

Le Nid d'Aigle The Eagle's Nest



Katherine Wainman, Principal
397 Stevenson St. N, Guelph ON, N1E 5C1

Jylian Buitendyk, Office Co-Ordinator
Tel: (519) 763-7374 Fax: (519) 763-6344

OCTOBER 2015

Principal's Message

September seems to have flown by so quickly. Although the leaves are slowly beginning to turn colour, the weather has generally been very cooperative. Students and staff seem to be settling into a good routine. It has been an exciting time here at École Edward Johnson. The third phase of the School Council Greening Project has been completed. At recess time, it is clear the playground is much loved and used by our students. **Be sure to come to the grand opening on Friday, October 4th from 5:30 to 7:30!!**

On September 14th, members of the School Council and interested parents met to talk about the upcoming year and on September 21, School Council held its yearly elections. Currently, the members of the council are the following:

Chair: Amanda Gudino; *Co Chair:* Rebecca Deckers; *Treasurer:* Suzanne Williams;
Secretary: Shirley Ann Young; *Communications:* Alana Sutherland

Of course, all parents are invited and encouraged to attend. **Please note due to the upcoming federal election, the School Council meeting has been moved to Tuesday, October 19th from 6:30 to 7:30 in the library.** See you there!

Please note some upcoming dates:

Thanksgiving is October 12, 2015

Junior Cross-country Running Meet is Monday, October 19th in the morning

Traffic Safety for Grade 1's is October 29, 2016 in the gymnasium

PD Day is Friday, October 30, 2015

Looking forward to a fantastic October!

Katherine Wainman

Please be advised of the UGDSB Transportation Policy:

It is the responsibility of parents to determine whether or not it is safe for their children to leave for school in inclement or severe weather.

a) When a bus does not travel a route in the morning due to fog, ice or snow conditions, it will not travel that route in the afternoon.

b) If parents elect to drive their children to school, they are responsible for their children's pick-up at dismissal time.



Individual Education Plans

An Individual Education Plan (IEP) is a written plan describing the special education plan and/or services required by some students with accommodated or modified programs. These plans are based on a thorough assessment of the student's strengths and needs which affect the student's ability to learn and demonstrate learning. An IEP will contain instructional accommodations and/or modifications of a student's program to assist in achieving learning expectations. IEPs for students reflecting accommodations will only be sent home once, at the beginning of the year. On the other hand, IEPs reflecting modifications will be sent home at the beginning of each term and will outline the student's learning goals for the term. If you have any questions regarding your child's Individual Education Plan, please speak with the classroom teacher, Mme Motto the resource teacher, or Mme Wainman.

Colder Temperatures

As we approach the colder winter season, we remind you to please assist us in helping your child be prepared for the weather as it can be quite cold on some days, especially early morning with the recent frosts. Students need to dress warmly for the outdoor recess periods. For some of our little ones, a change of clothes (socks) can also be necessary when those rainy day puddles come into play.

Allergy Reminder

Please be reminded that we do have students at our school who are severely allergic to peanuts and nut products. We ask for your continued support in creating an environment that is as allergen-free as possible.

Student Lunchroom Behaviour Expectations and Responsibilities

1. Stay in your seat unless given permission
2. A hall pass is needed to use the washroom or drinking fountain
3. Clean up your eating area and put your garbage away
4. Use an indoor talking voice
5. Stay in your designated classroom
6. Leave in an orderly fashion when dismissed by monitors
7. Listen to Lunchroom monitors and supervisors.





Student Punctuality

Being on time is an important life skill that we encourage all our students to display. When students arrive on time, they receive an overview of the day's activities and allow the teacher to efficiently complete the general housekeeping activities such as taking attendance or the collection of forms and money. They hear the announcements which inform them of general school information and are a part of the opening exercises. Being on time also eliminates unnecessary disruptions to classes. We appreciate the effort made by most students to be on time. Punctuality is a benefit for the students as well as a courtesy to others.



October's Environmental Theme: PROTECT OUR EARTH

This year we will challenge ourselves to LIVE green every day, because one small change one day at a time adds up to a world of difference. The environmental theme for September is sustainability. 'Sustainability' means protecting our Earth and using Earth's natural resources carefully, like forests, water, minerals, and fossil fuels.

Part of living in a sustainable way is using, buying and eating only what you really need. This saves resources and cuts down on waste too. For example, do you really need a new pencil case or pencil crayons or a brand new eraser every year, or do your old ones still work? Do you throw your leftover lunch items in the garbage at school, or do you take them home and eat them for a snack after school? Do you buy vintage clothing or wear hand-me downs? Do you eat meat every day, or do you eat vegetarian at least once a week, like those who have accepted the 'Meatless Monday Canada' challenge.

To find out how carefully you use the Earth's resources, Google the following words: "zero footprint calculator" and take the footprint calculator quiz. It will tell you how many Earths we would need to survive if everyone lived like you!

Slogan of the month: Sustainability – choosing to live better with less!





Talking About Mental Health!

Welcome to the new school year! My name is Dr. Lynn Woodford and I am the Mental Health and Addiction Lead for the school board. Every month I write a column for school newsletters about mental health and provide strategies and resources for families.

Hope that the transition back to school has been a positive one for you and your family. If your child or youth is experiencing any challenges with the transition back to school, please talk to your child or youth's teacher or administrator.

The UGDSB has many resources available on its website: <http://www.ugdsb.on.ca/> for parents and students to access. To access these resources: click on the Parent tab then click on the Mental Health Tab. There is also a Student tab with a Mental Health tab, which you can share with your children and youth.

