



Island Lake Public School

May 2018

<http://www.ugdsb.on.ca/islandlake/>

50 Oak Ridge Drive, Orangeville ON, L9W 5J6 519 941-3292

Fairness, Honesty, Respect, Compassion and Responsibility



Principal and Vice-Principal's Message

Dear Parents and Guardians,
 The icy month of April has begun to thaw as we begin May with some glorious sunshine. Our students have been working hard academically for the final push towards the end of Term 2 and have been involved in lots of activities this past month. We have had students participate in Boys/Girls Basketball, Northmen Lacrosse, the Skills Competition, Grandpals/Wise Ones, a Chess Tournament, Indigenous speakers, and CVC workshops to name just a few. We aren't slowing down in May with Empowerment Day, the Bike "Road"eo, Golf in Schools, Special Olympics, the Rainbow Coalition Conference and the ILPS Talent Show planned. Our Jump Rope for Heart event is set for May 18. On May 16, Island Lake will be represented at the Special Olympics in Guelph by our amazing Special Education students and their teacher and EA's. This Friday, Mackenzie M will be our Principal for the PM!!!

Have a wonderful May!

Mr. Sean Singh (x223) Mrs. Janice Dampier (x 224)
Principal Vice-Principal

School Safety Drills

As a reminder, each year our school must conduct drills to ensure staff and students are prepared in the event of a real emergency. While our school has been conducting fire drills, lockdown drills and tornado drills for the last several years, beginning this school year, we are also required to conduct a bomb threat drill.

For the school year:

- Three (3) fire drills in the fall and three (3) fire drills in the spring
- Two (2) lockdown drills
- One (1) tornado drill
- One (1) bomb threat drill

For each of these drills, there is an educational component to explain why they are necessary. All drills are conducted in a manner that is sensitive to the needs of our students. If you have any questions, please do not hesitate to contact the school office.

Flowers for Furballs SPCA fundraiser

Our Character Crew sold a record breaking 738 Carnations! Thank you to our community and to Mrs. K. Soper, our School Council Chair for sharing her marketing expertise. The flowers will be sent home with students Friday, May 11th. Our community raised \$511 for the ORANGEVILLE SPCA! Our furry friends thank you....

EQAO Dates at ILPS

Education Quality and Accountability Office



All Grade 3 and Grade 6 students will be writing the EQAO test between May 22 and June 4. Please ensure that students get plenty of rest and a healthy breakfast during this time. Please also avoid appointments that may interfere with testing dates.

ARE YOU MOVING?

If you will be moving out of our school area over the summer, please let the school know. This will help in determining our new classes for September. We will be working on class lists for next year in early June, so if you could let us know before then, it would be greatly appreciated. Similarly, if you have new neighbours moving in, please direct them to the school before the end of June to register for September.

ILPS School Organization 2018/19

We are in the process of planning for September 2018. Please note that all schools in our Board will be organized according to the provincial guidelines that provide “hard caps” on primary and junior class sizes. **This means that schools are likely to face reorganization well into September.** Staff have been *tentatively* assigned to specific grades at this point but they may change as our enrolment changes up to and including September. The Staffing Process in Upper Grand is still in process through the summer.

The following are our tentative teacher placements for September 2018:

Tentative ILPS School	Organization 2018/2019
4 Full Day Kindergarten – A.Pesic, A.Helps, J. Birken, P.Palmer (ECE’s to be determined)	Grade 4 – A. Noble
Grade 1 – K. Lindsey	Grade 4/5– J. Broderick
Grade 1 - M. Chabal	Grade 5 – N. Hughson
Grade 1–T. Gear	Grade 5/6 – OPEN
Grade 2 – A. Sanders	Grade 6 – B. Martin
Grade 2 – L. Gillis	Grade 7 – J. Bailey
Grade 2/3 - T. White	Grade 7 – D. Beazley
Grade 3– D. Byers	Grade 8 – M. Miller
Grade 3/4 – K. Andrews	Grade 8 – S. Manzerolle
Grade 4—S. Brock	Special Education– Rebecca Teo

Question for the Principal

Question: How does staff decide which class to place my child in?

