



# Island Lake Public School

Home of the Ospreys



## October 2018

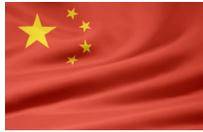
<http://www.ugdsb.on.ca/islandlake/>

50 Oak Ridge Drive, Orangeville ON, L9W 5J6 519 941-3292

Fairness, Honesty, Respect, Compassion and Responsibility.



### Principal & Vice- Principal's Message



Dear Parents and Guardians,  
We have had a busy start to the school year as we welcome many new families to Island Lake! Our reorganization has gone smoothly thanks to all of our staff, students and parents. All of our students are now settled in their new classrooms and we are waiting for our Gr 5/6 portable to arrive.

Thank you to all that attended our Meet the Teacher/School Council BBQ night. It was lovely to see you mingling. We had wonderful weather and are looking forward to seeing you in the school again for other special events.

Once again, from Oct 1-5, we welcome international students from China to Island Lake PS. This is an excellent opportunity for our students to establish global connections and promote inclusiveness. We are very grateful to our teachers and our student buddies for all their efforts to make our visitors comfortable. Last year's visit was a great experience. We look forward to meeting this year's group.

Lastly, please ensure that students dress for the weather this month. With the shifts in temperature it makes sense to send your child in layers so they can adjust what to wear throughout the day. Students need to be prepared to be outside for at least a 20 minute break twice daily.

As always, our door is open. Please contact us if you have any concerns whatsoever and we will do our best to address them.

Sincerely,

*Mr. Sean Singh (x223)  
Principal*

*Mrs. Janice Dampier (x 224)  
Vice-Principal*

### **Photo Day**



**October 2nd, Edge Imaging will be doing our individual photos. Class photos are to be taken in the Spring.**

### **Terry Fox Run**

Thank you to our students for participating in the Terry Fox run on September 27th that was organized by Ms. Sanders, Ms. Miller and Ms. Manzerolle. We raised money for a great cause and had lots of fun. There was lots of learning about Terry and the example he set for us all.

### **ILPS Buddy Benches are here!**

The School Council Buddy Benches have been installed in our Kindergarten and Primary Yards.

The buddy bench is a simple idea to eliminate loneliness and foster friendship on the playground. Let's spread the message of inclusion and kindness!

Over the next few weeks classroom teachers will explain the purpose and the benefit of using the buddy bench to our students.

We believe that starting them off early in life with the message of empathy, caring and compassion will benefit them as they grow and interact with others.

Thank you to the School Council and our sponsors for funding the benches for ILPS.

### ***Milk & Food Days***

We are offering the Milk program again this year at Island Lake. Milk Tokens are sold for \$1.00/carton on a daily basis.



School Council will be starting their meal days soon. Thank you to the volunteers that make these days possible. If you would like to spend a few minutes helping out on Meal Days distributing food, please let us know in the office.

### ***Remembrance Day request:***

On November 9, Island Lake will be having our Remembrance Day assembly. Once again, we would like to include a slide show containing photos of any students and staff members who had relatives who served in a war or peace keeping mission. Students and staff are invited to bring in or email photos to Ms. Helps. Please be sure to include the name of the person who served as well as the event and date along with the name of the ILPSS student and their teacher. Entries will need to be in to Ms. Helps ([ahelps@ugcloud.ca](mailto:ahelps@ugcloud.ca)) by Friday October 26th. Parents and guardians are welcome to join us at the assembly.

### ***Island Lake Grade 7 Community Connection***

Last year, Mrs. Bailey's grade 7 class participated in the Moccasin Project. Da-giiwewaait (so they can go home) is a national campaign to raise awareness about child apprehension impacting Indigenous children in Canada.

Through education and citizen action their goal is to eradicate racism and bring children home to their families and communities. Our grade 7 class got involved to help make some of the 165,000\* moccasins for the Indigenous children affected.

We were told about the Moccasin Project by Nancy Rowe of the Mississaugas of New Credit First Nation and Colinda Cline, our Board's FNMI Curriculum Lead, both of whom generously worked with the students through our learning process.

The students spent a good deal of time in class learning about the *truth* part of truth and reconciliation. Part of this learning included the intergenerational impacts of the residential school system and continued colonization on families and communities. The students came away with the understanding that there is a lot of work (and learning) to be done if we are to truly work toward reconciliation. They wanted to do something tangible to try to make a difference. The class hand-made a number of moccasins and have donated them to the staff and clients of Native Child and Family Services of Toronto. We are proud of their learning and community-minded action.

### **Grade 8 Ottawa Trip Parent Information Night**

On Wednesday, October 3rd between 6:00 and 7:00pm in **Room 203**, Brightspark Tours will be hosting an information night in our Library. Parents/Guardians of Gr 8 students are invited to attend. See you there!

## **Life-Threatening Allergies**

We have children in our school with potential life-threatening allergies to various foods and other materials called anaphylaxis. This is a medical condition that causes a severe reaction to food or other materials, and can cause death within minutes. In recent years, anaphylaxis has increased dramatically among students.

