

# Le Nid d'Aigle The Eagle's Nest



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## Principal's Message

As I look over the past school year, I find myself reflecting on all the activities that have taken place here at École Edward Johnson. It has been an honour to work with such a great school community. I have learned so much over this year and have really appreciated all the support and kindness. I am truly grateful to have had the opportunity to work with a wonderful group of students, teachers, support staff, and parents.

The month of June is always exciting with report cards, graduations, field trips, and a variety of activities. We are looking forward to these exciting events. Also, don't forget about Family Fun Night **Thursday, June 2** from 5:00pm to 7:00pm. Please refer to the dates listed below for details on all the upcoming events.

Watch for the final edition of the newsletter to come home during the last week of school. There will be a number of information items pertaining to next year.

Enjoy this beautiful spring weather we are having and hope to see you at some or all of our school events.

K. Wainman

### **Important Dates**

- EQAO continues daily right up to Wednesday, June 8.
- Wednesday, June 1 Environment Assembly (Third Block)
- Thursday, June 2 (Grade`s 4s and 5s to Medieval Times)
- Thursday, June 2 (KA trip to Rowe Farms Henke/Lamer)
- Friday, June 3<sup>rd</sup>, P.A. Day (no school for students)
- Friday, June 3<sup>rd</sup>, Kindergarten Orientation 9:00 – 10:00
- Monday, June 6 (Grade 5 Shark Swim 9:45- 10:45)
- Monday, June 6<sup>th</sup>, 9:15am – 10:00 am School Visit for students with last names beginning with A to M (inclusive).
- Tuesday, June 7<sup>th</sup>, 9:15am – 10:00 am School Visit for students with last names beginning with N to Z (inclusive).
- Tuesday, June 7<sup>th</sup> (KE to Everdale Farms, Young/Teasdale)
- Wednesday, June 8 to Friday, June 10, Camp Paradise for Grade 6 students
- Thursday, June 9 Kindergarten (Campbell) Trip to Everdale Farms
- Thursday, June 9, (Grade 3 Shark Swim 9:15 – 10:15)
- Wednesday, June 15 (Grade 5 Shark Swim 9:45 – 10:45)
- Thursday, June 16, (Kindergarten Graduation 9:45 – 10:45)
- Friday, June 17 (Scientists in the classroom Mme Owen`s class)
- Monday, June 20 (Grade 3 Shark Swim 9:15 – 10:15)
- Thursday, June 23 (Rockwood Trip Mme Anselmini-Lofton and Mme Eddington)
- Friday, June 24 (Rockwood Trip Mme Campbell, Mme Owen, Mme Roberts)
- Monday, June 27(Grade 3 Shark Swim 9:15 – 10:15)
- Monday, June 27 (Grade 6 Graduation 6:30 – 7:30)
- Tuesday, June 28 Reports Go Home
- Tuesday, June 28 Grade 1s to Riverside Park
- Wednesday, June 29 Awards Assembly and Talent Show in gym at 9:15/Last day of school.
- Thursday, June 30 PD Day

### **Start Date for September**

Next year, our students will be back in class on Tuesday, Sept. 6, 2016 following the Labour Day weekend.

### **Are You Moving?**

Another reminder to please contact Mrs. Buitendyk in the office at 519-763-7374 if you know that you will be moving and your children will not be attending our school in September. Also, please contact the school if you have made any changes to your home phone number, place of employment, etc. It is always important to keep our records up-to-date.



### **Lost and Found**

Our lost and found box is again overflowing with clothing and other student items. Over the next few weeks, these items will be set out and viewed by classes. Please remind your child(ren) to check for lost items. At the end of the year, all remaining items will be taken to a charitable organization.



### **Thank You**

A huge thank-you to our Edward Johnson School Council for supporting learning as well as assisting with the costs of many activities over the course of this past year. Thank you to all who helped with our regular Council-endorsed activities such as Pizza Days and our very successful Milk Program. As well, a special thank-you to those parents who took on a lead capacity in various roles required to make special events take place. It's been a lot of work, but our wonderful parents have handled it all!

### **September Classes**

An important part of planning for next September is student class placements. On June 3<sup>rd</sup>, teachers begin the process of organizing classes for next September. Please be reminded that when recommending class placements, teachers draw upon their knowledge of the children regarding their strengths and needs as well as their social interactions. While we value your suggestions, we cannot guarantee particular placements. Unfortunately, at this time, the staffing process is not yet completed and this will not be finalized until a later date. Staff changes and the school organization for the 2016-2017 school year will be communicated on our school website once all the details have been finalized.



### **Kindergarten Orientation**

On the June 3<sup>rd</sup> PD Day, Kindergarten orientations will be held in the gym for the parents of our new 2016 Junior Kindergarten students. We look forward to welcoming children from a number of new families to our school community as well as several children who have brothers or sisters already attending École Edward Johnson. As for our new JK students, they are invited to come and visit École Edward Johnson on

Monday, June 6th, 9:15am – 10:00 am for students with last names beginning with A to M (inclusive) and Tuesday, June 7th, 9:15am – 10:00 am for students with last names beginning with N to Z (inclusive).

They will have a chance to visit the classrooms, meet with their teachers and participate in some exciting welcome-to-school activities. It's all about getting ready for the BIG day! Welcome to everyone!



### **Student Medication**

If your son/daughter has medication in the office (EPI Pens, Puffers, etc.), it will be sent home with them on the last day of school. If you would prefer to pick up any medication at the office, please contact Mrs. Buitendyk at 519-763-7374 and she will set it aside for you to collect.



### **Summer Safety**

Summer is a carefree time for children and with school out, we need to reinforce the need for safety. Construction is increased and there are more heavy vehicles on the roads which can pose a danger for our children. At school, we are reminding our students about keeping safety in mind when they're playing outside during their break from school and classes. Parents can do their part by reinforcing the usual road safety rules so that our children are aware when they're out and about, riding their bikes and having fun with their friends.



## **Talking About Mental Health June 2016 – Successfully Shifting from School to Summer**

It is an exciting time of the year. The weather is getting warmer, days are getting longer and summer is just around the corner. School is wrapping up and it is time to think about how to have a good transition from school routines to summer vacation.

The shift from school year to summer break is easy for some, but more challenging for others, particularly those children and youth who experience anxiety or have difficulty with transitions.

So a good transition to summer is important and can lead to a more positive, fun summer experience.

### **Here are some practical tips to make a smooth transition from school to summer:**

Post the summer schedule. Have your child or youth contribute to a family calendar. Be sure to note blocks of unscheduled time as well; that way, you can anticipate free time to use as you wish – even if it's just to enjoy a break in the action.

Be prepared to be spontaneous. Keep a running list of places and people to visit when time permits and the mood strikes. Summer is a good time to stop by the library, bike trail, or concert-in-the-park that you can't seem to get to during the school year.

Revamp – but don't eliminate – your child's daily routine. A daily routine gives most kids a sense of structure and security.

Prepare your child for their scheduled activities. If possible, visit the locations where they will be during day camp or day care in advance. Have your child talk to counselors, caregivers, as well as other kids who have enjoyed those same situations and settings.

Get outside and enjoy the summer. Try to limit the amount of time online, watching TV, or playing video games. Be active and get plenty of sleep and exercise. Being outside, such as going for a walk or playing in the park, elevates our mood and makes us feel less anxious.

Hope you have a wonderful, relaxing, fun summer. However, if you find mental health challenges to be increasing or causing more difficulties over the summer, seek out mental health or addiction supports for your child/youth, you and your family.

## Summer resources for Mental Health and Addiction supports:

Your family physician and family health teams in Guelph, Wellington, Dufferin are excellent resources.

### Canadian Mental Health Association WWD (CMHAWWD):

Tuesday Walk In - 1:30-7:00, 485 Silvercreek Parkway, Guelph.

To access services for Children, Youth and Adults in Guelph/Wellington: : 1 844 HERE 247

(1 844 437 3247)

<http://here247.ca/>

### Dufferin Child and Family Services (DCAFS):

Tuesday Talk In – 1:00-7:00 pm, 655 Riddell Road, Orangeville.

To access services for Children and Youth in Dufferin: 519 941 1530.

<http://dcafs.on.ca/>

### Family Counselling and Support Services:

Walk-in, Wednesday, 1-7, sliding scale, based on ability to pay, but will not turn anyone away. 109 Surrey St E, 519 824-2431.

<http://familyserviceguelph.on.ca/>

**KidsHelpPhone** 1 800 668 6868. <http://www.kidshelpphone.ca/>

*Dr. Lynn Woodford is the Mental Health and Addiction Lead for Upper Grand District School Board*

*Follow me on twitter: @drlynnwoodford*

## Creating Independent (Math) Problem Solvers

I was working in two different classrooms in two very different schools and noticed that the children approached solving problems in math differently. When children were given a problem in one classroom, their hands would immediately go up in the air with cries of, “I don’t get it,” or “I need help,” or “What do I do first?”. In the other classroom, when children were given a math problem, instead of asking for help right away, they would give it a try.

I was curious about the different student approaches to solving a math problem and I wanted to know how these students solved other problems. So I asked each group of children, “When you want to play with a friend, what do you do?” Here’s what they said:

School A	School B
“My mom calls her mom.”	“I go knock on his door and ask if he can play.”
“My mom calls and sets up a play date.”	“I call her on the phone and then walk over to her house.”

<p>“My dad texts her mom to see if we can play.”</p> <p>“I ask my mom if she can drive me to his house.”</p>	<p>“Lots of kids meet at the park after school. I go there and play with my friends.”</p> <p>“I ride my bike to her house. If she’s not home, I go see if someone else can play.”</p>
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Which school had children who asked for help with the math problem right away? Which children tried the math problem on their own first?

To be successful in math, children need to be able to solve problems. When children are provided with opportunities to solve their own problems in life, they are more willing to tackle math problems on their own. Think about some of the “problems” children may experience every day:

- Deciding what to wear
- Taking what they need to school for the day (e.g., lunch, homework, shoes)
- Finding friends at recess
- Choosing what do after school
- Being hungry and needing a snack

If parents and teachers solve these problems for children, we take away the chance for children to develop problem solving skills and the belief that they can do things on their own. We cannot expect a child who has everything done for them in life to be an independent problem solver in math.

By stepping back and providing children with the opportunity to solve their own little problems, like what to wear or how to get together with a friend, we prepare them for tackling bigger problems later on, like the ones they get in math class!

- Megan Haessler, Curriculum Leader

### **Literacy Corner**

As we finish our school year and get geared up for summer, we would like to suggest some tips that parents can use when reading with their children over the holiday months.

#### **DO**

Before you read:

\* Discuss the cover and the title and encourage your child to predict what the story might be about.

As you read:



- \* Encourage the use of strategies to figure out unfamiliar words.
- \* Have your child summarize what happened on a page or pages that were read.
- \* Stop your child before something in the story is about to change and have your child predict what will happen.
- \* Encourage your child to point to each word.

After you read:

- \* Have your child retell the events in his/her own words.
- \* Have your child tell you about his/her favourite part and why it is their favourite part.

## DON'T

- \* When your child hesitates on a word, don't immediately tell him/her the word. Instead, encourage them to use strategies to figure out the word.
- \* Don't cover up the pictures as they carry important clues about the words.

## June's Environmental Theme: CARING FOR THE ENVIRONMENT: ENVIRONMENTAL STEWARDSHIP



Caring about the environment is all about “doing”. So get out there and start doing all the things you've learned about this year. It's time for all of us to start Living Green 365 days a year and make a commitment to environmental stewardship, so we can keep our Earth healthy!

Caring about our planet means being educated about our planet. Learn as much as you can. Earth needs smart people to take care of it! Be curious, ask questions, gather knowledge and find solutions. You need to understand what the problems are in order to fix them.

Every one of us is important when it comes to caring for the Earth and protecting it for the future. An advocate is someone who publically speaks or writes or does actions to support an important cause. What kind of “Earth Advocate” are you? Choose from the following list:

**A) Activist:** I want to help others to change their habits to help the Earth. I want to host an event or make a website that encourages others to Live Green. I want to write letters to our government to ask them to make positive changes.

**B) Motivator:** I will help others change their habits by being a role model that others can follow. People will see me living green and making a difference and be motivated to do the same.



C) **Educator:** I will research environmental issues and tell other people what I learn. I will be curious and ask questions and gather knowledge and find solutions to environmental problems that I will share with others.

So decide what kind of “Earth Advocate” you are. You can be more than one type!

***Slogan of the month: Live Green 365 days a year!***

### **One Last Newsletter**

Watch for the final edition of the newsletter to come home during the last week of school. There will be a number of information items pertaining to next year such as important dates and staff changes at Edward Johnson.



**Bonnes vacances  
À tous!**

