



Live Free Parent/Guardian Letter

Dear Harris Mill Families,

Harris Mill and The Children's Foundation are working hard to meet the growing need in our community, and that includes fighting food insecurity through our Help Kids Live Free from Hunger campaign. 100% of the funds raised between January 9th and March 3rd will go towards providing healthy snacks to students through our Harris Mill Food & Friends program. With your help, we can continue to provide healthy snacks for our school community.

This year, the need is greater than ever. 1 in 5 children may experience food insecurity, and with rising food prices a healthy Food & Friends meal can cost up to \$3.40.

Campaigns like [Live Free](#) help us continue to meet the growing need within our school community and ensure those most in need feel supported. Please refer to our **school cash online** to donate to our school's nutrition program. You can also [Click here to donate](#) to Live Free through the Children's Foundation, if you would like a tax receipt. Please remember to choose our school from the drop-down list so that your donation will be directed to our student nutrition program.

Harris Mill and the Children's Foundation is challenging community supporters - businesses, organizations, families, and individuals to make an impact on the lives of local children and youth by helping meet the regional goal of 30,000 meals. We hope you'll join us in this challenge and help support those in need within our Harris Mill community.

Thank you for helping us bring healthy food to hungry minds!

With gratitude,

Harris Mill

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