

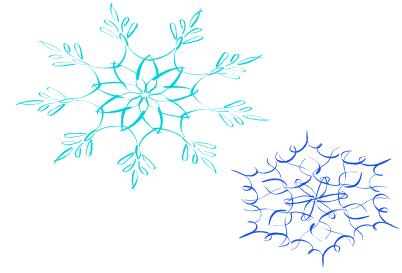


CENTRAL PUBLIC SCHOOL

Phone: 519 821-7990 Fax: 519- 821-8270

January 2018 Newsletter

website: <http://website.udgsb.on.ca/central>



Principal: R.MurrayCako

Office Coordinator: K. Epps

PRINCIPAL'S MESSAGE

It's great to see everyone back after the holiday break. I hope all our families had an opportunity to enjoy special holiday activities and time together.

December was a wonderful month of celebrations, time together and giving. Our 'Giving Tree' was beautifully decorated with hats, mitts, and socks. All items were donated to a local shelter. Thank you to everyone who supported the Holiday Food drive.

We are looking forward to what the new year will bring!

R. MurrayCako
Principal



MARK YOUR CALENDARS

January 9th to 19th – JK/SK registration

January 18th – School Council Meeting

January 26th - P. A. Day – No School

February 19th - Family Day – No School

March 12th – 16th - March Break – No School

March 30th & April 2nd – Holidays – No School

KINDERGARTEN REGISTRATION

Important information about Kindergarten Registration this January

We're getting ready to welcome our newest group of little learners to the school!

Kindergarten registration for the 2018/2019 school year takes place from

January 9 to 19, 2018.



New this year: all Junior and Senior Kindergarten students new to the UGDSB must pre-register online. (SK students who are attending at a UGDSB school for JK do not need to pre-register online).

Pre-registering online between Jan. 9-19 will save families time by allowing you to fill out important forms and documentation when it's convenient for you.

Once you've pre-registered online, parents/guardians must go into their child's home school before the Jan. 19th deadline, in order to drop off documentation and complete their registration.

Please note that all parents hoping to register their child for JK French Immersion must complete their registration document verification by Jan. 19 at 4 p.m.

For more information on how to register and the JK French Immersion selection process, please visit www.udgsb.ca/jkregistration.

NOON HOUR SUPERVISOR

Noon Hour Supervisors provide an important role in our school helping to watch our students over the eating times and recess by supervising in our classrooms then heading out to the yard to ensure their safety. We would like to take this time to say “*Thank You*” to Doug Pierson for his many years of kindness and care extended to the students at Central PS. Doug has decided to retire from this role. Thank you from the Central community!

If you would be interested in this role please contact the school office (519) 821-7990.

STUDENT INFORMATION

Please notify the school if there are any changes in your child’s information such as your work numbers and emergency contact numbers. This is really important should we need to contact you during the day. Also, this is a reminder to please call the school attendance line (x 100) to notify the Office if your child will be late or absent and if there is a change in pickup.

BE PREPARED

With the unpredictable winter weather, it is particularly important to ensure the children have adequate clothing to wear when they are out on the playground during recess.

Please help your child come prepared for the winter weather by providing them with boots, winter jackets and snow pants, warm mitts, scarves and hats. Remind them to check the lost and found if anything goes missing while at school and parents are welcome to check the lost & found at any time. Please check in at the office first. The Lost and Found is located outside the gym on the lower floor.



SAFETY PATROLS

At minus 25 Celsius (including the wind chill), safety patrol duty is reduced to the last five minutes of the morning scheduled time and the first five minutes of the afternoon scheduled time. Parents and patrols should check the local radio stations or internet weather reports for temperature readings.

INCLEMENT WEATHER INFORMATION

The months of January and February can bring us some of our worst weather. To determine whether schools are open or closed during or after severe weather, tune your radios to one of the following stations: 1460 AM CJOY, 106.1 FM CIMJ. These radio stations provide regular local weather updates throughout the day as well as school closures. You can also check the board website: <http://www.udgsb.on.ca/> and click on the yellow school bus located at the top of the School Boards home page. As a parent of a student in our school you can have bus cancellation and school closure notifications sent to your email by registering at “Find My School”.



FROM THE LIBRARY

The bulletin board outside the Library is encouraging students to curl up with a good book this winter! Here is a review of Library exchange days. **It's really helpful when adults help children remember to return library books.**

KA and KB: Day 1

Grade 1/2 A, Grade 1/2B, Grade 2/3 , Grade 3/4: Day 3

Grade 4/5: Day 5

Students in Grade 5/6 and 6 can exchange books on days 1-4 of the five day cycle.

Events to look for in the Library: Our annual Readathon will take place in April this year. Forest of Reading clubs for grades 3-6 (Silver Birch) will start in February. The Blue Spruce program for Kindergarten and Primary students will begin in classes in February. Thank you to School Council for funding the purchase of the books for these programs!

We had very successful Lego clubs for grades 1-4 in the fall. This winter the Library will host a coding club and clubs for students interested in specific book series or genres.





A new year, brings a new website for Central School Council. If you haven't had a chance to check out our new site, visit the school page, and click on the [School Council](#) tab at the top. Our website includes all meeting dates, previous minutes as well as a summary of social and fundraising initiatives. This site is updated regularly, so check back for updates.

