

# Arthur Public School

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Arthur, Ontario N0G 1A0

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Principal: Amanda Leathem  
Vice-Principal: Laura Cozzarin

School Website: [www.ugdsb.on.ca/ArthurPS/index.htm](http://www.ugdsb.on.ca/ArthurPS/index.htm)

## October, 2015

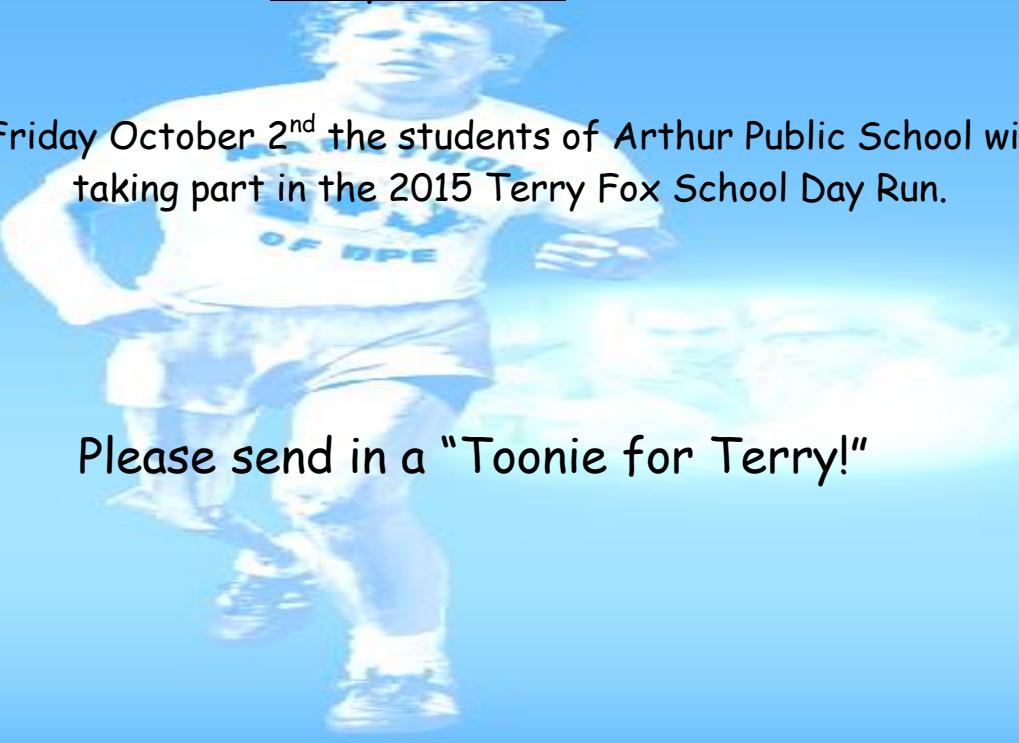
Our Character trait for the month of October is Honesty.

Through morning announcements and class discussions, students will be encouraged to reflect on why it is important to be truthful to others and to ourselves. Honesty is about trying your best and doing the right thing. Honesty is also about not taking what you have not rightfully earned. It is about playing by the rules and playing fair. Older students need to develop an understanding of academic honesty by completing their own work and not plagiarizing or claiming the work of others as their own.

Throughout the month, teachers and staff will be recognizing students for demonstrating positive character traits, including honesty, and awarding Arthur Actions and Attitudes tickets.

At our month end assembly, students can win prizes such as tickets to Guelph Storm Hockey games.

### Terry Fox Run!



On Friday October 2<sup>nd</sup> the students of Arthur Public School will be taking part in the 2015 Terry Fox School Day Run.

Please send in a "Toonie for Terry!"

## Child Abuse Prevention Policy & Program

The Upper Grand District School Board places a high priority on the safety of our students. The Child Abuse Prevention Policy is evidence of our commitment to this priority. The following is a quote from the policy:

*"Every citizen in the community shares a responsibility for our children. School officials and teachers share this collective community responsibility for creating safe and nurturing environments for children. Under the Child and Family Services Act, this responsibility includes the legal requirement to report to the local Children's Aid Society any suspected child abuse or other situations where a child may be in need of protection. Teachers and other Board employees have a special opportunity to know and understand children during their most influential years of development. They are in a unique position to be able to see early signs of maltreatment, and to know or hear about the abuse and neglect that is often suffered by children."*

As required in the Policy, we will be teaching age-appropriate lessons to help our students identify abuse and protect themselves from abusive situations. The goal is to provide children with the tools they need to keep themselves safe. The lessons cover a broad range of safety issues including bullying, stranger danger and abuse by a known and trusted adult.

