



CMES NEWS

February 2018

FROM THE OFFICE...

Hello to our CMES School Community. We have reached the half way mark in our 2017/2018 school year!



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Term one report cards will be sent home on Thursday, February 15, 2018. The academic and social growth in our students is wonderful to witness!

The information in the report card will highlight how well your child has done in reaching the expected level of achievement in academic areas in Term 1, as well as, learning skills and work habits. The comments should reflect how your child is achieving by speaking to their strengths, areas of need, and steps to improve.

Please take some time with your child to review the report card together, celebrating successes and discussing next steps for improvement. Please communicate any feedback, questions, and/or concerns you might have with your child's teacher.

At CMES, one of our academic goals/focus has been on developing numeracy skills with our students. Our CMES teaching staff, throughout the year, has been taking part in professional development about Number Talks. Our next step at this month's staff meeting is to focus on how to assess student understanding when participating in a Number Talk.

February is shaping up to be a busy month with many things happening such as: badminton, speeches, cross country skiing, Learning Common clubs, Eco Club, Black History Month activities, Olympic activities, National Sweater Day, and Winter Walk To School Day. Thank you to our CMES team for your time and commitment in offering our students many opportunities to get involved in school with extracurricular activities.

As always, please check the Upper Grand District School Board website and our Credit Meadows Elementary School website for the latest information and news happening in our Board and school. If you have not done so already, please visit the app store and search UGDSB for our app.

Our CMES team, appreciates the partnership between home and school. Wishing you all a Happy Family Day on February 19, 2018.

Sincerely,
Ms. Lagundzija-deFreitas (P) & Mrs. Papavasiliou (VP)

CMES Parking Lot Safety First

When you enter our CMES parking lots, please ensure that you are always watching closely for any pedestrians, especially our children who can be small and hard to see. Ensure that you are driving slowly and checking for children before entering or exiting the parking lot.

A friendly reminder to parents/guests that the upper parking lot is a KISS AND RIDE ZONE ONLY, please do not stay in this area after you drop off your child. Staff need to park in the staff parking areas, as well as, other parents dropping children off need access to the curb. If you need to stay longer with your child, park in the lower parking lot.

At the end of the day pick up, please do not leave your vehicle. Please do not park in the middle lane blocking vehicles trying to exit, *pull up and pick up*. If your child is late, park in the lower lot or consider parking on a side street and walk to our school. Your children can also walk to a designated pick up area as we have crossing guards at both ends of the school property.

Thank you for your assistance in this very important safety matter concerning our CMES students.



School Council News:

Our next CMES School Council meeting will be on **Monday, February 5, 2018 at 6:30 PM in the Library Learning Commons**. All CMES parents are welcomed!

Please check out: <https://www.ugdsb.ca/creditmeadows/school-council/> for more information. School Council is currently looking for parent prize donations for our Dance A Thon. Please read information on the above website for more information.





Thank You To Our CMES School Council!

Our CMES School Council is comprised of a wonderful group of hard working, dedicated parents who are always finding ways to best support our school community.

Staff and students would like to say a huge "THANK YOU!" to our CMES School Council for your ongoing support and to the many families who continue to support the fundraising initiatives.

Concussion (outside of school hours)

A concussion is a type of brain injury that changes the way the brain normally works. It can affect a student's performance in both school work and physical activities. Rest is very important after a concussion because it helps the brain heal. While a child has a suspected or diagnosed concussion, full participation in school academic and physical activities can worsen symptoms and make for a longer recovery period.

In the best interest of your child, parents and guardians are requested to contact the principal when a suspected or diagnosed concussion occurs outside of school hours (i.e. during outdoor play, sports, or a car accident). The principal will work with you to develop a plan for an individualized, gradual return to full participation in school activities. For more information, visit www.ugdsb.on.ca/concussions.



Health

What a good feeling!

Stay Well Month

Reduce the risk of serious infections - proper hand-washing is one of the best ways to avoid getting sick.

Stay home when you are sick and limit contact with others -Children should not be in school with a fever, undiagnosed rashes, vomiting, or diarrhea and should stay at home at least 24 hours following the end of symptoms.

Cover your mouth and nose - when you sneeze or cough; use a tissue or the bend of your elbow. You can prevent many serious illnesses by keeping immunizations up-to-date for you and your children. Call 1-800-265-7293 for more information.

THE LIBRARY LEARNING COMMONS

Our Forest of Reading programs are in full swing with lots of enthusiastic participants.

February is Black History month

Black History Month exists to remind us all of the rich contributions within our society from people of African and Caribbean decent, and of their ongoing struggle for equity and social justice. This is a time to celebrate the many achievements and contributions of black Canadians who, throughout history, have done so much to make Canada the culturally diverse, compassionate and prosperous nation we know today. It is also an opportunity for the majority of Canadians to learn about the experiences of black Canadians in our society, and the vital role this community has played throughout our shared history. Our library will be recognizing Black History month by offering and displaying many great books and resources.



LOST and FOUND

Please remind your child to check the lost and found bin regularly which is located in the main hall for missing items. We try to display lost items every few weeks. It is helpful to label your child's clothing, especially in the younger grades.

