



FOOD & Friends Program DUFFERIN • WELLINGTON • GUELPH

Food & Friends (Dufferin-Wellington-Guelph) is a program of the Children's Foundation of Guelph and Wellington that encourages all children to eat well in order to positively affect their ability to learn.

Our Mission

We empower children and youth by connecting families with opportunities to build hope for lifelong change and break the cycle of poverty.

Our Objectives

- To bring together individual nourishment programs.
- To support them in the development of their programs.




What We Do

F&F provides support to vulnerable children and youth by:

- Applying for grants on behalf of student nutrition programs
- Ensuring criteria and reporting requirements for grants are fulfilled as these programs are delivered
- Assisting individual programs with their local fundraising efforts
- Recruiting and training volunteers to ensure appropriate food menu planning and safe food handling
- Providing continuity and assistance in the administration of these programs
- Organizing forums to promote best practices to enable continuous improvement
- Maintaining quality assurance regarding guidelines and standards recommended by the ministry and national charities that provide funding for school-based nutrition programs

Our community partners include agencies, organizations and private sector companies who support us in our mission, principals and beliefs.

Quick facts about Dufferin-Wellington-Guelph *Food & Friends*:

-  We supported 103 snack, breakfast, morning meal and lunch programs in the 2016/17 school year.
-  About 1,240 student and 870 adult volunteers help to deliver the snacks, breakfasts, morning meals and lunches in the 2016/17 school year.
-  We provided 2,218,700 meals to almost 16,000 school aged children and youth in the 2016/2017 school year.

For more information contact Anita Macfarlane, Community Program Director at 519-826-9551 ext. 22, anita@childrensfoundation.org or check us out at www.childrensfoundation.org

Bringing Healthy Food to Hungry Minds