Answer: When school staff draft class lists, a variety of factors are taken into consideration. Some of them are as follows:



- Total number of students (must meet Ministry and contractual guidelines)
- Balance of female/male students
- Balance of abilities
- Number of students identified with special needs
- Combinations of students (positive and challenging)
- Formation of interactive learning groups
- Teacher experience
- Parent requests



If parents/guardians wish to make a request for a particular class, it must be supported by specific and detailed reasons.

Our final deadline for requests to be emailed to the Principal is Friday, May 25th, 2018.

email address: sean.singh@ugdsb.on.ca

The request must specify the reason for the request. *We will make every effort to honour parent requests, but please realize that we cannot guarantee that requests will be met, due to the number of variables involved in student placement.*



Today a **READER**,
Tomorrow a **LEADER!**

Island Lake Public School Library

Library Learning Commons News

The LLC has been buzzing with reading, making, and researching this Spring!

Our **Forest of Reading** program involved over 300 students this year from KG to Grade 8. Students will be voting for their favourite book over the next few weeks and our older students look forward to the program celebration by attending the Waterloo Festival of Trees on May 18th.

A huge thank you to all the parents, staff, volunteers, and students who helped support this program and make it a huge success!

Up and Coming: The end of the school year is quickly approaching and **Mon. May 28th** will be the last day of this school year for students to check out books from the LLC. All books should be returned by **Tues. June 12th**.

Monthly Environmental Activities to help celebrate our planet May 22nd is International Biodiversity Day!

It is vital to teach our children to respect and take care of the environment.

Celebrate International Day For Biological Diversity on May 22nd!

The United Nations has proclaimed May 22 The International Day for Biological Diversity to increase understanding and awareness of biodiversity issues.

Biodiversity, a simple word with some very broad reaching implications quite simply means: 'A wide range of life' We need to learn more about it in order to protect it.

"Biodiversity, at the level of species and ecosystems, provides an important foundation for many aspects of sustainability." António Guterres, Secretary-General of the United Nations

<https://www.cbd.int/idb/2018/>

Ideas for your family to celebrate Biodiversity Day!



Visit farmers markets in your local area to try new types of produce. Whether you incorporate heirloom tomatoes into your cooking, or try one of the rainbow of colors of carrots out there that aren't orange, biodiversity can bring a great new experience to your table.

View photos of endangered species on the Internet and discuss the reasons why these animals are threatened and why they should be protected.

Join a community group and help to remove invasive plants from your local environment. These teams of volunteers will gather to remove plants that are impacting the local fauna's biodiversity by taking over natural grow areas.

Get out into the world and enjoy all the different types of life your local area offers. Even a local park can have an amazing variety of life you've never noticed, from the insects crawling through the grass, to the flowers we so clumsily lump together as 'wildflowers'.

Adapted from: <https://www.daysoftheyear.com/days/international-day-for-biological-diversity/>

SPECIAL OLYMPICS – UPPER GRAND DISTRICT SCHOOL BOARD

600 students from the Upper Grand District School Board and Wellington Catholic District School Board will be joining together to celebrate sport at the Special Olympics, May 16, 2018. The event will be held at St. James sports fields, and includes track and field events as well as adaptive events. Athletes flock to the sports fields for the opening ceremonies at 10:00, and compete in 3 events each throughout the day. Family and friends are welcome to join in the fun and cheer on the athletes. Parking is available at the Grange plaza.

Pick up a Red parking Pass from Registration.

Long Term Accommodation Plan Final Report (Draft) - Public Meetings

The Long Term Accommodation Plan (LTAP) Final Report (Draft) is going to be presented at 5 regional public meetings throughout the month of May.

The draft report includes a list of proposed short (1-5 yrs.) and long (6-10 yrs.) accommodation priorities. The report does not include any recommended changes to school programs or boundaries.

