



L' École Edward Johnson School
Learning for Life Apprendre pour la vie
397 Stevenson Street North Guelph, Ontario N1E 5C1
Telephone: 519 - 763-7374 Fax: 519 - 763-6344
Katherine Wainman: Principal
Jylian Buitendyk: Office Coordinator



May 2018



Important Dates:

- May 2, Grade 6 Fundraiser Chicken Pick-up (3:30 - 4:45),
- May 2, Grade 4's to Emergency Preparedness Day (9:00 - 11:00)
- May 2, Annual Spring Thaw Art Show (6:00 - 7:30)
- May 3, Empowerment Day Grades 5 and 6 for full day
- Scientists in the School (various days in the month)
- May 4, Sharks Grade 3's (9:00 - 10:30)
- May 4, V.I.P. Celebration Grade 6's (1:30 - 2:30)
- May 7 - 11, Education Week
- May 7, School Council Meeting (6:30 - 8:00) in library
- May 10, Dance Workshops for Grades 1-3 all day
- May 10, Sharks Grade 3 (9 - 10:30)
- May 10, Sharks Grade 5 (9:30 - 11:30am)
- May 11, Jump Rope for Heart (more details to come)
- May 11, Sharks Grade 3 (9 - 10:30)
- May 11, Sharks Grade 5 (9:30 - 11:30)
- May 14 and 15, EcoStars Gr. 5's all day
- May 16, Grade 6 Trip to Green Legacy full day
- May 17, Formal Day!!! Dress-up for some school spirit!
- May 17, Bicycle Safety with Guelph Police Grades 3, 4, and 5
- May 18, School Track and Field (letter has already gone home)
- May 21, Victoria Day (no school)
- May 22, Green Legacy Visit (Potwin and Roberts) full day
- May 23, Green Legacy Visit ((Anselmini-Lofton) full day
- May 22, Grade 6's visit King George PS (10:30- 12:30)
- May 24, Rain date for School Track and Field
- May 25, Trees for Guelph Planting (volunteers needed)
- May 28 - June 1 (EQAO Testing Window)
- May 30, Sharks Gr. 5 (9:30 - 11:30)
- May 31, Zehrs Tour (Crawford and Martinez)
- Last week of May is Bike to Work and School Week (Friday, June 1st we have a special event...see below)



Principal's Message:

Although the weather wasn't very cooperative in April, I think we can officially welcome the warm weather. Our field was a bit of a mud bath for a while, but looks like it is now drying out. The students are busy enjoying this new found space and playing outside in the fresh air.

The month of May is going to be a busy one! We have our Primary and Junior EQAO testing coming up for Grades 3 and 6. Many field trips have been planned. Students are busy gardening. Photos are being taken. The school really is just humming with activity.

Don't forget to come out for our **Spring Thaw Art Show on Wednesday, May 2 from 6:00 pm to 7:30 pm**. This annual event really showcases the extraordinary talent in our school. Don't forget the public calendar on the Edward Johnson website will be updated constantly to keep parents up to date with new events.

Hope you get the chance to get out and enjoy this beautiful weather with your child(ren).

Sincerely,

Katherine Wainman

Please click on link below to access the school calendar which is updated on a regular basis.

[**Ecole Edward Johnson Calendar**](#)

A word from the School Council

Wednesday, May 2nd @ 6 - 7:30pm

Edward Johnson School's hallways will be displaying the student's art work for the annual:

Spring Thaw Art Show

Featuring a Makerspace for students to paint a rock for the school rock garden!

Monday, May 7th from 6:30 - 8pm : School Council Meeting to decide the 2018/19 School council fundraisers and events.

Join the School Council's Facebook page @
Edward Johnson School Council

Volunteer's are always welcome, please email
ejschoolcouncil@gmail.com

Coming soon....

Family fun night June 7th 5 - 7pm.

Plans for a Family Bbq, ice cream truck, games, photo booth, face painting by Cleo the clown and her painting pals, bake sale and more!

Reminders:

School Council
Meeting: May
7th from 6:30 -
8pm

Mother's
Day
May 13th

Holiday
Weekend:
May 19 - 21



Long Term Accommodation Plan Final Report (Draft) - Public Meetings

The Long Term Accommodation Plan (LTAP) Final Report (Draft) is going to be presented at 5 regional public meetings throughout the month of May.

The draft report includes a list of proposed short (1-5 yrs.) and long (6-10 yrs.) accommodation priorities. The report does not include any recommended changes to school programs or boundaries.

