



École FA Hamilton

March 2017

Newsletter

Important Dates

March 10 - Carnaval!
March 13-17 - MARCH BREAK - NO SCHOOL
March 22 - World Water Day
March 23 - SPAGHETTI SUPPER
March 24 - Milk Orders due; Earth Hour
March 28 - Green Legacy Nursery - Primary
March 29 - Grade 3 & 4 to River Run
March 30 - Grade 6 "Garage" Sale

Mondays - Artshine at 3:15 pM
Tuesdays & Thursdays - Popcorn for sale - \$2 - proceeds to grade 6 trip
Wednesdays - Lunch Lady lunches
Fridays - Pokémon Club and Pizza lunches

[Click here to see our whole calendar!](#)



NEEDED! CASUAL LUNCH SUPERVISOR!



We are in need Lunch Supervisors to cover a shift once and a while when a regular Lunch Supervisor is unable to come in. You would need to be available some days either from 10:20-11:20 AM or from 12:40-1:40 PM. This is a great way to get involved at school and earn a little money to go out for lunch when you're done! If you are interested, then please call me at the school (519-836-0080 ext. 223).

Family Games Night Thursday, March 2nd



Winter blues? Need to get out for some family fun? Come play board games and socialize with other FAH students and families this Thursday from 6-8 PM in the gym. There will be lots of easy-to-learn board games for all ages. **THIS IS A FREE SCHOOL COMMUNITY EVENT!**

Popcorn and juice boxes will be available for purchase - proceeds will go towards the playground. Coffee and water will be available at no cost - please bring your own mug or water bottle to help our school stay green.

Children must be accompanied by an adult.

Spaghetti Supper March 23rd

How about a break from cooking dinner? How about a hot, spaghetti supper that you can enjoy with your family and friends from the FAH community? On Thursday, March 23rd, you are invited to join us for an Italian culinary experience like no other! Let the FAH staff serve a meal to you and your family. Dessert and coffee will be for sale in the dining room (otherwise known as the gym) and we are hoping to gather a few choice items for a silent auction. Details will be coming home soon, but do mark the date on your calendar right away! *See you on the 23rd!*



Environment Week at FAH!



We will be participating in lots of meaningful environmental activities starting on March 22nd with World Water Day when we will be promoting the use of reusable drinks containers and the benefits of water as a beverage over juice (which often comes in tetra pak containers that we can't recycle). Next, we'll mark Earth Hour on March 24th from 2-3 PM when we will turn off as many lights as we can (keeping safety in mind) as well as electronic devices. Our final environmental activity will take place on March 28th when our

primary students will plant tree seeds for Green Legacy Nursery. Classes will nurture these seeds until June when nursery staff will return to pick up the trays for transplanting at the nursery. Junior students will go to the nursery in September to spend a day working and learning. Please consider spending some time around the dinner table talking about our responsibility to care for the Earth and possible actions your family could take to reduce their ecological footprint.

Fundraisers for Grade 6 Trip!



Please consider sending a toonie to school with your son or daughter on Tuesday or Thursday over the next few weeks. Our grade 6's are selling packets of popcorn to raise money for their trip to Mansfield!

On March 30th, grade 6's will be hosting the annual "garage" sale where students who are going to Mansfield sell gently used toys and books. Students from the rest of the school will have an opportunity to visit the sale to see if there are any treasures to bring home. Please consider sending a dollar or two to school with your child in order to help support our grade 6's as they get ready to go to camp.

Carnaval

Well, the weather has not been cooperative. After looking at the forecast, it seems we will not be able to have an outdoor winter carnival, but that isn't going to keep us from having some fun! On Friday, March 10th, we will have an indoor Carnaval instead. There will be crafts and activities and all sorts of fun. What a great way to kick off March Break!



Live Free on March 3rd



We receive funding for our school snack program through Food and Friends. We are asking families to consider sending a toonie to school this week to help us to continue to provide nutritious snacks for our students. All the money that the FAH school community sends in will go directly to our own program. This will allow us to continue to offer healthy snacks to any student who is hungry, which allows them to concentrate and learn while at school.

To raise awareness of the fact that many people do not have enough to eat, we will be asking students to "live free" from something they might normally have as a food treat on Friday. I usually choose to live free from coffee for the day. Some people choose sweets or snacks like chips. Missing our usual treats reminds us that most of us are very fortunate to have plenty to eat, but many are not so lucky. Giving up a coffee and sending the toonie to our snack program is an easy way for me to do my part in ensuring that all of our students are able to grow and learn. Please consider a way you can contribute if you are able. We are grateful for your ongoing support of our snack program.