We invite you to attend any of the following meetings:

- Wednesday, May 2, 2018, 7-9 pm – Erin PS, gymnasium
- Thursday, May 3, 2018, 7-9 pm – Centennial CVI, cafeteria
- Thursday, May 10, 2018, 7-9 pm – Orangeville DSS, cafetorium
- Wednesday, May 16, 2018, 7-9 pm – Centre Wellington DHS, cafetorium
- Thursday, May 17, 2018, 7-9 pm – Norwell DSS, double gymnasium



Feedback collected in this second phase of engagement will inform staff's work to finalize the LTAP.

Please visit www.ugdsb.ca/ltap for more information and to provide feedback. The LTAP webpage includes all documents including the LTAP Final Report (Draft), an online comment form and an opportunity to sign up to receive updates.



Orangeville District Secondary School

ONE VOICE, ONE TEAM

One Voice, One Team helps students develop their leadership skills and talents to better themselves and their community. This exciting program will be a big part of the secondary school experience at O.D.S.S. We hope you will join us for these opportunities!

May 11, 2018 Team Leadership Event with local feeder schools—Grade 8 students will join Orlando Bowen and the O.D.S.S. One Voice, One Team for an introductory presentation in the O.D.S.S. Cafe

9:15 am—11:30 pm

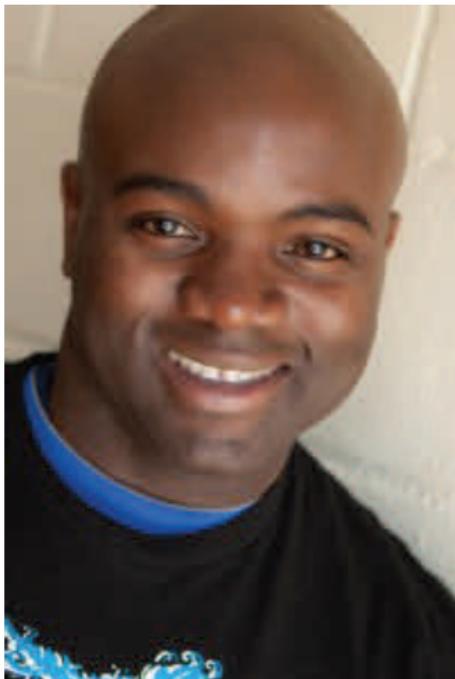
Students from Credit Meadows & Island Lake

12:30 pm—2:45 pm

Students from Princess Elizabeth, Princess Margaret & Mono Amaranth

May 17, 2018 The O.D.S.S. Parent Council is pleased to invite parents and students from our local schools to a One Voice, One Team presentation!

7:00 pm in ODSS café—all are welcome



Orlando Bowen

Motivational Speaker, CFL Alumni & Executive Director is dedicated to making a tangible difference in the lives of today's youth. From motivational speaking to rigorous athletic training programs, there is no limit to what he is prepared to do to reach today's generation with an inspirational message of hope for their future. *"We go in with positive high energy...we leave with positive high energy and the youth connect because its contagious!"* Orlando's mission is to motivate youth to see beyond their circumstances, believe they have more to offer their community and then take action. He engages audiences by using his story and an innovative approach gained from years as a competitive athlete in the Canadian Football League. His heart for youth and his desire to see them reach their fullest potential has made him a sought after inspirational speaker.

Talking about Mental Health - May 7-11 is Child and Youth Mental Health and Well-being Week!

Mental Health is how people think, act and cope with life and the stressors and challenges that are part of living. Someone's state of mental health can influence the ways in which they look at themselves, their life and others around them. It strongly influences an individual's ability to learn and achieve. Increasing our awareness of our mental health and learning how to take care of ourselves and connect to supports are important in increasing our sense of well-being. During Child and Youth Mental Health Week, we will increase our mental health by:

- Promoting an understanding of mental health wellness
- Making the mind/body connection
- Increasing understanding of feelings
- Increasing coping skills
- Developing stress management and relaxation techniques
- Increasing positive lifestyle behaviours (i.e. physical activity, good sleep, hygiene, having a support network)

The **theme** for Child and Youth Mental Health Week at the UGDSB is:

Have a **SUPER** Week!

