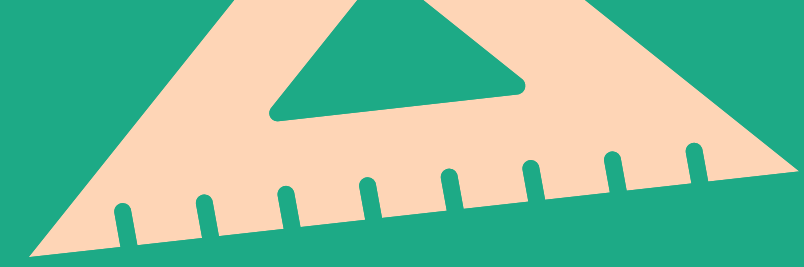
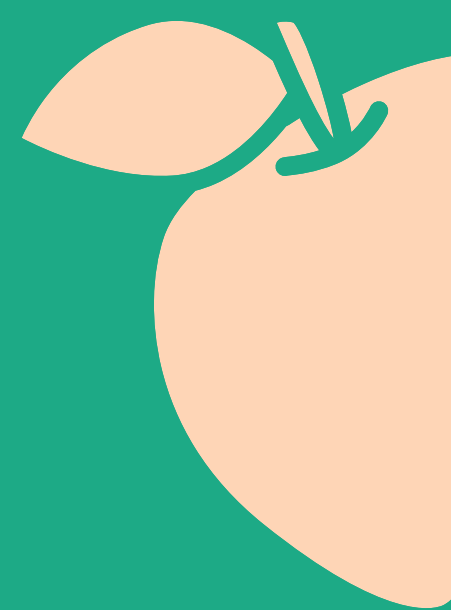




WEBINARS



FOR PARENTS



BUILDING MINDFULNESS IN CHILDREN

NOV 3 @ 4:00 PM

30 MINUTE LIVE WEBINAR

MEET.GOOGLE.COM/UYR-EHET-YSE

PHONE NUMBER
+1 226-314-9641
PIN: 434 710 790#

POSITIVE PARENTING STRATEGIES

NOV 9

@ 4:00 PM

45 MINUTE LIVEWEBINAR

MEET.GOOGLE.COM/KUM-KQNY-AZM

PHONE NUMBER
+1 289-434-8813
PIN: 906 714 626#

SUPPORTING CHILDREN WITH ANXIETY

NOV 17 @ 4:00PM

30 MIN LIVE WEBINAR

MEET.GOOGLE.COM/OMD-WZJB-EUG

PHONE NUMBER
1 289-316-7080
PIN: 594 292 609#

TAKING CARE OF YOU SO YOU CAN BE THE BEST PARENT YOU CAN BE!

NOV 17 @ 4:00 PM

1 HOUR LIVE WEBINAR

MEET.GOOGLE.COM/IFK-QWXQ-VRM

PHONE NUMBER
1 647-737-5425
PIN: 299 070 703#



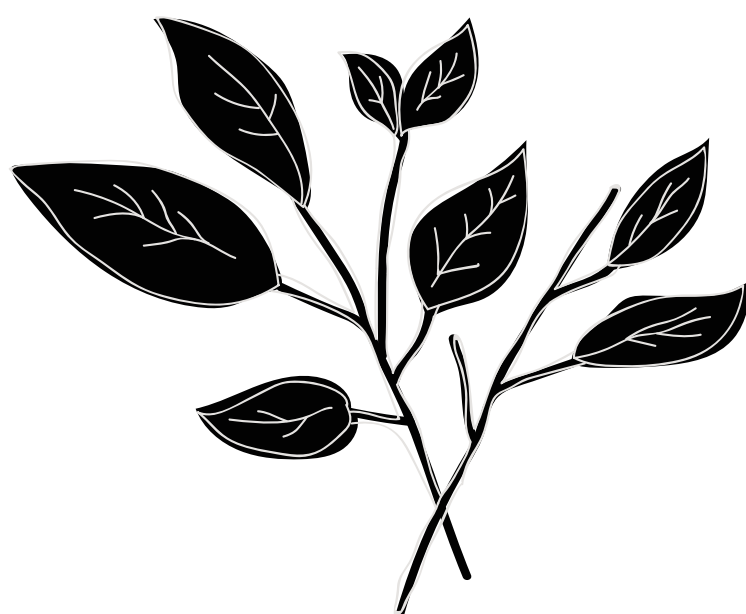
STRATEGIES TO SUPPORT LEARNING AT HOME K-3

NOV 18 @ 1:00 PM

45 MIN LIVE WEBINAR

MEET.GOOGLE.COM/KFZ-CSVJ-KFY

PHONE NUMBERS
778-749-9744
PIN: 297 285 413#



ALL OF THESE WEBINARS AS WELL AS SLIDE DECKS AND Q&A'S WILL BE RECORDED AND POSTED ON [HTTPS://WWW.UGDSB.CA/UNDER PARENTS/MENTAL HEALTH](https://www.ugdsb.ca/under-parents/mental-health)

WE WILL BE SHARING A NEW CALENDAR MONTHLY.