These lessons will occur throughout the year and will target grades K-6. These lessons will be team taught by our Child and Youth Counsellor and classroom teachers. Students in grades 7 and 8 will also participate in a Red Cross program presented by the school's Child & Youth Counsellor entitled "**It's Not Your Fault**". These two hour presentations will occur in homeroom classes.

We encourage you to discuss with your child at home, the concepts taught in the Child Abuse Prevention Curriculum.

For more information regarding the Child Abuse Prevention Policy and/or Programs please contact Ms. Leathem, Principal or Dana Forsey, Child and Youth Counselor.

## Arthur Fire Station Community Coat Drive

We have a large bin in our front foyer to collect gently used winter coats and pants. These items will be handed out at the Arthur Fire Station October 24<sup>th</sup> and 25<sup>th</sup> from 2 pm - 4pm.



## Safety in the school

One of our number one concerns with students at school is their safety. In an effort to know what adults are in the building at all times, we have a system that allows visitors to be identified. When you enter the building, please report to the office and sign in. Mrs. Brunkard will give you a visitor's pass that will let staff know that you have checked in to the office.

Without this system, it is very difficult to know who should be and shouldn't be in the building. We have a number of concerns regarding custody issues that make this a vital part of our safety practice. Staff have been asked to question anyone who does not have a visitor's pass on and direct them to the office to sign in.

We appreciate your support in keeping our children safe.

## Interschool Sports Teams

It has been decided that the players on our school teams will help pay for the cost of bussing to each of their sporting events (\$5.00 per trip).

Every effort will be made to minimize the cost by sharing a bus with another school when feasible. If you have a concern, please contact Mr. McCabe or Ms. Leathem at the school. Thanks for your continued support!

## October Safety Drills

During the month of October Arthur Public School will be participating in a Lockdown drill. This drill is practiced twice per school year across the Province to ensure staff and students know how to respond in case of an emergency.



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A Lockdown would be called if a threat has entered the building. The hallways are swept clear of any students, the classrooms are locked up and the students are asked to remain very quiet. They are to remain this way until the "all clear" announcement has been made. If you have any questions about the procedure please contact Ms. Leathem.

Also throughout the month of October we will have a number of Fire Drills.

## Arthur Public School Picture Day

Picture day is scheduled for Tuesday, October 20<sup>th</sup>.

Further information and order forms will go home closer to the day...smile!!!



## **Healthy Lunches and Snacks**

For those parents who are always looking for healthy alternatives to pack in lunches, please follow the link below:

[www.eatrightontario.ca](http://www.eatrightontario.ca)

On this website if parents look under “browse by topic” there are many useful items. For example, there is a menu planner, shopping on a budget information, recipes videos etc.!

## **Canada's Anti-Spam Legislation: What Do Parents / Guardians Need to Know?**

### **What is Canada's Anti-Spam Legislation?**

On July 1, 2014, Canada's anti-spam legislation (CASL) came into effect. Under the legislation, Board staff and Trustees must not send **commercial electronic messages** (CEMs) that encourage recipients to participate in any commercial activity, even if it is not-for-profit, unless they have the recipient's prior consent.



### **What are commercial electronic messages?**

A CEM is an electronic message whose purpose is to encourage commercial activity. CEMs include emails or text messages to inform parents and community members of promotions, advertising or offers for sale, such as school pictures, field trips, fun fairs, pizza or hot dog days, yearbooks or fundraising for school. A message is also considered a CEM when it redirects the recipient to a website that has commercial content (e.g. an email directing someone to the fundraising page on the school website). Electronic messages that have no commercial content, but are for informational purposes, e.g. student progress or attendance information, notice of a community meeting, can be sent without the recipient's prior consent.

### **How does CASL apply to me?**

The Board is required to comply with the Legislation. As a parent, we sometimes communicate to you by email or text messages, in order to let you know about activities at the school. If these activities involve promotions, advertising or offers for sale, such as school pictures, field trips, fun fairs, pizza or hot dog days, yearbooks or fundraising for school, we are required to get your consent before such commercial electronic messages (CEMs) are sent.

### **How can I give consent?**

At the start of each school year, an information form will be sent home with students directing parents and guardians to our CASL website to provide consent.

### **What happens if I do not provide consent?**

If consent is not provided, you will not receive electronic messages containing commercial content and may find it more difficult to be aware of the activities that take place in school, and which your child may have an interest in participating.

