CENTRAL PUBLIC SCHOOL

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JUNE YEAR END NEWSLETTER

Principal: Rochelle MurrayCako Office Coordinator: Karen Epps

Principal's Message

It is with a great sense of satisfaction and accomplishment that we conclude our school year together!

Congratulations to our Grade 6 graduates. We wish you much success!

On behalf of the student body and school community I would like to extend a thank you to the Central Public School Staff for their dedication in providing quality educational programs to the children at Central.

Have a safe, relaxing and fun summer. See you in September!

Rochelle Murray Cako
Principal

MARK YOUR CALENDARS

- ✓ Sept. 4th – First Day of School
- ✓ Sept. 19th - 6:15 - 7:00 pm - School Open House
- ✓ Sept. 20th - 6:30 – 8:00pm – School Council Meeting
- ✓ Sept. 27th – Terry Fox Walk
- ✓ Sept. 28th – PA Day

Best Wishes

The end of a school year is a time to celebrate all accomplishments, but also a time for some best wishes. This year we will be saying farewell to Ms. Lajoe, Ms. Green, Mr. Marshall and Ms. Grant. From all of us at Central Public School thank you and we wish you all the best!

First Day of School

In keeping with privacy legislation and to keep our children safe we will not be posting class lists prior to the first day of school. On the first day of school all teachers will be on the yard and will be standing with grade level signs. Children are to meet at their grade level sign. Once the bell has gone, teachers will call out names and take their new class into the school. If it is raining on the first day, we will bring all children into the gym and have them sit by their grade level sign.

Tentative Organization

A **tentative** organization for the 2018/2019 school year is included in this newsletter. The organization is based on our enrolment in February and **subject to change**. Should there be further changes in enrolment, particularly in September, we **may be directed to undergo a school re-organization.** In that event class and staff assignments may change as directed by the school board staffing committee and Ministry of Education.

Principal - Rochelle Murray Cako
Office Coordinator – Karen Epps
KA - Kim Andrews, Christine Storey
KB – Irene Gibson, Alison Bonany
1 - Tracy Suffern
1/2 - Carol Powell, TBA
2/3 - Shannon Gorr
3 - Franca Fedele
4/5 - Joy Reddick, Devon Milloy
4/5 - Chris McPhie
6 - Dave Anderson
Core French – Devon Milloy
Planning Teachers - Karen McNabb, Kate Brennagh, TBA
Library - Kate Brennagh
Resource - Karen McNabb
CYC – TBA
Custodial Staff - John Schultz and Sheila Johnston

SCHOOL TIMES FOR 2018/2019

8:50	First Bell and Entry - Entry is at the back of the school
8:50 - 9:40	Period 1
9:40 - 10:30	Period 2
10:30 - 10:50	Snack
10:50 - 11:10	Recess
11:10 - 12:00	Period 3
12:00 - 12:50	Period 4
12:50 - 1:10	Snack
1:10 - 1:30	Recess
1:30 - 2:20	Period 5
2:20 - 3:10	Period 6
3:10	Dismissal - Pickup is at the front of the school

SCHOOL COUNCIL

School Council would like to thank our entire parent and caregiver community at Central for all their help and support this year. We've been able to accomplish a lot and could not have done it without your help and in particular everyone who volunteered for a school council event or fundraising effort. We are proud of all of our fundraising, the incredible new Kindergarten play area and a new family wellness partnership we'll be launching in the fall with Victory Public School.

If you are looking to make a big difference in a small way, Central School Council is an excellent way to support our students-your kids. We are recruiting new council members for the fall, so please mark your calendar for **Thursday, September 20, 2018** as our first meeting of the year. We will meet in the school library from 6:30 to 8:00p.m. Childcare will be provided. Have a great summer!

FROM THE LIBRARY

Summer is a great time for students to read. Encourage your child(ren) to take books with them to the cottage, trailer, park, grandparents' house, etc.! If you are looking for some excellent suggestions, check out these helpful resources:

www.bit.ly/ForestKidList

The first-ever Kid Committee Summer Reading List!!

www.bit.ly/ForestTeenList

The first-ever Teen Committee Summer Reading List!!

Guelph Public Library
Explore • Connect • Thrive

https://www.guelphpl.ca/en/index.aspx
http://www.tdsummerreadingclub.ca/

HEALTHY SCHOOLS

Throughout the school year Central has participated in OPHEA's Healthy Schools Certification program which recognizes and celebrates school communities for promoting and enhancing the health and well-being of students, school staff, and the broader community. Our school focus was enhancing and improving opportunities for physical activity. Some of the *new* activities we completed to support our plan and application this year were Jump Rope for Heart, DASH leadership and recess games program & the

Fit-Go BINGO challenge. Some of the other activities included the school-wide Arboretum trip, Winter Olympics, extra-curricular sports teams and play day. We are pleased to announce that Central Public School has been awarded SILVER certification! We appreciate the support of parents, students and staff during all events and activities.
Mrs. Andrews & Mrs. Grant

Video Surveillance Camera Project Expansion
In its efforts to continually review and monitor the safety of our schools, the Upper Grand District School Board is expanding its Video Surveillance Project. Once the project is complete, all UGDSB schools will be equipped with video cameras.

Over the course of next year, all remaining schools – include our school – will have video cameras installed. Much of the preliminary installation work will be completed in the summer months.

As part of the project, school communities will be made aware prior to any of our video cameras being activated and signage will be placed throughout the school.
If you have any questions on how these systems are managed, please refer to the board's Video Surveillance policy (Policy 203) on the board website:
https://www.ugdsb.ca/board/policy/policy-203-video-surveillance/

NOON HOUR SUPERVISOR
Central Public School is looking for a Noon Hour Supervisor! This role is for you if you enjoy working with school aged children, are kind and compassionate, enjoy being part of a team, like the outdoors and are available during the following nutrition breaks. The first nutrition break takes place 10:25 - 11:10 am and the second break from 12:50 - 1:35 pm. The position pays $14.00 an hour. The successful applicant will provide noon hour supervision for students, both in the lunchroom as well as outside on school grounds. The Noon Hour Supervisor reports directly to the School Principal.

12 Ways to Make Sure Your Kids (and You) Get your Dose of VITAMIN 'N' this Summer!

The benefits are clear. Now, more than ever, we can feel good about getting kids and ourselves outdoors and into Nature. Sometimes we need a boost or a new idea, so here's a list of ways to get a dose of Vitamin N:

1. **Put nature on the calendar.** If you plan the family's sports commitments and vacations in advance, do the same for time spent in nature.
2. **Don't tear down the tree, build up the kid.** International play expert Joe Frost says the number one reason kids get hurt climbing trees is because they don't have the upper body strength to hold onto the branch. Think of manageable risk as an opportunity to build strength and resilience in your kids.
3. **Take a city hike.** In urban neighbourhoods, take your day packs, water and digital cameras and go look for nature.
4. **Moon walk.** Walk by balmy summer moons with katydids singing and lightning bugs flashing - there is much magic in the natural world and most of it is free!
5. **Go backyard camping.** Buy the kids a tent or help them make a canvas tepee, and leave it up all summer.
6. **Plant a backyard, community or high-rise vegetable garden.** If your children are little, choose seeds large enough for them to handle and that mature quickly, including vegetables.
7. **Go Native.** Replace part of your lawn with native plants. Create a backyard butterfly pollinator garden.
8. **Go Wildsnapping.** Landscape photography is a great way to experience nature.
9. **Enroll your child in a nature preschool or other nature-based school.**
10. **Start or Join a Family Nature Club.**
11. **Visit a park.** Parks Canada now offers free admission to youth under 17 years. Ontario Parks is celebrating 125 years and has many events planned. Check out their websites and be sure to visit a park this summer!
12. **Be a force for balance.** For every dollar invested in the virtual, invest at least another dollar in the natural. Limit access to texting, computers, and TV part of the day or week. Schedule Saturday as a "Smartphone and iPad-Free Outdoor Play Day" for kids and parents.

Also, check out the
Children's Outdoor Charter:
www.childrensoutdoorcharter.ca/

In Ontario, every child should have the opportunity to:

- *Follow a trail*
- *Explore a park*
- *Harvest something to eat*
- *Swim in a lake*
- *Paddle a canoe*
- *Play in the snow*
- *Build an outdoor fort*
- *Visit a farm*
- *Camp under the stars*
- *Go fishing*
- *Observe plants and wildlife*
- *…Or create an outdoor adventure*

Adapted from: http://www.childrenandnature.org/