

Secrets of Communication



Free!
Registration
is required.



Secrets of Communication

While these are stand-alone workshops, participants are encouraged to attend both parts. They take place at:

**Princess Margaret Public School
51 Wellington Street**

Part One: Getting Kids to Listen

Feeling frustrated and ignored? It can sometimes feel like our children—and other family members—don't hear a word we say. This workshop can help you be heard—without raising your voice. We'll uncover secrets to good communication, including building connections, setting limits, resolving conflicts, and engaging cooperation.

Wednesday, May 1, 7:00 to 9:00 p.m.

Part Two: Getting Kids to Talk

Does your child have difficulty talking about feelings or personal problems? This can lead to moodiness, outbursts and meltdowns. Learn practical strategies to support children in managing their feelings and communicating their needs.

Wednesday, May 8, 7:00 to 9:00 p.m.



For more information or to register, please contact:
DPSN at 519-940-8678 or info@dpsn.ca

