



L' École Edward Johnson School
Learning for Life Apprendre pour la vie
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November 2018

Principal's Message

There are lots of great activities coming up at school. Please be sure to check our Website and in particular, the school calendar. It is updated as events occur. Also, School Council has a great FaceBook page that will keep you up to date. As recently communicated, we have **Spirit Wear** for sale and our **Indigo Fundraising Event** on November 12 from 6:00pm to 8:00pm.

Don't forget that the colder weather is now upon us. Be sure to send your child(ren) to school in warm clothing. It's a long and uncomfortable recess without the proper clothing. Thanks for your attention to this.

You will be receiving your child(ren)'s progress report on November 20. This is a great opportunity for reflection and I hope as you look over your child's progress report, you take the time to reflect on his/her learning style and learning needs. This report is not an evaluation of your child's achievement. Rather, the purpose is to give students and parents early and specific feedback regarding general progress during the first two months of the school year. The Progress Report will tell you how well your child is developing in their learning skills and work habits, as well as how they are progressing in the different subject areas. Instead of assigning a grade at this time, teachers will indicate how well your child is progressing: "very well", "well", or "with difficulty." The Progress Report also highlights areas of strengths and areas that need to be improved. Evaluation or marks are included on the Term 1 and 2 reports in February and June.

I will outline some of the "bigger" activities taking place, but please be sure to check on the website calendar as well.

Some upcoming important dates:

- Thursday, November 1, Pyjama Day for whole school
- Friday, November 2, PD Day (no school for students)
- Monday, November 5 - Friday, November 9 --Treaty Recognition Week
- Monday, November 5 Photo Re-take Day (morning)
- Monday, November 5 School Council Meeting (6:30pm - 7:30pm)
- Friday, November 9, V.I.P. (Grade 6's in Library)
- Friday, November 9. Grade 3's to Doon (full day)
- Friday, November 9, Special Remembrance Day Program in Gymnasium at 11:45am
- Monday, November 12, Chapters/ Indigo Fundraising at Stone Road Mall (6:00pm - 8:00pm)
- Wednesday, November 14 Diabetes Awareness Day (Wear blue!)
- Monday, November 19 - Friday, November 23 Bully Prevention Week (more details to come)
- Tuesday, November 20 - Progress Reports go home
- Monday, November 26 (Brent and Sarah Bullying Magic Show)
- Monday, November 26 - Junior Volleyball tournament at Ken Danby PS
- Friday, November 30, PD Day (no school for students)

Parent/Teacher Interviews

Your child(ren)'s progress report will go home on Tuesday, November 20th, and in most cases, interviews with teachers will be on Thursday, November 29th from 3:15 p.m. – 7:45 p.m. and on Friday, November 30th between 8:30 a.m. – 3:15 p.m.

We are utilizing the on-line Upper Grand Interview Booking System, in an effort to help you more easily coordinate times for the various teachers with whom you want to meet. **This booking system will open on Wednesday, November 21 at 7:00am and will close on Wednesday, November 28th at 3:00 p.m.** The following is the URL to access the website:

<https://webapps.ugdsb.on.ca/InterviewSchedule/Account/Login>

The only information you will require to log into the system is your child(ren)'s **9-digit OEN number (located on the top of the first page of the progress report) and his/her birthdate.**

Once you have entered the booking site, you simply check off the teachers you would like to meet, as well as a time slot. That time slot then becomes unavailable to anyone else. Once you have finished booking your interviews, it is also possible to print out your schedule, complete with teacher names, time and location.

If you are unable to meet the teacher on the provided dates, please contact the teacher directly to arrange a mutually agreed upon time (519-763-7374).

If you have any questions or concerns about using this booking system, please do not hesitate to ask for assistance.

Monthly environmental activities to help celebrate our planet



Friday November 23rd is BUY NOTHING Day!

Celebrate Buy Nothing Day on November 23rd!

Buy Nothing Day is an awareness day highlighting society's habit of buying too many things. It is a day for society to examine the issue of over-consumption and is held on 'Black Friday', which is one of the busiest shopping days in the United States. <https://en.wikipedia.org>



“We are also consuming and trashing clothing at a far higher rate than our planet can handle. Today's trends are tomorrow's trash. The only solution is to reduce our levels of consumption.” *Dr Kirsten Brodde of Greenpeace Germany*- <https://www.telegraph.co.uk>

Repair, reduce, re-use, recycle – 4 R’s are best!