SUPER stands for the mental health and well-being skills that we will be building each day of the week.

Monday	Social Connection
Tuesday	Understanding Emotions
Wednesday	Personal health – sleep, nutrition, exercise
Thursday	Empathy
Friday	Resilience

- **Monday May 7 -Social Connection** - "Don't be shy. Just say hi!"
Say Hi to 3 people that you do not know. Perform a random act of kindness.
- **Tuesday May 8 – Understanding Emotions** – “Sad, glad, happy, mad – just be you”
Right now, stop and reflect on how you are feeling. Take a couple of moments as a family to do some deep breathing. <http://youth.anxietybc.com/how-do-it> Now, how are you feeling?
- **Wednesday May 9 – Personal Health** - “Healthy Self. Heal thy self”. **Wear green today to support Mental Health Awareness.** Did you know that how our bodies feel affects how good we are feeling? Three of the best things you can do to improve your mood is to exercise, sleep well and eat well. Go for a walk or play a game, get outside, turn off the devices an hour before bed and eat fresh food! The more you do to help your body feel good, the better you will feel!
- **Thursday May 10 – Empathy** - “Be somebody who makes everybody feel like a somebody”. When in doubt – be kind. Try seeing something from another person's perspective today.
- **Friday May 11 – Resilience** - “If Plan A doesn't work, the alphabet has 25 more letters!”.

Mental Health and Well-being means coping with the ups and downs of day to day life. Building more resilient thoughts and skills can really help. Children and youth can also find support by seeking help from caring adults. Take time now to talk with child or youth about who those caring adults are in their lives.

For more information about Mental Health and Well-being and interactive activities with your children and youth:

Mind your Mind (online) www.mindyourmind.ca/Interactives Fun, interactive options for de-stressing for youth.

Smiling Mind (Free App) smilingmind.com.au/An app that guides you through simple, calming meditations.

GoNoodle (Free App) <https://www.gonoodle.com/>



Testing Dates May 22- June 4, 2018

“Show What *YOU* know on EQAO” Tips For Your *Child’s Success!*”

What is EQAO:

EQAO undertakes research for two main purposes:

- to maintain best-of-class practices and student improvement
- ensure high standards of education quality

Standardized tests provide different information. A standardized test is essentially a snapshot in time using one method of assessment. Teachers assess their students using a broad range of tools. A more holistic and complete picture of a student's performance can be seen from various types of assessment that the teacher does throughout the year. (tvoparents.tvo.org)

TIPS FOR SUCCESS

There is no need to study. The EQAO assessment does not count towards a child's marks in grades 3 and 6, so there is no need to increase anxiety by cramming. If you are curious about the questions your child will be asked, check out the [EQAO site](#) and run through [some practice tests](#) yourself so you have some understanding of the structure of the assessment and can better reassure your child.

Remember this is practice. Let your child know that this is a way to show off what he or she knows and to practice test-writing skills so your child can be prepared for tests in later grades.

Be supportive. It is normal and natural to get nervous and this is a big deal for your child. Do not downplay fears or dismiss them as silly. Instead, encourage your child to talk about these fears

Talk to the Teacher. If your child is experiencing severe anxiety, there are things the teacher or school can do to help.

Set the alarm. The best thing you can do for your child the day of the assessments is to make sure your child is well rested, fed and gets to school on time.

Read more. For more on EQAO assessments and what they mean for your child, check out our [Parent's Guide to EQAO Assessments](#).

Understand the Test. Don't use your child's EQAO test scores to measure overall achievement. You're better off relying on regular contact with the teacher who can show you your child's portfolio, which is being updated all year long. You'll have a more clear and accurate picture of your child's progress.

EQAO resources

<http://tvoparents.tvo.org/article/understanding-standardized-testing>

www.eqao.com