

École Arbour Vista Public School
 School Council Meeting Minutes
Thursday, March 23, 2017 @ 6.45 pm, School Library

Item	Talking Points & Next Steps
1.	<p>Mental Health and Well-Being at the UGDSB. Dr. Lynn Woodford, Psychologist; Mental Health Lead UGDSB</p> <p>Lynn spoke about the resources available for students, parents and staff from the UGDSB regarding mental health and well-being.</p> <p>What does Lynn do?</p> <ul style="list-style-type: none"> • Well-being and mental health promotion • Prevention/supports for at-risk students • Intervention/connecting with community supports <p>Committees and working groups: NEW!</p> <ul style="list-style-type: none"> • A new pillar which is the 'well-being strategy' for students, staff and school communities • Balanced Technology Committee- New committee formed to address the positive and negative effects of technology use <p>Well-being programs currently used in UGDSB Schools (and resources for parents)</p> <ul style="list-style-type: none"> • Collaborative Proactive Solutions (CPS) • http://www.livesinthebalance.org • Tools for Life • http://toolsforliferesources.com • Reaching In, Reaching Out (RIRO) • http://www.reachinginreachingout.com • Zones of Regulation • http://www.zonesofregulation.com • Tribes • www.Tribes.com <p>School staff is well trained regarding mental health. Mental Health staff training:</p> <ul style="list-style-type: none"> • ASIST Training • safeTALK Training • Violence Threat Risk Assessment (VTRA) <p>Supporting Students:</p> <ol style="list-style-type: none"> 1. Classroom teachers 2. In-School Support Team (IST) → Resource Teacher, Principal, Vice-Principal, classroom teacher and Child and Youth Counselor (CYC) 3. Consultant Support Team (CST) → Special Education Consultant, Psychological Consultant, Speech and Language Consultant, Principal, Vice-Principal, Resource teacher → 4. Specialized Mental Health Programs <p>Other program offered:</p> <ul style="list-style-type: none"> • BICYC (Behaviour Intervention Child Youth Counselor) program – Child and Youth Counselors who visit a school for six weeks to investigate why a student is not

- successful and develop a plan to assist
- SMHI – (Specialized Mental Health Interventionist) Provides direct mental health services and behavioural supports to students
- SST – (Specialized Support Team) Includes a Psychologist, Special Education Consultant, Communication Speech and Language Services as well as a Counselling and Attendance worker who work with families to support student success

Supporting Students and Families

- Canadian Mental Health Assoc. WW (CMHAWW)

Tel #: HERE 247

Walk In Tuesdays: 1.30 pm – 7.00 pm at 485 Silvercreek Parkway, Guelph

Locations in Guelph, Fergus and Mt. Forest

- Family Counseling and Support Services (FCSS)

Walk in clinic

109 Surrey St. E. Guelph

Guelph and Fergus Locations

KIDS LINE – Speak with a public health nurse about anything, including behavior and developmental concerns

1-800-265-7293 ext. 3616

Family Health Teams (accessed through family physician)

Most family doctors will provide counselors for children, youth, family and adults and it is covered by OHIP.

Community Addiction Services (CADS)

- Substance Use
- Gaming/Internet Addiction (which is on the rise)

UGDSB offers plenty of resources for Parents

Visit: <http://www.ugdsb.on.ca> (parent/mental health)

*Be sure to read the monthly school newsletter inserts written by Dr. Woodford

Child and Youth Mental Health Week (1st Week of May)

Have a **SUPER** Week!

1. Monday – **S**ocial Connections
2. Tuesday – **U**nderstanding Emotions
3. Wednesday – **P**ersonal Health
4. Thursday – **E**mpowerment
5. Friday – **R**esilience

Check out these two websites

- <http://youth.anxietybc.com/relaxation> (for teens)
- www.gonoodle.com (program geared towards Kindergarten/primary/junior kids to be healthy & active)

Question period:

- Are there counselors in various languages?

No, just French and English, but immigrant services can guide people to where they should go for support.

2.

Principal's Report

**École Arbour Vista Public School Council
Principal's Report – March, 2017**

1. The EQAO window for the Grade 3 and 6 assessments in Reading, Writing and Math is Tuesday, May 23rd until Tuesday, June 5th. The Grade 3 students will write their assessments from Tuesday, May 23rd until Thursday, May 25th. Our Grade 6 students will write their assessments from Tuesday, May 30th until Thursday, June 1st. The school will require scribes to assist students with demonstrating their learning. Parents who are interested in scribing are asked to please contact M. Runciman.

2. Arbour Vista's Intermediate Boys' Basketball Team won their city tournament at the University of Guelph on Monday, February 27th. The boys won their preliminary games by an average of more than 25 points. They won a tightly contested final game by four points against Mitchell Woods PS.

