## **Athlete and Parent Co-Curricular Commitment and Consent Form**

Athletics at John F. Ross represents a serious commitment by coaches, players and parents. Student athletes must be in regular attendance and making a positive contribution in a full time academic program. They must exhibit exemplary behaviour and obey all team specific rules regarding practices and expectations established by the coach.

Competitive athletic programs inherently involve certain elements of risk. Accidents may occur in practices or games causing personal injury. Concussion, dental or orthopedic injury to ankles, knees, collarbones, arms, wrists and fingers are the most common.

These accidents can occur without any fault on the part of the student, coach, supervisor or facility. By choosing to participate in athletics you are assuming the risk of an accident and must understand that you will bear the responsibility for any accident that might occur.

The Upper Grand District School Board does not provide any accidental death, disability, dismemberment or medical expense insurance on behalf of students participating in athletics. In order to participate, your athlete must be covered by the Reliable Student Accident Insurance or by your private coverage plan.

To help defray the costs of transportation and officials for our athletic program, there will be a minimal fee charged for each team. In addition we appreciate any support you can provide for away games, meets or tournaments. Under our new Field trip guidelines any driver who is transporting a student other than their child will need to submit a Vulnerable Sector Check/ Offense declaration to the school and have their trip approved by the Principal. For the time being a Personal Offense declaration will suffice until the VSC is completed. Please see the reverse for more information.

At John F. Ross, we believe that finances should never be a barrier that prevents a student from the opportunity to tryout and play on our many sports teams. If a student athlete needs assistance with payments, please speak with your coach as soon as possible. The coach will then consult the in-school team with options that best address each situation individually. Financial assistance can be found through public programs such as Jump Start and Free to Grow- Children's Foundation of Guelph and Wellington. If you would like more information please do not hesitate to contact your coach.

We are sure your athlete will find involvement in our athletic program a worthwhile experience and we invite you to support our teams on the sports fields and in our gymnasiums. Please return the section below to the staff advisor or coach.  We understand and give permission for our child to be transported by a school-arranged bus or other approved means to the scheduled competitions. We have read the above and understand that in participating in athletics we are assuming the risks associated with doing so.	
I give permission to participate on the team for the duration of this season.	

Signature of Parent/Guardian: