



Canadian Mental  
Health Association  
Waterloo Wellington

Association canadienne  
pour la santé mentale  
Waterloo Wellington



# GUELPH | WELLINGTON YOUTH RESOURCES

## THE GROVE YOUTH WELLNESS HUBS

[WWW.THEGROVEHUBS.CA](http://WWW.THEGROVEHUBS.CA)  
833-43-GROVE (47683)

THE GROVE UNIVERSITY OF GUELPH  
50 COLLEGE AVE W, GUELPH ON

THE GROVE YMCA-YWCA GUELPH  
130 WOODLAND GLEN DR, GUELPH ON

THE GROVE FERGUS  
900 TOWER ST S, FERGUS ON

THE GROVE ERIN  
10 THOMPSON CRES, ERIN ON

THE GROVE PALMERSTON  
390 MAIN ST E, PALMERSTON ON

## CMHA HERE 2/47

[WWW.HERE247.CA](http://WWW.HERE247.CA)  
1-844-437-3247

## KIDS HELP PHONE

[WWW.KIDSHELPPHONE.CA](http://WWW.KIDSHELPPHONE.CA)  
CALL: 1-800-668-6868  
TEXT: 686868

## CHILDREN'S FOUNDATION OF GUELPH-WELLINGTON

[WWW.CHILDRENSFOUNDATION.ORG](http://WWW.CHILDRENSFOUNDATION.ORG)  
519-826-9551  
5068 WHITELAW RD, UNIT 2, GUELPH ON

## WES FOR YOUTH ONLINE

[WWW.WESFORYOUTHLOONLINE.CA](http://WWW.WESFORYOUTHLOONLINE.CA)  
519-507-3737  
4 PARK ST, WALKERTON ON

## YOUTH SERVICE HUB - WYNDHAM HOUSE

[WWW.WYNDHAMHOUSE.ORG](http://WWW.WYNDHAMHOUSE.ORG)  
519-822-2768  
133 WOOLWHICH ST, GUELPH ON

## BIG BROTHERS BIG SISTERS

[WWW.BIGBROTHERSBIGSISTERS.CA](http://WWW.BIGBROTHERSBIGSISTERS.CA)

BIG BROTHERS BIG SISTER OF CENTRE  
WELLINGTON  
900 TOWER ST S UNIT 100A,  
FERGUS ON  
519-787-0106

BIG BROTHERS BIG SISTER OF GUELPH  
285 WOOLWICH ST,  
GUELPH ON  
519-824-5154