

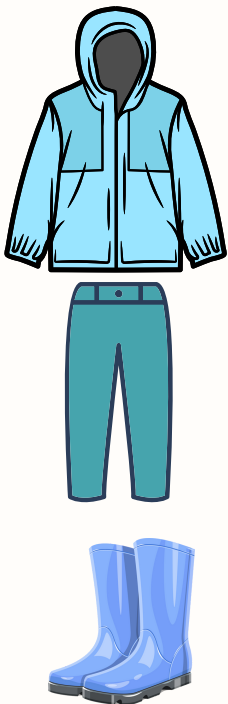
Dress for the Weather!

Your monthly tips and tricks newsletter completed by your School Occupational Therapist (OT)!

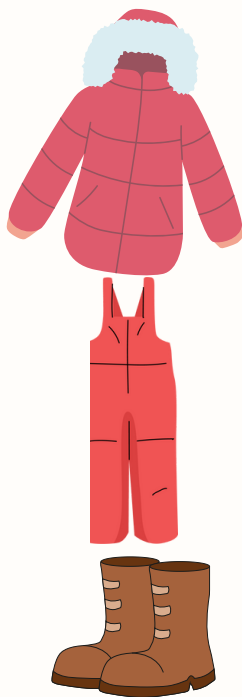
Dress for precipitation:



RAIN



SNOW



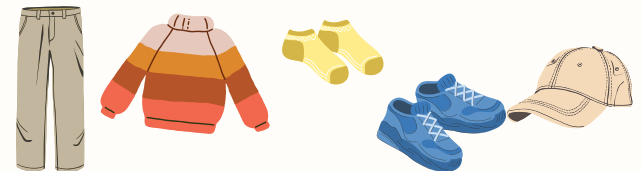
Dress for the temperature!

Dress in Layers:

20+ C



10 + C



0 C



-10 C



-20 C



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