

Eligible Activities

SERVICE CLUBS: run celebrity games, special events and walk-a-thons

SPORTS/RECREATION: coach children; volunteer refereeing in charity games; run Special Olympics and summer games; be a leisure buddy

COMMUNITY EVENTS: assist with winter carnival; organize parades and fall fairs

ENVIRONMENTAL PROJECTS: participate in community cleanup, tree planting and recycling programs

VOLUNTEERING FOR SENIORS: help with crafts or reading; remove snow and clean up homes and yards

COMMUNITY PROJECTS: help at food banks and hospitals; provide support services for the housebound or the disabled; participate at humane societies

RELIGIOUS ACTIVITIES: organize youth activities; teach or help with children's programs and classes; lead special events, assist with clerical tasks

COMMITTEES: take a role on advisory boards, neighbourhood associations and regional associations

HIGH SCHOOL: participate in tutoring; organize fund-raising, environmental projects, and special events approved by the Principal

CLUBS AND YOUTH ORGANIZATIONS: volunteer in or lead activities organized by these groups

CHILDREN/YOUTH: help at drop-in centres, breakfast clubs, after-school and March-break programs; help in summer games, playgrounds, camps and child-care centres

ARTS/CULTURE: assist in galleries, libraries, theatres, museums and heritage sites

STUDENT PROPOSALS: take leadership roles or assist with civic projects

Ineligible Activities

A task that is a requirement of a class or course in which the student is enrolled (e.g. Co-operative Education, job shadowing)

Takes place in a logging or mining environment (if the student is under sixteen years of age)

Takes place in a factory (if the student is under fifteen years of age)

Takes place in a workplace other than a factory (if the student is under fourteen years of age, and is not accompanied by an adult)

Involves the operation of a vehicle, power tools, or scaffolding

Involves the administration of any type or form of medication or medical procedure to other persons.

Involves the handling of substances classed as "designated substances" under the Occupational Health and Safety Act

Requires the knowledge of a tradesperson whose trade is regulated by the provincial government

Involves banking or the handling of securities, or the handling of jewelry, works of art, antiques or other valuables

Involves a court-ordered program (e.g. community-service program for young offenders, probationary program)

Any activity that causes a student to contravene his/her school code of conduct

Association with any organization that does not meet the ethical and legal standards, policies, procedures and regulations of both the Ministry of Education and the Upper Grand District School Board

Please note the for the 2022/23 school year the following previously ineligible activities continue to be eligible:

Takes place during the time allotted for the instructional program on a school day. Students should not miss school to earn these hours.

Paid employment (up to 10 hours), provided the student completes a reflection activity (see page 3)

Consists of duties normally performed in the home (i.e daily chores)

Students (aged 14 years and older) counting a maximum of 10 hours from paid employment towards their earned hours must complete the following reflection question and submit it with their Community Involvement Activity Notification Form.

The purpose of community involvement hours as part of the graduation requirement is to encourage students to develop awareness and understanding of civic responsibility and the role they can play in supporting and strengthening their community.

How did your experience in the workplace help you better understand the role you can play in supporting a strong community?

Student's response :
