

School Newsletter Insert from Wellington-Dufferin-Guelph Public Health November 2018 – Elementary & Secondary Schools

WDG Public Health is pleased to provide elementary and secondary schools with up-to-date information on health topics for their monthly newsletters and announcements to parents. Please find below an insert you can include in your school newsletter and/or announcements if you wish. If you have any questions please contact us at 1-800-265-7293 ext. 4111 or email schoolhealth@wdgpublichealth.ca

Information from Public Health

We're talking about weed – new cannabis information campaign launched!

Wellington-Dufferin-Guelph Public Health has launched a cannabis information campaign to provide youth and adults with information about the health effects of cannabis use, ways to reduce health risks, and links to local resources and support. This campaign features a series of short videos, including one for parents, which encourages parents to talk to their kids about cannabis. More information for parents can be found on our website: www.talkingaboutweed.ca.



Looking for more information? Check out these other parent resources:

- Cannabis: What Parents/Guardians and Caregivers Need to Know (by School Mental Health Assist and Centre for Addiction and Mental Health): <https://smh-assist.ca/wp-content/uploads/PRINT-Cannabis-Information-Document-SMHA-CAMH-ENGLISH.pdf>
- Cannabis Talk Kit (by Drug Free Kids Canada): <https://www.drugfreekidscanada.org/wp-content/uploads/2017/06/34-17-1850-Cannabis-Talk-Kit-EN-10.pdf>