FOR PARENTS

BUILDING MINDFULNESS IN CHILDREN

NOV 3 @ 4:00 PM

30 MINUTE LIVE WEBINAR

MEET.GOOGLE.COM/UYR-EHET-YSE

PHONE NUMBER +1 226-314-9641 PIN: 434 710 790#

TAKING CARE OF YOU SO YOU CAN BE THE BEST PARENT YOU CAN BE!

NOV 17 @ 4:00 PM 1 HOUR LIVE WEBINAR

MEET.GOOGLE.COM/IFK-QWXQ-VRM

PHONE NUMBER 1 647-737-5425 PIN: 299 070 703#



POSITIVE PARENTING STRATEGIES

NOV 9
@ 4:00 PM
45 MINUTE LIVEWEBINAR

MEET.GOOGLE.COM/KUM-KQNY-AZM

PHONE NUMBER +1 289-434-8813 PIN: 906 714 626#



ALL OF THESE WEBINARS AS WELL AS SLIDE DECKS AND Q&A'S WILL BE RECORDED AND POSTED ON

HTTPS://WWW.UGDSB.CA/UNDER PARENTS/MENTAL HEATLLH

WE WILL BE SHARING A NEW CALENDAR MONTHLY.

SUPPORTING CHILDREN WITH ANXIETY

NOV 17 @ 4:00PM

30 MIN LIVE WEBINAR

MEET.GOOGLE.COM/OMD-WZJB-EUG

PHONE NUMBER 1 289-316-7080 PIN: 594 292 609#

STRATEGIES TO SUPPORT LEARNING AT HOME K-3

NOV 18 @ 1:00 PM 45 MIN LIVE WEBINAR

MEET.GOOGLE.COM/KFZ-CSVJ-KFY

PHONE NUMBERS 778-749-9744 PIN: 297 285 413#

