

ROPES CLIMBING COURSE AT CMES

April 9 – April 13, 2018



Dear Parents and Guardians,

We have been able to book Escarpment Outdoor Adventures to turn our gym into a Rope Climbing Course for all of our students from JK to Gr 8. The program will be safely modified for all age levels. Please sign the waiver on the back of this form to allow your child to participate (one waiver per child). Please return the signed form to your child's teacher by Wednesday, April 4, 2018. This opportunity will allow our students to participate in the climbing activities during Gym periods on April 9, 10, 11, 12, and 13, 2018.

Escarpment Outdoor Adventures has been safely providing climbing programs for the past twenty years to schools across Ontario. Climbing activities are being used across the province as an educational tool to promote healthy active living and to help students develop teamwork skills, mental focus and group dynamics. Aside from the obvious physical challenges, climbing is an excellent opportunity for students to work on problem solving and to develop group and personal safety skills. These activities find a venue for non-traditional athletes to excel, and for all participants to set and achieve personal goals. This is a quote from the company, "Our highly trained staff provides a safe and controlled environment in which your child's safety is our number one concern. As participants in creating the new OPHEA document pertaining to rock climbing, we are aware of and in compliance with all of the guidelines."

We thank our CMES School Council for supporting this program and for helping to off-set the cost for our students. **Please return the signed waiver form, along with your payment of \$8.00 by April 4, 2018.** Payment can be made through our School CashOnline website: <https://ugdbsb.schoolcashonline.com/>. Teachers of Phys Ed will accompany their classes into the gym at their normal gym time. In addition to the EOA staff, there will be some older student helpers available to help with harnesses etc. All harnesses are double checked by a trained adult.

Check out this video link: <https://vimeo.com/152910717>



Kindergarten students and older helpers working together to pull another student up into the air while supervised by the EOA instructor.



A student being belayed by one of the older helpers as she climbs up the ladder. All students wear safety harnesses and helmets when they are off the ground.

INFORMED CONSENT / PERMISSION FORM

TO: Upper Grand District School Board (the "School Board")

AND TO: Escarpment Outdoor Adventures ("EOA")

RE: Participation in Escarpment Outdoor Adventures Portable Indoor Climbing and Ropes Program at:
Credit Meadows Elementary School during the following dates, April 9, 10, 11, 12 and 13, 2018.

THIS FORM MUST BE READ AND SIGNED ON BEHALF OF EVERY PERSON WISHING TO PARTICIPATE IN THE ABOVE PROGRAM.

ELEMENTS OF RISK:

EOA is providing a Portable Indoor Climbing and Ropes Program to the School Board at the above School. Educational activity programs such as this involve certain elements of risk. Injuries may occur while participating in the Program. The following list includes, but is not limited to, examples of the types of injury which may result from participating.

Inherent Risks: broken bones, head injuries, dental injuries, back and spinal injuries, strains, sprains, death. The risk of sustaining these types of injuries result from the nature of the activity and can occur without any fault of either the School Board or EOA. By choosing to take part in this Program, you are accepting the risk that your child may be injured. The chances of an injury occurring can be reduced by the participant carefully following instructions at all times while engaged in the Program.

Neither the School Board nor EOA provide medical or any other insurance on behalf of participants.

I have read the information supplied, understand and accept the conditions outlined on this form, and agree that my child/ren may participate in this Program and I assume the associated risks. I hereby provide permission for my minor child/ren to participate.

Child's Name: _____

Signature of Parent /Guardian: _____

Date: _____