

**Compliance of *From Farm To Table – Canada* popcorn products
with the Trans Fat Standards Regulation and
School Food and Beverage Policy (P/PM 150)**

Nutrition facts for *From Farm To Table – Canada* popcorn products have been assessed according to the Trans Fat Standards Regulation and P/PM 150 Nutrition Standards (see criteria listed below).

Trans Fat Standards Regulation:

Trans fat content does not exceed 5% of the total fat content.

P/PM 150 Nutrition Criteria for Grain-Based Snacks:

| Sell Most | Sell Less | Not Permitted for Sale |
|---|---|---|
| Fat ≤ 3 g and Saturated fat ≤ 2 g and Sodium ≤ 240 mg | Fat ≤ 5 g and Saturated fat ≤ 2 g and Sodium ≤ 480 mg | Fat > 5 g or Saturated fat > 2 g or Sodium > 480 mg |

**Assessment of *From Farm To Table – Canada* popcorn products
(23 g serving size)**

| Flavour | Nutrient Content | | | | Category |
|---------------------|------------------|-------------------|---------------|-------------|-----------|
| | Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | |
| Light Butter & Salt | 1 | 0 | 0 | 160 | Sell Most |
| Dill Pickle | 1.5 | 0 | 0 | 200 | Sell Most |
| Kettle Corn | 1.5 | 0 | 0 | 115 | Sell Most |
| White Cheddar | 1.5 | 0 | 0 | 65 | Sell Most |

All products comply with the Trans Fat Standards Regulation and the P/PM 150 “Sell Most” Nutrition Criteria for Grain-Based Snacks

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