It's time for a new kind of materialism, based on an economy of better, not more... that makes things which last and can be repaired many times before being recycled, from furniture to tools, cars, fridges, clothes and food. ‘Repair, reduce, re-use, recycle’ could be the new model. <https://www.theguardian.com>

Some great ideas for your family on Buy Nothing Day!

- Instead of shopping, enjoy a day in the great outdoors by walking trails or going to the park.
- Recycle school supplies such as binders, workbooks, pens and pencils instead of buying new.
- Donate clothes, books, toys and games your family does not need any more.
- Think of things you can make or do for people as gifts without spending any money.

Either way, there’s no doubt that going without buying anything for an entire day is quite a challenge in the modern world, and will serve to make you think about what your life is really about!

<https://www.daysoftheyear.com/days/buy-nothing-day>



Mental Health Bulletin

Talking About Mental Health November 2018 – Nature and Mental Health

Fall is here and so is that pre-winter chill! Getting outside makes such a difference to how we all are doing inside. Spending time in nature improves our mental health and well-being. Being outdoors is a simple way to add some much needed down time from screens. Adding some time in nature is having some much deserved peace and quiet in our busy lives. One study showed that even 5 minutes in nature improves our mood. 5 minutes! We all can take 5 minutes (or more if we have it) to go outside and enjoy nature.

If you want your family:

- To be less stressed
- To be happier
- To be more resilient
- To feel better about themselves
- To have increased attention
- To have a better ability to learn

Then **GO OUTSIDE!** Take your kids outside! Enjoy and be part of nature.

Try this:

- Go for a walk
- Head for the woods – make a scavenger hunt
- Go birdwatching – make it a game to find the names of all birds you see
- Go on a bug hunt
- Watch the clouds float by
- Make a game of identifying all the sounds you hear outside

If you are not sure where to go, check out the links below for lots of great parks in our area.

<http://guelph.ca/living/recreation/parks/>

<http://www.wellington.ca/en/discover/trailsandforests.asp?hdnContent=>

<https://www.grandriver.ca/en/grand-river-parks.aspx>

<http://headwaters.ca/experience/parks-conservation-areas/>

<https://www.uoguelph.ca/arboretum/>



Lost and Found

The Lost and found will be on display for the week of November 26th to 29th. When you come in to meet with your child's teachers, please have a look through the items. We have some great ideas on how to organize the items in the lost and found. If you have some time on Monday, November 26th, please come down to help us organize all the items.



Bully Prevention Week

Along with an assembly, we have lots of activities planned to raise awareness and educate our students about bullying for the week of November 19-23. Here is what we have planned so far:

- Daily announcements to educate and raise awareness about bullying and ways to stop it
- Daily read-alouds focused on kindness and tolerance
- Buddy Bench - reminder to students of its purpose and how to use it
- Report a Bully - reminder to students of the website they can go to to report incidents of bullying at school (<https://webapps.ugdsb.on.ca/reportbullying>)

A WORD FROM SCHOOL COUNCIL

Thank you to all parents, caregivers and community members for continuing to support our school as we head into November and our busiest season. There are

many activities coming up and we welcome parents and caregivers to participate in School Council in any way possible. Your volunteer efforts are greatly appreciated.

The **Community Event in October** was well attended with many families participating in our fun and interactive Mindfulness night. There is a handout from this event, with resources and some comments, posted on our School council Facebook (FB) page and which has also been sent out through Twitter. If you require further information or have any comments about this event, please email us at ejschoolcouncil@gmail.com.

Please note that the next **School Council** meeting will be on **Monday November 5th 6:30-7:30 in the EJ library**. Please know that everyone in the Edward Johnson Public School community is a school council member and that all are welcome. We hope to see you there.

Spirit Wear order forms have been sent home. Orders for Spirit Wear are due on November 15th; you can pay by cash, cheque and school cash online. Please be sure to send the order form with your child. If you have any questions contact us at ejschoolcouncil@gmail.com, thank you for your support!

The Edward Johnson School Council would like to bring your attention to the **Indigo Fundraising Event on Monday November 12th** – from 6-8 pm at Indigo at the Stone Road Mall, 15 % of our sales go towards our school!

You are encouraged to **join the Edward Johnson School Council Facebook page** to ensure that you have the most up to date information coming from the Council throughout the year. If **you would like to volunteer** please connect by emailing ejschoolcouncil@gmail.com