures. Parents should administer medication at home whenever possible. When medication must be administered by school personnel, it will be kept in the office. Non-prescription oral medication as well as prescription medication requires the completion of an authorization form before medication can be administered. This form is available at the school office.

## Nut Allergies

We have several students with life threatening allergic reactions to peanuts and tree nuts. The safety of all our students is very important to us. Please be aware that due to legislation requiring every school to reduce the risk of exposure of anaphylactic causative agents, we are restricting the presence of nuts at Aberfoyle. **Please do not send any nut products** to school for snack or lunch with your child. If touched or eaten, foods containing even small amounts of peanuts or nuts may be life threatening to those students with allergies.



# IB INFORMATION NIGHT

## All Grade 7 and 8 parents invited!

Guelph CVI is proud to be an International Baccalaureate Candidate School. Parents interested in learning more about the International Baccalaureate Diploma Program, the Grade 9 Preparatory Program and the application process are invited to attend our Information Night.

**Thurs Nov 19<sup>th</sup> 7pm**

GCVI Auditorium 155 Paisley St

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## Wellington County Library – Puslinch Branch, October Programmes

### Hallowe'en Mask-Off (All Ages)

Drop by the library and pick up supplies to decorate a Hallowe'en mask. Return your mask for display and your name is entered into a draw!  
Ages 3 to 12 years.

**Thursday, October 1 to Friday October 30.**

### Page Turners (Grades 1- 4)

Parent-child book club for children in Gr 1 to 4. Share a monthly book at home and come together for fun activities. This month's book: "The Fairy-Tale Detectives" by Michael Buckley. Please register.

**Saturday, October 24, 12:30 - 1:30 pm**

### LEGO Challenge (Grades K- 6)

Join us for a Hallowe'en LEGO challenge! Bring your imagination for an hour of building fun!  
Please register.

**Friday, October 30, 11:00 am**

### Puslinch Branch Library

29 Brock Road South, R.R. 3 Guelph, ON  
519.763.8026 • [www.wellington.ca/Library](http://www.wellington.ca/Library)

# Tim Hortons®

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## One great night out with your family!

Tim Hortons has donated 4 tickets for 17 Storm home games this year. Each class will receive one set of tickets and the teacher will be deciding on how those tickets will be distributed. If your family gets to attend a game please consider thanking Tim Hortons for the generous donation.



## Blue Jays + Math = Engaged Learners

Have you caught Blue Jay Fever yet, or are you already thinking about the NHL pre-season? Maybe you're not a sports enthusiast, and instead are busy taking your children to dance, swimming or music lessons. Whatever the case, why not incorporate math into these after school activities? Here are some quick and easy connections to share with your children on those early mornings, after school or late night drives that connect math to our everyday lives.

### Batting average

This number tells fans how many times a player gets a hit compared to the amount of times he gets up to bat. Simple division is used to figure out a batting average. For each game divide the number of hits the player gets by the number of times he is at bat. The answer should result in a decimal answer. (For example: Bautista gets up to bat 8 times, but he only hits 5 times. The equation would be 5 divided by 8 giving a batting average of 0.625.)

### Staying out of the penalty box

Which fraction is largest:  $5/4$ ,  $4/3$ ,  $3/2$  or  $2/1$ ? If the Leafs have a 5 on 4 advantage, and Phaneuf has to decide whether to draw an opponent away from the play, it's important for him to know that  $4/3$  is a larger fraction than  $5/4$ . Math tells us that 4 skaters have a better advantage over 3 than 5 skaters have over 4.

### Patterns in Music

Musical pieces often have repeating choruses or bars, similar to patterns. In mathematics, we look for patterns to explain and predict the unknown. Music uses similar strategies. When looking at a musical piece, musicians look for notes they recognize to find notes that are less familiar. In this way, notes relate to each other. Relationships are fundamental to mathematics and create an interesting link between music and math. Listen carefully to the music next time. You'll definitely hear the patterns!

### Swimmingly Mathematical

Speed of swim (measurement of distance and time), surface area of palm (area measurement of odd shape), kicking angle of the legs (trigonometry, angle), rhythm of the stroke (sequence, counting, pattern sector), and breathing (volume of air required, space measurement) are all about the math!

### The Science of Dance

There's the symmetry (between arms and legs, but also between bodies and within a single body), counting, rhythm, momentum, mass, connection, sequence, and shape. Every area of math can be expressed with the human body.

Source: <https://www.google.ca>

**Go Math Go! Go Math Go! Go Math Go! Go  
Math Go! Go Math Go! Go Math Go!**

# Chromebooks in your public library!



Upper Grand students can now get a Chromebook to do assignments after school, evenings and Saturdays



## Talking About Mental Health!

Welcome to the new school year! My name is Dr. Lynn Woodford and I am the Mental Health and Addiction Lead for the school board. Every month I write a column for school newsletters about mental health and provide strategies and resources for families.

I hope that the transition back to school has been a positive one for you and your family. If your child or youth is experiencing any challenges with the transition back to school, please talk to your child or youth's teacher or administrator.

The UGDSB has many resources available on its website: <http://www.ugdsb.on.ca/> for parents and students to access. To access these resources: click on the Parent tab then click on the Mental Health Tab. There is also a Student

tab with a Mental Health tab, which you can share with your children and youth.

