

JOIN US at



THE GROVE
YOUTH WELLNESS HUBS ONTARIO

**youth
wellness
hubs**

The Grove
Wellington
Guelph

ONTARIO



THIS SUMMER

**Ages
12-26
Welcome**

We have...

- Art & Crafts
- Video games
- Cooking & Snacks
- Games & Activities
- Wellness support

And it's ALL FOR FREE



***or turning 12 before Dec 31st**

**Designed
By Youth,
For Youth!**

Locations:

- Erin
- Fergus
- Guelph
- Palmerston



Scan to find the location
nearest to you



Toll free: 1 (833) 434-7683

Learn more at thegrovehubs.ca



**Need a ride?
ASK US!**

Our team will work
with you to find a
free ride to one of
our sites



Canadian Mental
Health Association
Mental health for all



**youth
wellness
hubs**
ONTARIO



@thegrovehubs