



Monthly environmental activities to help celebrate our planet

## February 2nd is National Sweater Day!

*Make the Earth better by wearing a sweater*

### Celebrate International Sweater Day on February 2nd!

National Sweater Day is a fun way to learn about the importance of saving energy and to inspire you to use less heat all winter. Heating accounts for 80% of residential energy use in Canada. If all Canadians lowered their thermostats by just 2 degrees Celsius this winter, it would reduce greenhouse gas emissions by about 4 megatons – that's equivalent to taking nearly 700,000 cars off the road! [http://www.wwf.ca/events/sweater\\_day/](http://www.wwf.ca/events/sweater_day/)

National Sweater Day is about thinking differently about how we use energy, where our energy comes from and how we can play an important role in fighting climate change by using energy wisely. It is designed to help raise awareness about renewable energy and change behaviours around energy consumption in Canada.

[assets.wwf.ca/downloads/nsd\\_2017\\_en\\_school\\_toolkit.pdf](https://assets.wwf.ca/downloads/nsd_2017_en_school_toolkit.pdf)



### Ideas for your family to celebrate Sweater Day!

- Turn down your thermostat and wear a sweater!
- Ask your children to brainstorm with you about ways to save energy at home. Make a pledge to implement as many as you can.
- Research the differences between climate and weather. Ask your child to characterize some different climate types (polar, tropical, coastal, etc.).
- Read a children's book on conservation such as: *Why Should I Save Energy?* by Jen Green. Encourage lots of discussion and questions.
- Valentine's Day is just around the corner - use recycled materials to create your cards this year!

For more ideas and fun things to do on International Sweater Day, please take a look at this pdf supplied by WWF [assets.wwf.ca/downloads/nsd\\_2017\\_en\\_school\\_toolkit.pdf](https://assets.wwf.ca/downloads/nsd_2017_en_school_toolkit.pdf)