Is one of your New Year resolutions to find out more about what's going on at Central and help make a big difference in a small way? Please join us for our next meeting on **Thursday January 18th at 6:30 p.m.** - come meet other parents, exchange ideas, get involved, all are welcome. We meet in the library and childcare is provided. [Here](#) are four tips on how you can make a difference in your child's education this year.



January 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9 JK/SK Registration begins – ends Jan 19 th	10 SUB Day	11 Pizza Day	12 Grade 6 VIP Program Colour House Activity	13
14	15	16 Humane Society Visits Gr 2/3 and 3/4 to River Run	17 SUB Day	18 Pizza Day 6:30 School Council Meeting	19 JK/SK Registration Ends	20
21	22	23	24 SUB Day	25 Pizza Day Hydro Presentations	26 PD Day – No School	27
28	29 Safety Presentation 9:00 am - Gr. 2, 3 11:15 am – Gr. 4,5	30	31 SUB Day JK/SK and Gr 2 Dental Screening			

School Newsletter Insert from Wellington-Dufferin-Guelph Public Health

January 2018 – Elementary Schools

WDG Public Health is pleased to provide elementary schools with up-to-date information on health topics for their monthly newsletters and announcements to parents. Please find below an insert you can include in your school newsletter and/or announcements if you wish. If you have any questions please contact us at 1-800-265-7293 ext. 4111 or email schoolhealth@wdgpublichealth.ca

Information from Public Health

In Ontario, the *Immunization of School Pupils Act* requires that all students attending school be fully immunized or have a valid exemption on file. Public Health mailed notices to elementary students with incomplete records at the end of November. If you received a notice that your child's record is incomplete, the deadline to update your child's record with Public Health is January 26th at 4PM in order to avoid suspension on January 31st. If your child requires a vaccine, Public Health will have drop in clinics during the weeks of January 15-19 and January 22-26. For locations and times, please visit: www.wdgpublichealth.ca/news/drop-immunization-clinics-students.

To report vaccines received from your health care provider, please choose one of the following ways:

- Online: www.immunizewdg.ca
- Email: vaccine.records@wdgpublichealth.ca
- Phone: 1-800-265-7293 ext. 4396
- Fax: 519-836-2986

Have questions? Speak with a public health nurse at 1-800-265-7293 ext. 4746

Talking to Children

How many times have you asked your child what they did in school today and they said “nothing”? Do you feel that most of the conversations you have with your children are just about telling them what to do? Many parents feel this way; life is busy.

Giving children opportunities to have conversations is really important for their growth and learning. What to do? Children often ask a lot of questions, especially young children. Parents answer those questions and the conversation often just ends. How do you keep the conversation going? Instead of answering the question what if next time you ask a question instead? Consider these questions: What do you think it is? What do you think about that? What interests you about that? What do you notice? How do you think that works? If you get a one word answer you might make a comment such as, “tell me more”, “I’d like to hear more about that” or ask another question.

Listening carefully is also important when talking to your child. Children respond positively if they know they have been heard and that you are interested in what they have to say. Use comments to encourage your child to keep talking: “Tell me more about that”, “that must have been difficult/interesting”, “it sounds like you had fun”, “you must have felt disappointed/frustrated/angry”. Talk while having dinner together, preparing dinner, going out for a walk, at bedtime, on the way to school or while standing in the grocery line. Think of yourself as a partner in the conversation.



Monthly environmental activities to help celebrate our planet

JANUARY is the time to carry out your resolutions!

“There will be more waste plastic in the sea than fish by 2050” Dame Ellen MacArthur

It's a brand new year and the perfect time for positive change. For example, let's end plastic pollution.

Based on the daily news, it's never been more critical to increase your environmental efforts. This year the *Earth Day Network* is calling to end plastic pollution. Imagine a future free from harmful plastic garbage! Single-use plastics are especially wasteful and many plastics are also not properly recycled and take up precious landfill space or pollute our oceans, killing marine life and washing up on pristine beaches. Plastic garbage ‘islands’ are appearing in seas and oceans all over the world. One of these - the Great Pacific garbage patch, is estimated to be the size of Alberta.

<https://www.nationalgeographic.org/encyclopedia/great-pacific-garbage-patch/>



Tips on how to reduce single-use plastics:

- Extend your use of cloth shopping bags beyond the grocery store. Use them at all other retail stores too. (You can carry purse-sized, reusable folded bags.)
- Avoid buying over-packaged food. The choice is yours. Do you need to buy the carrots that are shrink wrapped on a Styrofoam tray, or can you buy a bundle that is tied together with a simple twist tie?
- Let the restaurants you frequent know that you would them to join the growing movement to ban the use of straws. Restaurants, organizations, institutions and schools worldwide have gotten rid of plastic straws or implemented a 'serve-straws-upon-request' policy.
- Tap water is best. Bottled water can deplete our precious groundwater resources and produce unnecessary green house gas emissions through the production and transport of plastic bottles. Carry a reusable water bottle instead.
- Lug a travel mug to your local coffee shop. (The plastic lining makes coffee cups unrecyclable, and they all end up in the garbage and in our overflowing landfills.)
- Write letters to the government asking them to fix a problem that you are concerned about such as: mandating the reduction of plastic packaging, banning Styrofoam, or promoting research for recyclable coffee cups, etc.