

# Arthur Public School

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## November, 2016

### Remembrance Day

Remembrance Day is always a very important day in the life of our school, our community and our country. This year the staff and students in JK - Grade 8 will once again join the Arthur community at the Cenotaph to participate in our community's Remembrance Day Service.

To prepare for this community experience, our Arthur Public School staff and students will be involved in Remembrance Day learning activities prior to November 11 so that our trip to the Cenotaph will be a meaningful experience.

Classroom teachers will be sharing further information and details in regard to this experience early in November and will be asking for parents to volunteer and walk to the Cenotaph with our classes.

Poppies will be available in the school office. Cash donations to the Arthur Branch #226 are appreciated.



### McMaster Children's Hospital Toy Drive

Sheyanne O'Donnell helped the students and families of Arthur Public School to remember how important it is to give back. Through her initiatives, the Smiley Chimps Toy Drive was able to give a substantial number of gifts to children who are in care at McMaster Children's Hospital. We would like to continue on with what Sheyanne started. During the week of November 14<sup>th</sup> -18<sup>th</sup> we are asking families to donate a new, unwrapped toy. Please send these toys to your child's class and at the end of the week we will collect them and deliver the toys to Sheyanne's family who will deliver the toys to McMaster Children's Hospital at the beginning of December. We thank you in advance for helping this wonderful cause, inspired by Sheyanne O'Donnell.



## **Student Safety - Important Communication Needed**

Please contact the school if there are changes to how or when your child or children are going to be picked up from school, or if they are going to be late or absent. We make the safety of your children our highest priority, and we have systems in place to ensure our students are accounted for. For this reason, it is very important to call the school if your child is going to be late or absent. Also, if you are changing the home time routine, be sure to contact the office and sign your child out. When we cannot account for a student, we will do everything possible to find them. Each day we follow up on around 10 students because there was no communication about changes to routines. We appreciate your support.



## **Character Trait for November is Respect**

During the month of November our staff will focus on the character trait of respect. With so many unique individuals in the building, all trying to get along we are bound to have our differences. We work hard to ensure that those differences are valued. When conflicts arise, as they often do, we ask that those in the conflict treat each other with respect. When this can happen, the issue often gets resolved and all parties feel better about themselves. Future conflicts are less likely to happen. We also ask students to respect themselves and respect the property of others. Our students are getting to be pretty good at this, but we will continue to send this very important message. Conversations about what respect is and isn't while at home will help to reinforce what we are doing at school. Thanks for your support.

## **Inclement Weather Procedures**

You reside in the **North Wellington** area. At different times during the year, dense fog, icy roads, or snowy weather may result in the cancellation of school buses. The announcement will be broadcast over radio stations CKNX (FM102 Wingham), CHYM (570 Kitchener), CKKW (109 Kitchener) and CJOY (1460 Guelph). Our school will be open if buses do not run; you, as the parent, need to decide if it is safe to drive your child(ren) to school on a no-bus day. Please note, if the buses are cancelled in the morning, you will need to make arrangements for picking up your child at the end of the day. You will find information about school bus cancellations on inclement weather days and lots of information that pertains to our schools at [www.ugdsb.on.ca](http://www.ugdsb.on.ca)



FOOD & FRIENDS PROGRAM  
DUPPERIN · WELLINGTON · GUELPH

## **Snack Program**

Thank you for bringing healthy food to hungry minds to All Treat Farms and Amy O'Donnell and all who have contributed to our Children's Foundation of Guelph and Wellington Food & Friends student nutrition program. Donations of time, money and in-kind offerings are very much needed and appreciated. Contact Mrs. Cozzarin for more information.

## **Fresh from the Farm Update!**

Thank you to everyone who supported this fundraising initiative for the Snack Program. We raised almost \$900!!

## **Food Drive!**

Thank you to the families of Arthur Public School for the donations for our food drive. Thanks to your generous donations, we were able to provide enough food for 317 meals to the Arthur Food Bank through Farm Credit. A big thank you to Mrs. McCabe and her class who helped organize our drive and load the food onto the Farm Credit Tractor!



