

Dear Parent/Guardian,

On , had at least one symptom that may be caused by COVID-19. They reported or showed signs of:

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| <input type="checkbox"/> Fever (= or >37.8) | <input type="checkbox"/> Loss of taste or smell |
| <input type="checkbox"/> New or worsening cough | <input type="checkbox"/> Headache, chills, fatigue, malaise, or muscle aches |
| <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Nausea, vomiting, diarrhea |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Sluggishness or lack of appetite |
| <input type="checkbox"/> Runny or stuffy nose, or pink eye | |

What should you do next?

- Your child should get tested at a COVID-19 Assessment Centre:
 - Guelph (400 Southgate Dr. – starting Sept. 11)
 - Orangeville (140 Rolling Hills Drive via Highway 10)
 - Fergus (Legacy Groves, 235 Union St. E.)
 - Visit <https://covid-19.ontario.ca/> to find an assessment centre near you.
- Your child should self-isolate at home except to get tested or for a medical emergency
- Avoid contact with others (including household members) as much as possible.
- If you have questions, call your health care provider or Telehealth (1-866-797-0000).

How do you get the test results?

- Test results are available online at covid-19.ontario.ca (if you provided them with a green health card at the time of testing). Click on “view your test results” and enter your child’s information. Test results are usually available within 2-5 days, but may take longer.

What should you do while waiting for the test results?

- You should follow the direction provided by the assessment centre.
- Your child should remain in self-isolation and avoid contact with others as much as possible.
- Other household members—such as siblings—may attend school as long as they have no symptoms and are able to pass the COVID-19 School Screening Tool. They should self-monitor and/or be monitored by their parent/guardian for symptoms. They should isolate immediately if they begin to show symptoms.

What do you do if the test result is **NEGATIVE**?

- When your child does not have a fever (without using medication), it has been at least 24 hours since their symptoms started improving, they can return to school.
- Mild symptoms known to persist in young children (for example, runny nose) may be ongoing at the time of return to school if other symptoms have been resolved.
- Documented proof of the negative test is not required to return to school.
- Siblings (or other household members) of the student may attend school if they pass the COVID-19 screening tool.

What happens if the test result is **POSITIVE**?

- You will receive a call from a Public Health Nurse who will provide you with guidance on what to do. They will also ask you/your child questions to find out who your child may have come into contact with in the last two weeks.
- Public health will also contact your child's school to find out who your child was in contact with and provide them guidance to prevent the spread of COVID-19.
- Your child may return to school following the guidance provided by public health which will include:
 - Student has isolated for 14 days after the onset of symptoms, AND
 - Student no longer has a fever, AND
 - Student's symptoms have been improving for at least 72 hours.
- Students do not need to be retested or present a medical note to return to school.

What happens if my child does not get tested?

- Your child must isolate for 14 days, unless **ALL** the following apply:
 - A doctor diagnosed them with another illness
 - They do not have a fever (without using medication)
 - It has been at least 24 hours since their symptoms started improving
- Other household members—such as siblings- may attend school as long as they have no symptoms and are able to pass the COVID-19 School Screening Tool. They should self-monitor and/or be monitored by their parent/guardian for symptoms. They should isolate immediately if they begin to show symptoms.

How do you get more information?

If you need more information you can go to Wellington-Dufferin-Guelph Public Health's website at wdgpublichealth.ca or call **519-822-2715, ext. 7006** to speak to a Public Health Nurse.