We invite you to attend any of the following meetings:

- **Wednesday, May 2, 2018, 7-9 pm – Erin PS, gymnasium**
- **Thursday, May 3, 2018, 7-9 pm – Centennial CVI, cafeteria**
- **Thursday, May 10, 2018, 7-9 pm – Orangeville DSS, cafetorium**
- **Wednesday, May 16, 2018, 7-9 pm – Centre Wellington DHS, cafetorium**
- **Thursday, May 17, 2018, 7-9 pm – Norwell DSS, double gymnasium**

Feedback collected in this second phase of engagement will inform staff's work to finalize the LTAP.

Please visit www.ugdsb.ca/ltap for more information and to provide feedback. The LTAP webpage includes all documents including the LTAP Final Report (Draft), an online comment form and an opportunity to sign up to receive updates.



EQAO Testing Dates

The following dates (May 28 - June 1 inclusive) are the days our Grade 3 and 6 students will be completing the EQAO assessments. Our window for test days at our school will extend from May 25 to June 8. It is very important that all students complete all aspects of the assessment. We ask that you keep these days in mind when planning family holidays, doctor's appointments, etc., for students. We have a number of parents who have kindly offered to come in and help. A sincere thank you to all of our parents.



Talking About Mental Health – April 2018 Spring Clean Your Mental Health!

It's Spring! Flowers blooming, birds chirping, sun shining. There is nothing quite like it. Often we Spring Clean our homes – tuck winter away, clean out the cobwebs and get ready for summer. Spring is a time of renewal. Why not use this momentum for a mental health renewal?

Let the sun shine in ...

Try and 'spring clean' your emotional and mental spaces this month. Get rid of emotional debris that is no longer serving you. Here are some ideas to help get you started on your mental health Spring Clean. Focus on things that make you happy and give you a clear, fresh state of mind

Start a Journal Writing can help articulate your thoughts, clear your emotional space and help put things into perspective. Try having a family journal time where once a week everyone journals/records their thoughts and feelings. This can help clear your mind of clutter and also get things out of your mind and onto paper. Don't worry about punctuation or spelling – it's just for you.

Be Aware of Your Thoughts Sometimes we don't even notice the negative things we say to ourselves. Try to notice your thoughts and reframe thoughts into kindness. Instead of "We never have time to sit down as a family for dinner" try "When we sit down as a family for dinner it is such a treat". We are careful of how we speak to others but often not so careful about how we speak to ourselves. Practice your own self compassion this month.

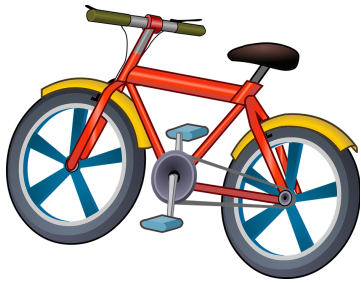
Enhance Your Physical Health Physical wellness is a big part of maintaining mental well-being. Exercise, sleep and eating well all contribute to positive well-being. Try replacing soda or coffee with herbal tea. Try going for a nature walk or scavenger hunt with the family. Yoga, Pilates and meditation

can also enhance both your emotional and physical well-being.

Remember, each day is fresh start – just like Spring. Have a great April! (Jenny Marino, Mental Health and Addictions Lead Upper Grand District School Board)

Jenny Marino, Mental Health and Addictions Lead

Bike to School and Bike to Work Week (The last week of May)



We would like students to consider biking to school with an adult on Friday, June 1. At 8:15 am, we'll take a group photo of staff , students and parents who came to school on bikes. Door prizes will be available.

In order to remember to bike safely, please remember these tips:

- always wear a helmet
- make sure your brakes are working
- follow the rules of the road
- watch out for cars pulling out of the driveway.
Make eye contact with them.
- get off your bike when at the crosswalk or busy street and walk your bike across
- children are allowed to ride a bike on the sidewalk.



Bicycle Helmets

For the past several years, information has been shared with you related to the importance of children wearing helmets for cycling, in-line skating, and skateboarding. You should also be aware of the potential hazard that exists

when children wearing bicycle helmets are playing on playground equipment. Helmets can become wedged in small openings and straps entangled in the equipment that may result in strangulation. With warmer weather approaching, we would ask that you join us in reinforcing to your children that they need to wear helmets when riding or skating, but also of the dangers of wearing their helmet while on playground equipment.



Are You Moving From Edward Johnson ?

Please contact the office if you know that your children will not be attending Edward Johnson in September. We are in the process of organizing and staffing our classes for next year. Numbers are critical for this process. As well, if you know of any “new” students who have not yet registered, please encourage them to do so since that makes our planning much easier.