## **Student Government 2016-2017**

Thank you Student Government for organizing some great October Spirit days! We had Blue Jay day, Comfy Cosy day and Halloween Dress Up day! Looking ahead to November we are having Red and White day on November 11<sup>th</sup>, Remembrance Day. On November 16<sup>th</sup> Student Government is asking us to wear our favourite team hats or jerseys!!



## **Arthur Public School Soccer News**

On October 5 the intermediate boys travelled to Palmerston to participate in the soccer tournament. They won 3 games and tied 1. So to determine who won the tied game, they had a shootout and they unfortunately lost. When the intermediate girls went for their tournament they also travelled to Palmerston. They lost 3 games and tied 1 with the score being 1-1. But, at the end of the day our intermediates kept a positive attitude and represented Arthur P.S with smiles on their faces. Good job to both teams and thank-you to their coach Mr.Duncan!



*Halisha and Gloria*

## **Meat Order Pick Up**

If you ordered meat please remember pick up is on **Tuesday November 2<sup>nd</sup> between 3:30 and 5:30.**

## **Terry Fox Run...Thank You**

Thank you everyone for supporting our Terry Fox Run. We raised over \$100.00 for the Terry Fox Foundation!

Also, huge thanks to Mrs. Fleming and Mrs. Hustler who organized a great spirit event for us. Also thanks to our students who participated so fully in the day to support a great cause.

Well done everyone!!



## **Arthur Public Library Programs**

### **Postcards for Peace (All Ages)**

Visit our postcard station at the library during Veterans' week to express messages of thanks to those who served Canada in times of war, military conflict and peace.

Tuesday, November 8 to Saturday, November 12, during branch hours

### **Beginner's Origami (Ages 5 to 9)**

Enjoy stories, songs, games and an origami craft! Please register.

Saturday, November 19, 10:30 am - 11:30 am

## **Cross Country Team**

The junior/intermediate cross-country team at Arthur PS has been training hard for the past month and they were able to participate in the regional meet on October 14 at the Mount Forest Arena. Our team of 22 members trained during recess at least 3-4 times a week. The meet in Mount Forest was a beautiful, sunny day but a lot on the cool side. However, this did not dampen our spirits as we came out strong and represented our school very well! We had many great finishes! Honourable mention goes Cassie H. who came in second for the Grade 6 girls and Wyatt S. who came in third for the Grade 6 boys. I am so proud of all their accomplishments! Excellent job team!



(Mr. B. Stiles - Teacher and Cross-Country Coach).



**Please  
Support the  
Arthur  
Food Bank**



at



**The Arthur Santa Claus Parade**

**Sat. Nov 26<sup>th</sup> at 7pm**

**Donations will be collected along the parade route!**

## **Thank You!**

Thank you to all those who donated winter coats to The 2nd Annual Community Coat Drive held by the North Wellington Fire Service - Arthur Fire Station!





Monthly Environmental Activities to help celebrate our planet

## NOVEMBER 25<sup>TH</sup> IS BUY NOTHING DAY!

*It is vital to teach our children to respect and take care of the environment.*

### Celebrate Buy Nothing Day on November 25th!

**Buy Nothing Day** is an awareness day highlighting society's habit of buying too many things.

Founded by Vancouver artist Ted Dave, *"The first Buy Nothing Day was organized in Canada in September 1992 as a day for society to examine the issue of over-consumption. In 1997, it was moved to 'Black Friday', which is one of the busiest shopping days in the United States."* <https://en.wikipedia.org>



Image from <https://www.permaculture.co.uk/articles/buy-nothing-day-2012-approaching-could-you-stop-spending-one-day>

### Repair, reduce, re-use, recycle – 4 R's are best!

*"It's time for a new kind of materialism, based on an economy of better, not more... that makes things which last and can be repaired many times before being recycled, allowing us to share better the surplus of stuff we already have, from furniture to tools, cars, fridges, clothes and food. 'Repair, reduce, re-use, recycle', could be the basis of a new economic model."*

<https://www.theguardian.com>

### Some great ideas for your family on Buy Nothing Day!

- Instead of shopping, enjoy a day in the great outdoors by walking trails or going to the park.
- Recycle school supplies such as binders, workbooks, pens and pencils instead of buying new.
- Donate clothes, books, toys and games your family does not need any more.
- Think of things you can make or do for people as gifts without spending any money.

