



Arthur Public School
155 Conestoga Street North
PO Box 148
Arthur, ON N0G 1A0
Phone: (519) 848-3793 Fax: (519) 848-5994
Principal: Marni Barrow Vice Principal: Alan Gouk

Principal's Message June 2021

It is hard to believe that the end of the school year is fast approaching and there is much to be proud of this year. The variety of instruction and programming both in school and on-line has offered students opportunities to display all their talents in many different ways. We wish to thank the staff for their dedication and commitment to student learning and excellence resulting in the caliber of programs they offer students.

We want to congratulate all of our students for their hard work and commitment to be the best they can be, during in-school and on-line learning! Way to go Patriots!!

As we move into the final weeks, our focus remains on teaching our students to be resilient and creative problem-solvers in their academic and social lives. We would like to thank the parents for their support and interest in their child's education and making Arthur Public School the special place it is.

If you are moving and haven't yet let us know, please do. It helps us to have accurate numbers when making up classes for next year. Likewise, if you know someone who is moving into the neighbourhood, or who has not registered for kindergarten, encourage them to let the school know that they will be joining us next year.

We would like to thank the School Council for their continued dedication and hard work throughout the year. The staff and students would also like to thank all the parents and community members who helped support the school during a year like no other.

Please continue to check the school website during the summer months for any announcements from the Board and School.

We wish all our families a wonderful and safe summer.

Mrs. Marquis
Principal Designate
(covering for Ms. Barrow)

Mr. Gouk
Vice Principal



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Goodbyes

At the end of this school year we will have to say goodbye to staff who are leaving. We wish Mrs. Fleming and Mr. McCabe all the best as they embark into the next chapter of their lives, retirement. Congratulations to Mrs. Fleming on 34 wonderful years of teaching and Mr. McCabe on 32 wonderful years of teaching. We also have to say goodbye to Mrs. Smart who is moving to Maryborough P.S. Our LTO teachers will also be leaving us, Miss. Norman, Mrs. Smith, Ms. Self and Ms. Butters. We wish all of our departing staff the best in their future endeavours.

Pride Flag

Arthur P.S. believes that our school is safe and inclusive spaces for everyone. Everyone has the right to be treated with dignity and respect. Additionally, regardless of your personal values and beliefs, we all must follow the Ontario Human Rights Code that protects marginalized group from discrimination and harassment.”

We support the 2SLGBTQIA+ community. Flying the Pride flag for the month of June is just one of many ways to show our support.

Arthur Food Bank

The Arthur Food Bank is available for families in the Arthur area to access for food once a month. They are located at 146 George St in Arthur 519-848-3272 and are open on Tuesdays 10-noon for families to pick up food supplies. Please email arthurfoodbank@gmail.com to register/book your appointment. Food boxes are pre-packed for families so appointments are necessary.

Food and Friends

For this school year, our Student Snack Program will be supported at home only. Please make sure you send enough food for your child to eat for the two nutrition breaks each day. If you are interested in signing up for the “at home” program, please click on this link for more information

<https://www.childrensfoundation.org/what-we-do/food-friends/food-friends-at-home>



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TALKING ABOUT MENTAL HEALTH

June 2021

What a year it has been. We have all collectively had to manage an ever changing landscape. Pressures on families, children and youth have been significant as we work our way through this global pandemic. We have, together, focused ourselves on wellness skills throughout the year. It seems appropriate that our last month together our Umbrella theme is mastery. Mastery refers to the desire to become competent at a skill. In many ways we have all been working at this skill as we try and find ways to manage during this pandemic.

This month, I invite you to look back at the skills we collectively worked on this year: empathy, mindfulness, gratitude, self-compassion, healthy lifestyle, autonomy and intrinsic motivation. Have you had the opportunity to explore any of these skills? What, if anything, have you been able to add into your routine? If nothing, that is okay. Just the act of learning about new skills is the beginning of building.

How can you support your child with this? Explore the past themes together. Try and encourage your child to persevere when they are frustrated. Helping our children to desire to become competent at a task is what we naturally do much of the time. Consider helping your child learn to ride a bike. There may be falls. There may be scrapes and frustration. But there will also be that celebration when they first pedal away, wobbly at best, but independently. This is one example. There are many. It is important to remember that success is unique to each person's abilities.

Throughout the year, with the Umbrella Project, we were hoping to bring some connectedness, some shared experience, to an otherwise disconnected time. However you participated, thank you for joining the UGDSB staff and students on this wellness journey. We look forward to re-connecting and continuing this work together next year.

Jenny Marino

Mental Health Lead, UGDSB

The Umbrella Project at UGDSB is





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Monthly Environmental Activities to help celebrate our planet



June 5th is World Environment Day!

Protecting the planet is everyone's responsibility

Celebrate World Environment Day on June 5th 2021

A Platform for Action- World Environment Day is the United Nations' most important day for encouraging worldwide awareness and action for the protection of our environment and is widely celebrated in over 100 countries.



<http://worldenvironmentday.global/en>

This year's theme – Ecosystem Restoration!

Urge governments, industry, communities, and individuals to come together to explore grow trees, green our cities, and clean up rivers and coasts. We are the generation that can make peace with nature. <https://www.worldenvironmentday.global/>

Ideas for your family to celebrate World Environment Day!

- **Create an event for family, friends and neighbours** - There is no end of ideas that you could take forward for World Environment Day. Surprise yourself! Think about ideas that we can do to help the planet like fixing a problem in your community. It can be as simple as a community clean-up, to a tree planting activity.
- **Get out into nature** - World Environment Day is all about appreciating the beautiful planet we inhabit. Why not spend time in a park, hiking a trail or appreciating a forest walk? Or, have a picnic in the back yard!
- **Inspire others** – A great idea will naturally attract others who will join and make your idea awesome. So, take your idea to reduce single use plastics, or to lug a mug to events or to promote an ecofriendly product and share it! Or ask everyone to make their own personal pledge to change one wasteful or harmful habit for the better. Share what you're doing using the hashtag: #WorldEnvironmentDay
- **Make sure you have fun:** Make your event for World Environment Day fun, inspiring and interesting. Google events happening locally that you can attend with family or friends, or check out Pinterest for fun, recycled crafts ideas.

For more information go to: [What can schools do?](#) Or [What can individuals do?](#) Or Google 'World Environment Day activities'