

AREAS OF
COMPETENCY

COMPETENCY ANALYSIS PROFILE
CHILD AND YOUTH WORKER

⇐SKILLS⇒



PROTECT SELF AND OTHERS U5200.0	Maintain a safe environment 5200.01	Conduct routine safety inspections 5200.02	Practice and implement emergency procedures 5200.03	Plan and implement activities 5200.04	Practice crisis intervention techniques 5200.05
	Implement physical restraint techniques 5200.06	Teach and model safety practices 5200.07	Identify signs and symptoms of substance abuse 5200.08	Identify signs and symptoms of physical, sexual or emotional abuse 5200.09	Respond to accidents, incidents, and occurrences 5200.10
	Protect self and others 5200.11				
PRACTICE AND PROMOTE HEALTH U5201.0	Arrange for health care opportunities 5201.01	Review client's medical, social, and mental health histories 5201.02	Administer medications 5201.03	Store medications 5201.04	Monitor client's response to medication 5201.05
	Recognize and report signs and symptoms of client's health problems 5201.06	Monitor client's nutritional intake 5201.07	Teach and model nutritional practices 5201.08	Promote physical health 5201.09	Teach and monitor hygiene 5201.10
	Provide information on human sexuality 5201.11	Administer ba			
PRACTICE PROFESSIONALISM AND ETHICS U5202.00	Interact with clients 5202.01	Work within the limits of legislation and agency policies 5202.02	Assist clients to access information 5202.03	Promote enhancing behaviour 5202.04	Provide non-threatening supportive services 5202.05
	Advocate client's rights and interest 5202.06				

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COMMUNICATE WITH CLIENTS AND OTHER PROFESSIONALS U5203.00	Observe client behaviour 5203.01	Communicate with clients, colleagues, supervisors and other health and social care professional 5203.02	Interpret and respond to non-verbal communication 5203.03	Collect, analyse and present information in verbal form. 5203.04	Collect, analyse and present information in written form. 5203.04
	Adjust communication style 5203.06				
BUILD RELATIONSHIP U5204.00	Demonstrate interest in client 5136.01	Provide opportunities for client to build self-esteem 5136.02	Negotiate client focused goals 5136.03	Follow through on commitments 5136.04	Delineate roles of self and client 5136.05
	Respond/react to client's behaviour and needs 5136.06				
PROVIDE COUNSELLING U5205.00	Establish counselling environment 5205.01	Establish a working relationship 5205.02	Initiate counselling 5205.03	Facilitate client's identification of goal(s) 5205.04	Assist client in developing an action plan 5205.05
	Assist in client in implementation of action plan 5137.06	Monitor and evaluate progress 5137.07	Modify/reverse the action plan 5137.08	Participate in termination of the counselling relationship 5137.09	
PLAN PROGRAMS U5206.00	Determine the client's physical, mental, social and emotional requirements 5206.01	Assess client(s) strengths and weaknesses 5206.02	Assist in identifying client goals 5206.03	Assist in designing treatment programs 5206.04	Co-ordinate activities 5206.04
	Implement program plan 5206.06	Assist in evaluating the client program 5206.07	Modify/revise program 5206.08		

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APPLY INTERVENTION STRATEGIES U5207.00	Apply behaviour modification techniques 5207.01	Use cognitive restructuring 5207.02	Use conflict resolution skills 5207.03	Assist clients to develop anger management skills 5207.04	Teach clients life and social skills 5207.05
	Use natural and logical consequences 5207.06	Be a positive role model 5207.06	Teach clients alternatives to confrontation 5207.06		
WORK IN A GROUP SETTING U5208.00	Identify purpose and goals of formal and informal group 5208.01	Specify roles of group leader(s) 5208.02	Plan and organize group activities 5208.03	Lead and facilitate group activities 5208.04	Enhance group participation 5208.05
	Evaluate Group interaction and productivity 5208.06	Modify Objectives based on evaluation results 5208.07			
WORK WITH FAMILY U5209.00	Establish and maintain client files 5209.01	Record family dynamics 5209.02	Assist in the identification and assessment of client's needs 5209.03	Establish goals and develop a plan of action 5209.04	Plan and facilitate family members interaction 5209.05
	Teach parenting and life skills 5209.06	Supervise family visits 5209.07	Assist family to access community resources 5209.08	Facilitate family members to assert and express themselves 5209.09	
CULTIVATE COMMUNITY RELATIONS U5210.00	Identify and refer clients to community resources 5210.01	Educate community 5210.02	Liaise with other agencies 5210.03	Provide consultative services to community and organizations 5210.04	Liaise and integrate services with community agencies 5210.05
	Advocate public participation in social issues and public policy 5210.06				

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PARTICIPATE IN A TEAM ENVIRONMENT U5211.00	Promote and maintain professional conduct 5211.01	Acknowledge individual differences 5211.02	Negotiate and resolve conflict 5203.03	Support team members. 5203.04	Participate as a team member 5203.05					
DEVELOP SELF U5212.00	Participate in own performance evaluation 5212.01	Identify areas requiring updating of skills 5212.02	Develop an activity plan 5212.03	Maintain a currency in the profession 5212.04	Identify transference and counter-transference 5212.05					
<table border="1" style="width: 100%; height: 100%;"> <tr> <td data-bbox="344 701 592 909"> Separate personal from professional issues 5212.06 </td> <td data-bbox="599 701 847 909"> Practice stress management 5212.07 </td> <td data-bbox="854 701 1089 909"> Identify and respond to traumatic situations 5212.08 </td> <td data-bbox="1096 701 1315 909"></td> <td data-bbox="1321 701 1542 909"></td> </tr> </table>						Separate personal from professional issues 5212.06	Practice stress management 5212.07	Identify and respond to traumatic situations 5212.08		
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PERFORM ORGANIZATIONAL DUTIES U5213.00	Complete oral or written reports/documentation 5213.01	Perform administrative duties 5213.02	Testify in court 5213.03	Assist in updating agency policy and procedures 5213.04	Schedule workplans and manage workload 5213.05					