Although this may not affect your child's class directly, we are letting you know so that you may refrain from sending foods to the school that contain peanuts and nuts. We aim to create an allergy safe environment at our school.

If your child is in a classroom with an anaphylactic child, or your child has anaphylaxis, you will be contacted by the classroom teacher.

Our school has procedures in place to help manage anaphylactic reactions. If your child has health concerns of any kind, please tell your child's teacher or the office and we will take the necessary health protection steps.

Thank you for your understanding in ensuring an allergy-safe environment for all of our students.

## **Learning about residential schools on Orange Shirt Day**

September 30 is Orange Shirt Day, a day for people to come together in the spirit of reconciliation and to keep discussing openly all aspects of residential schools.

Orange Shirt Day originated in the spring of 2013 as a response to Phyllis (Jack) Webstad's story about when she had her shiny new orange shirt taken away on her first day at the St. Joseph Mission residential school.

September 30 was picked as Orange Shirt Day, as this is the time of year in which children were taken to residential schools.

According to event organizers, "Orange Shirt Day is also an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come."

Since September 30 is a Sunday, our school will encourage students and staff to wear orange shirts on October 1.

For more information about Orange Shirt Day, please visit [www.angeshirtday.org](http://www.angeshirtday.org).

(Similar to Pink Shirt Day, students do not need to own/wear an orange shirt. Anything that has orange in it would be able to be worn as a show of support)

## ***Volunteers & Paid Positions***

Volunteers are always a valuable resource in the school. We appreciate the many, many hours that parents and volunteers provide in order to work with students and assist with the many events that occur at the school. We also ask that all volunteers report to the office to sign in upon arrival, pick up a volunteer badge and sign out when leaving the building.

We are also always on the lookout for Back-Up Lunch Supervisors as well as Emergency Occasional Teachers and Educational Assistants. Please check in the office if you are interested in these paid positions.

Currently, we have a few openings for lunch supervisors. If you would like to supervise students during eating time and outside on the playground, please contact Mrs. Dampier in the office at 519 941 3292, extension 224. We also need people who are available on short notice to cover for absences.

## **ON OCTOBER 3rd, UGDSB IS CELEBRATING WALK TO SCHOOL DAY**

Walk to School Day is an international event that encourages students to be active on their journey between home and school. The Wellington-Dufferin-Guelph Active and Safe Routes to School (ASRTS) committee encourages parents and guardians to walk, bike or wheel to school with us on Walk to School day October 3rd. The ASRTS committee is encouraging schools with bussed students to also participate by organizing a walk around the school yard at lunch or before bell time.

Walking and riding to school are great ways to include physical activity into the day, and it is well known that students who use active travel to get to school arrive alert and ready to learn.

As a parent you can help your child learn about walking or riding to school safely:

- Be a good role model. Demonstrate road safety rules with your child (e.g. looking both ways when crossing the street).
- Plan a walking or riding route. Assess potential hazards with your child. Encourage your child to stick to the route.
- Remind your child about personal safety. Point out the houses of people you know where they can go for help if needed.
- Adopt a buddy system. Walk with a "walking buddy" – a sibling or a friend.
- Ask that electronics like iPods and cellphones be put in their bag while walking to school. Pedestrian safety is compromised by texting, earphones and cellphone conversation.
- Talk about the rules of the road and pedestrian safety.

Visit [www.saferoutestoschool.ca](http://www.saferoutestoschool.ca) for more information and resources on active school travel.

# Let's WALK!

## Celebrate IWALK Month 2018!



**October is International Walk to School (IWALK) Month.**

*Students around the world are walking & wheeling to school. Join the movement!*

UGDSB is celebrating Walk to School or

Walk at School Day on Wednesday, October 3<sup>rd</sup>, 2018.



@OntarioAST

#Active2School



[www.ontarioactiveschooltravel.ca](http://www.ontarioactiveschooltravel.ca)

### ***Bikes, Skateboards, Rollerblades, Scooters and Wheel Shoes***

Skateboards, bikes, scooters and rollerblades can be used as transportation to and from school. For safety, we ask that students carry them when they are on school property. Students should wear their helmets when riding and should walk their bicycles when on school property. We ask that students do not wear wheeled shoes at school unless the wheels have been removed. We thank you for helping to keep the playground and school building safe for our students.

### ***Appropriate Clothing***

Weather can be unpredictable in Autumn. Unless there is heavy rain, extreme cold or an electrical storm, students go outside for recess. All children should come to school with a sweater or jacket in their backpacks in case the weather becomes unseasonably cold.

Two sets of footwear are also required—one for indoor use and the other to wear outside. Running shoes are the safest choice for footwear. For safety reasons, flip flops and shoes without backs are strongly discouraged.



Join over 200,000 students and teachers across Canada who are helping to raise awareness about the importance of outdoor education.

#### **GET INVOLVED**

1. Commit to spending 1 hour outside on October 24.
2. Email [info@takemeoutside.ca](mailto:info@takemeoutside.ca) and say "We're in!"
3. Get outside!



For more information please visit [takemeoutside.ca](http://takemeoutside.ca)