Safety Concerns By the Parking Lot after School

Please do not allow your children to play on the big snowbank at the end of the parking lot right after school. Volunteers, staff and visitors are leaving the parking lot at that time of day and concerns about students walking through the lot and between cars while people are trying to reverse out of parking spaces have been raised with me. In the interests of safety, please wait to play on that snowbank until after 4 PM.



Lunch Lady



the
Lunch
Lady

It is now easier than ever to order Lunch Lady lunches! Not only are the lunches nutritious and popular with children, but all proceeds from the sale of the lunches go right to the school to use for special purchases like art supplies or outside play equipment. Money raised through Lunch Lady helped to offset the cost of the DancEd program this year. I would encourage you to consider supporting our school by ordering a lunch or two, or even a special snack, once and awhile. It gives parents a day off from lunch prep as well!

Popular menu items include whole grain pancakes with yogurt and berries, grilled cheese with carrots and dip, chicken barbecue wrap with apple slices and more! Lunch choices are between \$5-\$6. Some families choose to order a special snack rather than a whole lunch. Kettle popcorn, Caesar salad, frozen yogurt and fresh berry smoothies are popular choices. The snack choices are about \$2.

There are lots of specialized choices as well, including little lunches, gluten free, Halal and more.

Now, you can place, cancel or change your order anytime with 2 school days' notice. Simply go to www.lunchlady.ca and click on ORDER NOW to set up your account and order online. You can pay using Visa, Visa Debit, Mastercard or Interac.

Give yourself a break and support our school at the same time!

Secondary French Review

Parents invited to share feedback on secondary French language instruction

Do you have a child enrolled in high school? Parents/guardians with children in a UGDSB secondary school are asked to complete a short, confidential survey on French language instruction at the high school level, in both Core French and French Immersion. For more information and to complete the survey, please visit www.surveymonkey.com/r/secondaryFSLsurvey.



Vision Health



If you suspect that your child is struggling with vision issues, there are several things that you can do. First, book an eye exam with an optometrist. Basic OHIP coverage for eye exams, is available free of charge, for children from birth to age 19. Speak with your child's teacher regarding your concerns and encourage your child to clearly express to the teacher the difficulties they are having (Are they having trouble seeing things on the board? Are they having trouble copying information? Are they having trouble seeing the information in novels/textbooks/notebooks etc.?) There are a number of

accommodations that can be made to quickly address potential problems, including seating closer to the board or larger print on computers or photocopies. You can also discuss with the classroom teacher or SERT the possibility of making a referral to one of the Vision Itinerant Teachers who provide support to your school.

Your Child's Hearing is Important!

Seventy-five percent of a child's day is spent listening; listening to complex language, directions and instructions which need to be comprehended. Being able to hear peers is important for developing social skills and friendships. That is why it is important that any hearing difficulty be discovered as soon as possible because even mild hearing loss can put a child at risk for academic and communication difficulties. **Audiologists** are experts who assess hearing sensitivity and functioning that provides a window into the language/listening parts of the brain. Since listening is a critical learning skill, test results can be helpful in planning a program of intervention. Students who wear hearing aids, cochlear implants, or use personal FM systems should routinely visit an Audiologist to have their equipment checked. If you suspect your child has difficulty with hearing or attention it is recommended that you have your child tested by an **Audiologist**. To find an Audiologist in your community, visit the website of the College of Audiologists and Speech Language Pathologists of Ontario (www.CASLPO.com) and click on "Find an Audiologist" and search for Private Practice.



At UGDSB you can call 519-941-6191 ext. 231 for information.

Join the global Movement!

Celebrate Earth Hour on March 25th at 8:30pm.



Earth Hour's mission is uniting people to protect the planet by raising awareness of about climate change and encouraging positive action.

Ideas for your family to do for Earth Hour!

Earth Hour belongs to you. Celebrate your commitment to the planet with your friends, family, community or at work - in your own way.

A simple event can be just turning off all non-essential lights on March 25th from 8:30-9:30 pm. For one hour, focus on your commitment to our planet. To celebrate, you can:

- *prepare a candle lit dinner,*
- *talk to your neighbours, or invite people over*
- *stargaze, or go camping in your backyard*
- *play board games, or charades*
- *host a concert, or a sing-a-long*
- *create or join your own community event*
- *have an Earth Hour every month*

The possibilities are endless!