### **How can I withdraw my consent?**

You can withdraw your consent by unsubscribing at any time. Board staff will act within 10 days to unsubscribe you from receiving CEMs.

### **How long is my consent valid?**

Your consent is valid until revoked.

### **Whom do I contact if I need more information?**

For more information, you may contact the Communications department at 519-822-4420 x 725. You may also contact the Freedom of Information Officer at 519-822-442- x 721.

# Chromebooks in your public library!



Upper Grand students can now get a Chromebook to do assignments after school, evenings and Saturdays.



SHELBOURNE  
Public Library



## **Talking About Mental Health**

Welcome to the new school year! My name is Dr. Lynn Woodford and I am the Mental Health and Addiction Lead for the school board. Every month I write a column for school newsletters about mental health and provide strategies and resources for families.

Hope that the transition back to school has been a positive one for you and your family. If your child or youth is experiencing any challenges with the transition back to school, please talk to your child or youth's teacher or administrator.

The UGDSB has many resources available on its website: <http://www.ugdsb.on.ca/> for parents and students to access. To access these resources: click on the Parent tab then click on the Mental Health Tab. There is also a Student tab with a Mental Health tab, which you can share with your children and youth.

Once you are on site, you will find information about local mental health and addiction resources:

- Canadian Mental Health Association Waterloo Wellington Dufferin Branch (CMHA WWD)
  - To access Addictions, Mental Health (including eating disorders and first episode psychosis) and Crisis Services (Guelph/Wellington for Children/Youth and Guelph/Wellington/Dufferin for Adults) contact:
    - HERE247 at 1 844 437 3247 (1 844 HERE247)
    - [www.here247.ca](http://www.here247.ca)
  - Walk in Services on Tuesdays for Children/Youth 1:30- 7:00
    - 485 Silvercreek Pkwy, Guelph
  - [wwd.cmha.ca](http://wwd.cmha.ca)
- Dufferin Child and Family Services (Services for Children/Youth in Dufferin County)
  - To access Addictions, Mental Health and Crisis Services
    - 519-941-1530
  - Talk in Services on Tuesdays 1:00- 7:00
    - 655 Riddell Road, Orangeville
  - <http://dcafs.on.ca/>

There is an Access to Mental Health Resources document that provides more details about counselling and supports in Guelph Wellington Dufferin.

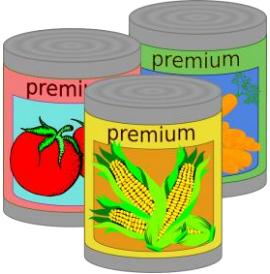
There are also links to websites with information for parents about mental health and addictions such as:

- Kids Help Phone (1 800 668 6868) [www.KidsHelpPhone.ca](http://www.KidsHelpPhone.ca) provides phone and web counselling for youth under the age of 20. Support is free, 24/7, anonymous and confidential.
- The ABCs of Mental Health <http://www.hincksdellcrest.org/ABC/Welcome> provides information related to different mental health concerns, according to developmental ages.

*Dr. Lynn Woodford is the Mental Health and Addiction Lead for Upper Grand District School Board*

## **Healthy Mind Poster Competition**

The My Healthy Mind Contest is currently accepting essay, poetry, or art/photography entries on the topic of coping with emotional/life stress and learning difficulties. The contest is open to anyone living within Guelph and Wellington County, between the ages of 10 and 25 years. Help the community learn from and become inspired by our youth on this topic! Each contestant wins a Domino's pizza and there are many cash and gift prizes available. For contest details: [www.norfolkpsych.com/healthy-mind-contest.aspx](http://www.norfolkpsych.com/healthy-mind-contest.aspx); [www.facebook.com/myhealthymindcontest](http://www.facebook.com/myhealthymindcontest)



## Thanksgiving Food Drive

In the spirit of Thanksgiving we are collecting non-perishable food items for our local Food Bank.

Please send in items with students during October.



## Newsletter online

Please be advised that this will be our last paper copy of our newsletter. From now on you can see our monthly newsletter by going to our website at the beginning of each month at: [www.ugdsb.on.ca/ArthurPS/index.htm](http://www.ugdsb.on.ca/ArthurPS/index.htm)

If you would like a paper copy of our newsletter please contact the office and let us know.



**Terror on  
Tucker St.  
live haunted backyard**

**191 Tucker St,  
Arthur  
Halloween Night  
6:30 to 9pm**

**Please bring non-  
perishable food or  
monetary donation for  
the Arthur Food Bank.**

**Visit us on  
Facebook**

The poster features a dark purple background with a full moon and bare trees. In the foreground, there are silhouettes of a fence and two jack-o'-lanterns.