Once you are on site, you will find information about local mental health and addiction resources:

- Canadian Mental Health Association Waterloo Wellington Dufferin Branch (CMHA WWD)
 - To access Addictions, Mental Health (including eating disorders and first episode psychosis) and Crisis Services (Guelph/Wellington for Children/Youth and Guelph/Wellington/Dufferin for Adults) contact:
 - HERE247 at 1 844 437 3247 (1 844 HERE247)
 - www.here247.ca
 - Walk in Services on Tuesdays for Children/Youth 1:30- 7:00
 - 485 Silvercreek Pkwy, Guelph
 - wwd.cmha.ca
- Dufferin Child and Family Services (Services for Children/Youth in Dufferin County)
 - To access Addictions, Mental Health and Crisis Services
 - 519-941-1530
 - Talk in Services on Tuesdays 1:00- 7:00
 - 655 Riddell Road, Orangeville
 - <http://dcafs.on.ca/>

There is an Access to Mental Health Resources document that provides more details about counselling and supports in Guelph Wellington Dufferin.

There are also links to useful websites with information for parents about mental health and addictions such as:

- Kids Help Phone (1 800 668 6868) www.KidsHelpPhone.ca provides phone and web counselling for youth under the age of 20. Support is free, 24/7, anonymous and confidential.
- The ABCs of Mental Health <http://www.hincksdellcrest.org/ABC/Welcome> provides information related to different mental health concerns, according to developmental ages.

Hope these resources are helpful for you and your families. Hope you have a wonderful fall!

Dr. Lynn Woodford is the Mental Health and Addiction Lead for Upper Grand District School Board



Blue Jay Fever

Have you caught Blue Jay Fever yet, or are you already thinking about the NHL pre-season? Maybe you're not a sports enthusiast, and instead are busy taking your children to dance, swimming or music lessons. Whatever the case, why not incorporate math into these afterschool activities? Here are some quick and easy connections to share with your children on those early mornings, after school or late night drives that connect math to our everyday lives.

1. **Batting average**

This number tells fans how many times a player gets a hit compared to the amount of times he gets up to bat. Simple division is used to figure out a batting average. For each game divide the number of hits the player gets by the number of times he is at bat. The answer should result in a decimal answer. (For example: Bautista gets up to bat 8 times, but he only hits 5 times. The equation would be 5 divided by 8 giving a batting average of 0.625.)

2. **Staying out of the penalty box**

Which fraction is largest: $\frac{5}{4}$, $\frac{4}{3}$, $\frac{3}{2}$ or $\frac{2}{1}$? If the Leafs have a 5 on 4 advantage, and Phaneuf has to decide whether to draw an opponent away from the play, it's important for him to know that $\frac{4}{3}$ is a larger fraction than $\frac{5}{4}$. Math tells us that 4 skaters have a better advantage over 3 than 5 skaters have over 4.

3. **Patterns in Music**

Musical pieces often have repeating choruses or bars, similar to patterns. In mathematics, we look for patterns to explain and predict the unknown. Music uses similar strategies. When looking at a musical piece, musicians look for notes they recognize to find notes that are less familiar. In this way, notes relate to each other. Relationships are fundamental to mathematics and create an interesting link between music and math. Listen carefully to the music next time. You'll definitely hear the patterns!

4. **Swimmingly Mathematical**

Speed of swim (measurement of distance and time), surface area of palm (area measurement of odd shape), kicking angle of the legs (trigonometry, angle), rhythm of the stroke (sequence, counting, pattern sector), and breathing (volume of air required, space measurement) are all about the math!

5 **The Science of Dance**

There's the symmetry (between arms and legs, but also between bodies and within a single body), counting, rhythm, momentum, mass, connection, sequence, and shape. Every area of math can be expressed with the human body.

Source: <https://www.google.ca>

Go Math Go! Go Math Go! Go Math Go! Go Math Go! Go Math Go! Go Math Go! Go Math Go!

The Special Education Advisory Committee (SEAC)

The Upper Grand District School Board has established a Special Education Advisory Committee (SEAC) in accordance with the Education Act. SEAC is made up of local parent representatives of Provincial Associations, two school trustees and interested local community representatives.



SEAC members receive orientation and training to become informed on important topics in Special Education:

- Sections of the Education Act relating to Special Education
- Regulations and Ministry memoranda
- Board policies regarding Special Education
- The Board Special Education Report
- Roles and responsibilities of SEAC
- The funding of Special Education

What does SEAC do?

- Makes recommendations for the establishment, development and delivery of Special Education programs and services for exceptional pupils in our Board.
- Participates in the Board's annual review of its Special Education Report.
- Participates in the Board's annual budget process and financial statement review as they relate to Special Education.
- Provides information to parents, as requested.
- Supports the Special Olympics Annual Track and Field day.

Procedures for Selecting Members

- nominations from local associations
- approaching local chapters of provincial associations for suggestions
- writing a presentation that can be shared with parent councils, families of schools, etc. to get the information about SEAC into the community

Meeting Times and Dates

The SEAC meets on a regular basis. Meetings occur on the second Wednesday of each month at 7:00 p.m. at the Upper Grand District School Board office at 500 Victoria Road North, in the Board room. Meetings are open to the public. Members of the public should contact Program Services (Krystyna Gazo at 5199416191 ext. 254) to confirm the time, date and location of the meetings.

Further information regarding SEAC, as well as Special Education in Upper Grand District School Board can be found on the [UGDSB Special Education Plan.](#), as well as the [Board website](#)

Chromebooks in your public library!



Upper Grand students can now get a Chromebook to do assignments after school, evenings and Saturdays