*"Either way, there's no doubt that going without buying anything for an entire day is quite a challenge in the modern world, and will serve to make you think about what your life is really about."*

<https://www.daysoftheyear.com/days/buy-nothing-day>

## Progress Report Interviews

We will be having Educator-Parent Interviews on November 24<sup>th</sup> from 3:50-7:00PM. Further information will come home with your child's Progress Report or from the teacher.

## Helping your child with difficult situations

Life is full of things that are hard to deal with. Sometimes children need help in dealing with these events. “Resiliency” is what helps adults and children to “bounce back” from the difficult events in life. The best way to help your child be more resilient is to model the skills for them. Here are some ideas that you can try:

1. Starting at birth, respond to baby’s smiles and cooing by smiling and cooing back often.
2. Comfort your child when he or she is upset. Hugs and a quiet voice can go a long way in calming a child.
3. Teach your child to take deep breaths to calm down when they are upset and then talk when they are relaxed.
4. Help your child to see another way of looking at things: “I know that you want to play with that toy. Tom waited for the toy and now it is his turn. He would be sad if you took it away.”
5. Instead of making your child say “sorry”, talk about his or her feelings and the feelings of the other person involved in the event.
6. At night when you put your child to bed ask them to think of one positive thing that happened to them that day. You could share something too.
7. Point out your child’s strengths: “Hey you rode that bike by yourself!”
8. Encourage your child to keep trying even if something is hard.
9. Read positive, happy stories together.
10. Give your child lots of time to play. Help them play with other children in a positive way.

If you would like more ideas and information on raising a resilient child go to <http://www.reachinginreachingout.com/resources-parents.htm>



“Today you are You,  
that is truer than true.  
There is no one alive  
who is Youer than  
You.” - Dr. Seuss

**ARTHUR PUBLIC SCHOOL'S  
CHILDREN'S CHRISTMAS BAZAAR  
2016**

Friday, December 2<sup>nd</sup>, 2016, APS will hold their Annual Children's Christmas Bazaar. This is a day where each class has an opportunity to visit our "gift store" to purchase ONE item per family member for a cost of \$.25 to \$2.00. For the younger children it is most helpful if the money is sent in a zip loc bag with a "list" of whom they should buy gifts for. The schedule begins with the youngest classes and we work our way up, there is no guarantee what will be left at the end of the day but we do try to provide an opportunity for all to shop.

This is where we need YOUR HELP! If you have any unused items sitting around your home, especially that might suit a teenager or a Dad, we sure could use it. Please drop off your gently used or new items at APS ASAP! A "suggested ideas list" is posted on the bulletin board in the front foyer.

IF you are a parent and are interested in Volunteering for even an hour that day between 8:00 a.m and 4:00 p.m please contact Mary Mitchell at 519-848-2829 or [emarye@hotmail.ca](mailto:emarye@hotmail.ca) ASAP....we need your help!!

"Volunteers don't get paid, not because they're worthless, but because they're priceless."



**Please Remember!**

Elmira Chicken and Harriston Meat Pick up is on Wednesday, November 2<sup>nd</sup> between 3:00PM and 5:00 PM.

Please be sure to pick up your order as these are perishable items that we cannot store.



**Also Remember Mabel's  
Labels Are Now Available**

Would you like to support Arthur Public School students and make sure your child's clothes and school items are less likely to be lost all at the same time? Then go to [campaigns.mabelslabels.com](http://campaigns.mabelslabels.com) to order some practical and attractive labels. Indicate that you wish to support Arthur Public School Council on the drop down menu and Council will receive 20% of what you have spent. Our section of the site is active right now so place your order!!