## Harvest Table Fund Raiser

Did you know that when you shop at Harvest Table you can support our school?

Simply indicate that you would like a portion of your purchase to go to Arthur Public School. If you spend \$50.00-\$100.00 we receive 3% of your purchase and if you spend \$100.00 or more we receive 5% of your purchase.



So please remember to mention Arthur P.S. as you shop at Harvest Table!!

## School Council

Please look for information on some great fundraisers coming from School Council soon! These provide an excellent way families can support Arthur Public School students.

Also please consider joining School Council, there are many ways you can help out both large and small. Our next scheduled meeting is on Monday, November 23<sup>rd</sup>.

## **Please Join Us!!!**





# Blue Jay Fever

Have you caught Blue Jay Fever yet, or are you already thinking about the NHL pre-season? Maybe you're not a sports enthusiast, and instead are busy taking your children to dance, swimming or music lessons. Whatever the case, why not incorporate math into these afterschool activities? Here are some quick and easy connections to share with your children on those early mornings, after school or late night drives that connect math to our everyday lives.

## **1. Batting average**

This number tells fans how many times a player gets a hit compared to the amount of times he gets up to bat. Simple division is used to figure out a batting average. For each game divide the number of hits the player gets by the number of times he is at bat. The answer should result in a decimal answer. (For example: Bautista gets up to bat 8 times, but he only hits 5 times. The equation would be 5 divided by 8 giving a batting average of 0.625.)

## **2. Staying out of the penalty box**

Which fraction is largest:  $5/4$ ,  $4/3$ ,  $3/2$  or  $2/1$ ? If the Leafs have a 5 on 4 advantage, and Phaneuf has to decide whether to draw an opponent away from the play, it's important for him to know that  $4/3$  is a larger fraction than  $5/4$ . Math tells us that 4 skaters have a better advantage over 3 than 5 skaters have over 4.

## **3. Patterns in Music**

Musical pieces often have repeating choruses or bars, similar to patterns. In mathematics, we look for patterns to explain and predict the unknown. Music uses similar strategies. When looking at a musical piece, musicians look for notes they recognize to find notes that are less familiar. In this way, notes relate to each other. Relationships are fundamental to mathematics and create an interesting link between music and math. Listen carefully to the music next time. You'll definitely hear the patterns!

## **4. Swimmingly Mathematical**

Speed of swim (measurement of distance and time), surface area of palm (area measurement of odd shape), kicking angle of the legs (trigonometry, angle), rhythm of the stroke (sequence, counting, pattern sector), and breathing (volume of air required, space measurement) are all about the math!

## **5 The Science of Dance**

There's the symmetry (between arms and legs, but also between bodies and within a single body), counting, rhythm, momentum, mass, connection, sequence, and shape. Every area of math can be expressed with the human body.

Source: <https://www.google.ca>





# October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> <i>Day 3</i> <i>Junior Soccer Tournament</i> 	<b>2</b> <i>Day 4</i> <i>Terry Fox Run</i> 	<b>3</b>
<b>4</b>	<b>5</b> <i>Day 5</i>	<b>6</b> <i>Day 1</i>	<b>7</b> <i>Day 2</i>	<b>8</b> <i>Day 3</i> <i>Intermediate Boys Soccer Tournament</i> 	<b>9</b> <i>Day 4</i> <i>Intermediate Girls Soccer Tournament</i> 	<b>10</b>
<b>11</b>	<b>12</b> <u>No School</u>  <b>HAPPY THANKSGIVING!</b>	<b>13</b> <i>Day 5</i>	<b>14</b> <i>Day 1</i>	<b>15</b> <i>Day 2</i>	<b>16</b> <i>Day 3</i>	<b>17</b>
<b>18</b>	<b>19</b> <i>Day 4</i>	<b>20</b> <i>Day 5</i>  <b>PICTURE DAY</b>	<b>21</b> <i>Day 1</i>	<b>22</b> <i>Day 2</i>	<b>23</b> <i>Day 3</i> <i>End of Month Assembly</i> 	<b>24</b>
<b>25</b>	<b>26</b> <i>Day 4</i>	<b>27</b> <i>Day 5</i>	<b>28</b> <i>Day 1</i>	<b>29</b> <i>Day 2</i>	<b>30</b> <u><b>PA Day</b></u> <i>No School for Students</i>	<b>31</b>