3. On Friday, March 24th, the school's Character Education assembly will focus on the theme of inclusion and building resilience. The school has invited Kara Shaw to the assembly. Kara is blind and coping with Asperger's syndrome. Kara connects with others through music. She will speak to students about the ways in which she has developed a sense of identity and belonging through the music she plays.

4. Arbour Vista staff finalized and submitted to the school board its School Improvement Plan for School Achievement (SIPSA). The plan outlines five goals that staff has committed to work on, for the purpose of improving student learning at Arbour Vista. The five goals created by staff are as follows; **if** we scaffold student learning **then** students will demonstrate deeper conceptual understanding. Secondly, **if** students engage in authentic tasks, **then** they will be able to apply new concepts and understandings in order to transfer their knowledge, by making connections in the real world. Our third goal states, **if** we create a growth mindset community in our classrooms **then** we will see skills of metacognition and increased risk taking. The fourth goal is **if** we provide ongoing authentic descriptive feedback **then** students will use it to improve their work and monitor their progress. Our fifth and final goal states that **if** we learn how to design, implement, assess and reflect upon an inquiry unit, **then** we will see students identify authentic problems and pose significant questions.

Our Kindergarten team has also generated a specific goal to help our JK and SK students learn the French language. Their goal states that **if** we explicitly model and consistently use French vocabulary to pose questions to students, **then** they will be better able to understand educators and share their observations, thoughts and wonders with educators and classmates during deeper-level discussions.

Our SIPSA also includes a school equity goal and an environmental goal. Our equity goal states that **if** we foster a commitment to being respectful, equitable and inclusive in our school community, **then** our students will demonstrate compassion and empathy toward others. We will promote these initiatives through the Equity Team, the Social Justice Committee and Character Education initiatives.

Our environmental goal maintains that **if** we implement a variety of environmentally responsible strategies throughout the school, **then** we will notice a reduction in our disposable waste audit during the 2017/2018 school year.

Each of the noted goals includes action steps required to achieve the desired results.

3.	Approval of Minutes from School Council Meeting held February 2017: Satinder Chane & Natalie Leeming
4.	Treasurer's Report - <i>attached</i>
5.	<p>Fundraising Committee Update</p> <p>Movie Night Thursday, March 30th. Purple form has been sent home with all students. Vegetarian hotdogs available. All hotdogs are beef.</p> <p>Volunteers needed. Please sign up using email/Sign Up Genius or contact Natalie Leeming.</p> <p>Next event for Council will be the ice cream sale in May.</p> <p><i>*For more information about fundraising events, please contact Natalie Leeming.</i></p>
6.	<p>Yard Greening Committee Update</p> <p>Changes are being made to both the Kindergarten yard plan and the main yard sketches.</p> <p><i>*Questions? Please contact Emmie Hull or Catherine McNinch.</i></p>
7.	<p>SEAC meeting update</p> <p>Check out My Blueprint (an education planner) for the Grade 7 and 8 students. Also, a model exists for K-6 and secondary students. https://myblueprint.ca/</p> <p>Ex. If your child wants to be an astronaut, they can find out what universities offer courses for this field, where there is a need for astronauts and how much money they will make. My Blueprint will inform students how to reach their goal, specifically the courses they need and grades required to get into the program. My Blueprint also informs students how to write a resume, a cover letter and develop reflections on essays. It also offers aptitude tests and much more.</p>
8.	<p>Parent Reach Out Committee and PIC update</p> <p><i>*Digital Saturday March 25th at JD Hogarth PS, Fergus 9:00 am – 12:00 pm</i></p> <p>Representatives from FA Hamilton, Rickson Ridge, Westminster Woods and EAV will meet to discuss how to promote parent and community engagement. A parent survey will be created and sent out to find develop a bank of interests that staff can access to supplement their teaching.</p> <p>PIC Meeting: Monday March 27th.</p>
9.	<p>Grade 8 Graduation Committee (Liz James and Sandrine Aebersold)</p> <p>Grade 8 Graduation Committee proposal: Request for \$450 for the Grade 8 graduation dance in June to pay for a DJ and linen cloth.</p> <p>Parent Council to vote on this request next meeting.</p>
10.	<p><u>Next meeting April 27th.</u> Gail Cook, author of <i>The Lemonade Stand Millionaire</i>, will speak about financial literacy for</p>

students.

Would you like to take on any of the School Council roles noted below during the 2017/2018 school year? Responsibilities for these positions will begin in September, 2017.

- **Chair / Co-chair** (Coordinate monthly meeting agendas with the principal and chair meetings)
- **Secretary** (Record minutes of Council meetings and disseminate to Council members in a timely manner)
- **Treasurer** (Track, monitor, document, and record funds collected and spent throughout the school year)
- **Community Representative** (optional for elementary)