

Alma Track and Field- Building a Tradition of Sportsmanship

There is no bench mark in track and field. EVERY athlete has a chance to compete in an effort to help their team. Our team has a spirit of inclusion and every type of person, student and athlete is invited to compete with the team. Selection for events/teams is multilayered, coaches take into consideration all of the following when placing students in events:

Ability

Effort

Attitude

Character Building - Opportunity

The Alma track and field program is built around character, commitment and persistence. A person's character is a reflection of their efforts and trying their best in all endeavours. Our athletes will set goals, work hard and measure their progress. In order to be successful we will also recognize the value of failure. Most people fail the first time they try something, but true failure occurs when you quit or blame someone else.

Track and Field is mistakenly known as an individual sport. Our team will focus on the True Team concept which is inclusive to all our students. The experience of shared success will be our team's focus.

Our expectations for the team will include a willingness to learn, sportsmanship and community. Our goal will be to remain humble and to represent Alma Public School with the utmost respect and integrity. It's amazing what can be accomplished when no one cares who gets credit. Leadership starts with the coaches and ends with the athletes. Our athletes will learn to be leaders among their peers.

Nota Bene:

This track and field philosophy of sportsmanship and inclusion applies to all team sports throughout the year at Alma public school. Students are encouraged in every sport using the same guidelines and expectations as mentioned above.