Once you are on site, you will find information about local mental health and addiction resources:

- Canadian Mental Health Association Waterloo Wellington Dufferin Branch (CMHA WWD)
  - To access Addictions, Mental Health (including eating disorders and first episode psychosis) and Crisis Services (Guelph/Wellington for Children/Youth and Guelph/Wellington/Dufferin for Adults) contact:
    - § HERE247 at 1 844 437 3247 (1 844 HERE247)
    - § [www.here247.ca](http://www.here247.ca)
  - Walk in Services on Tuesdays for Children/Youth 1:30- 7:00
    - § 485 Silvercreek Pkwy, Guelph
  - [wwd.cmha.ca](http://wwd.cmha.ca)
- Dufferin Child and Family Services (Services for Children/Youth in Dufferin County)
  - To access Addictions, Mental Health and Crisis Services
    - § 519-941-1530
  - Talk in Services on Tuesdays 1:00- 7:00
    - § 655 Riddell Road, Orangeville
  - <http://dcafs.on.ca/>

There is an Access to Mental Health Resources document that provides more details about counselling and supports in Guelph Wellington Dufferin.

There are also links to useful websites with information for parents about mental health and addictions such as:

- Kids Help Phone (1 800 668 6868)
  - § [www.KidsHelpPhone.ca](http://www.KidsHelpPhone.ca) provides phone and

web counselling for youth under the age of 20.

Support is free, 24/7, anonymous and confidential.

- [The ABCs of Mental Health](http://www.hincksdellcrest.org/ABC/Welcome)  
<http://www.hincksdellcrest.org/ABC/Welcome>  
provides information related to different mental health concerns, according to developmental ages.

Hope these resources are helpful for you and your families. Hope you have a wonderful fall!

*Dr. Lynn Woodford is the Mental Health and Addiction Lead for Upper Grand District School Board*

## **October's Environmental Theme: PROTECT OUR EARTH**

This year we will challenge ourselves to LIVE green every day, because one small change one day at a time adds up to a world of difference. The environmental theme for September is sustainability. 'Sustainability' means protecting our Earth and using Earth's natural resources carefully, like forests, water, minerals, and fossil fuels.

Part of living in a sustainable way is using, buying and eating only what you really need. This saves resources and cuts down on waste too. For example, do you really need a new pencil case or pencil crayons or a brand new eraser every year, or do your old ones still work? Do you throw your leftover lunch items in the garbage at school, or do you take them home and eat them for a snack after school? Do you buy vintage clothing or wear hand-me-downs? Do you eat meat every day, or do you eat vegetarian at least once a week, like those who have accepted the 'Meatless Monday Canada' challenge.

To find out how carefully you use the Earth's resources, Google the following words: "zero

footprint calculator" and take the footprint calculator quiz. It will tell you how many Earths we would need to survive if everyone lived like you!

***Slogan of the month:** Sustainability – choosing to live better with less!*

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## **The Special Education Advisory Committee (SEAC)**

*The Upper Grand District School Board has established a Special Education Advisory Committee (SEAC) in accordance with the Education Act. SEAC is made up of local parent representatives of Provincial Associations, two school trustees and interested local community representatives.*

*SEAC members receive orientation and training to become informed on important topics in Special Education:*

- *Sections of the Education Act relating to Special Education*
- *Regulations and Ministry memoranda*
- *Board policies regarding Special Education*
- *The Board Special Education Report*
- *Roles and responsibilities of SEAC*
- *The funding of Special Education*

*What does SEAC do?*

- *Makes recommendations for the establishment, development and delivery of Special Education programs and services for exceptional pupils in our Board.*
- *Participates in the Board's annual review of its Special Education Report.*
- *Participates in the Board's annual budget process and financial statement review as they relate to Special Education.*
- *Provides information to parents, as requested.*
- *Supports the Special Olympics Annual Track and Field day.*

### *Procedures for Selecting Members:*

*nominations from local associations  
approaching local chapters of provincial  
associations for suggestions*

*writing a presentation that can be shared with  
parent councils, families of schools, etc.  
to get the information about SEAC into the  
community*

### *Meeting Times and Dates*

*The SEAC meets on a regular basis. Meetings  
occur on the second Wednesday of each month at  
7:00 p.m. at the Upper Grand District School  
Board office at 500 Victoria Road North, in the  
Boardroom. Meetings are open to the public.  
Members of the public should contact Program  
Services (Krystyna Gazo at 5199416191 ext. 254)  
to confirm the time, date and location of the  
meetings.*

*Further information regarding SEAC, as well as  
Special Education in Upper Grand District School  
Board can be found on the UGDSB website  
([www.ugdsb.on.ca](http://www.ugdsb.on.ca)).*

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**Get the most up to date info about your Child's bus emailed to YOU.** Every year you must sign up for the email service from the transportation department, please go to <https://www.findmyschool.ca/subscriptions/login.asp> to sign up again for information on bus delays and other notifications.

## The Sand Pit Needs Your Help

**Looking for donations! The sand pit is exploding with excitement due to the building of roads, caves and tunnels. We are looking for gently used pails, shovels, cars, trucks or other sand equipment that you think the children might use in creating their towns. Please drop off any potential donations at the office and thanks on behalf of our future construction workers and urban planners!**



**Our School Council Magazine Fundraiser has returned and you can help us. Please review the information that has gone home with students, there are lots of exciting things to win including the use of Mr. Guyitt's chair for the day!!! Remember, you can always purchase new magazine subscriptions and renew previous orders by going to [www.QSP.ca](http://www.QSP.ca) and support our school at the same time by using the Group Online ID **3713120****

