



L' École Edward Johnson School
Learning for Life Apprendre pour la vie
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Katherine Wainman: Principal
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December 2018

Principal's Message

December is a busy time of year for all of us. Hopefully, you got the chance to meet with your child's teacher to discuss important next steps towards achieving learning goals. Never underestimate the importance of communication between home and school.



I would like to congratulate Mlle Webster on her new position as an instructional coach with UGDSB until the end of the school year. We will miss you, Mlle Webster!

We will be hosting our **Second Annual Spaghetti Supper** on Thursday, January 10th (more information inside the newsletter). What a great way to get back into the swing of things and treat the family to a delicious meal. At the same time, you get to connect with our fantastic Edward Johnson community.

We will be hosting our **Holiday Concert on Thursday, December 20th**. The **JK/SK's** will perform starting at **9:30 am**. **Grades 1 through 6** will perform on the same day at **11:30 am**. Both concerts are guaranteed to be super adorable so please come out and join us!

All the staff at Edward Johnson would like to wish all of you a safe, relaxing, and enjoyable holiday. We hope you get time to play, laugh and reconnect with your loved ones.

Joyeuses fêtes!

Katherine Wainman (Principal)

HOLIDAY SCHEDULE



December 2	Hanukkah
-December 10	
December 21	Last Day of School/ Winter Solstice
December 25	Christmas Day
December 26	
- January 1	Kwanzaa
January 1, 2019	Happy New Year
January 7, 2019	First Day Back

Upcoming Events at Edward Johnson

School Council Meeting, **Tuesday, December 4th at 6:30pm** in library
Grade 2's to Wellington County Museum, **Thursday, December 6** (morning)
Creative Encounters (Mme Roberts' class), **Friday, December 14**
Kindie Fun Tacky Holiday Sweater Day, **Monday, December 17 (whole day)**
Kindie Red and Green Day, **Tuesday, December 18 (whole day)**
Holiday Concert and Holiday basket raffle, **Thursday, December 20** (Kindergarten Concert only at 9:30 am and Primary/Junior Concert starting at 11:30)
Whole School Pajama Day and Kindie Noon Year's Eve, **Fri., December 21 (whole day)**
Last Day of School Before the Holidays! **Friday, December 21**
Back to School After the Holidays, **Monday, January 7, 2019**



We will be asking parents/children to bring a non-perishable food item to donate to the Food Bank during **the last week before the holidays (December 17 - 21).**

We are asking, if possible, that parents please drop off items on your way to the concert. We all can make a difference. Thanks to Mlle Lachmansingh and her class for organizing this.

Lost and Found Box

Be sure to check the Lost and Found Box before the holidays. Students will be reminded as well.



Spaghetti Supper at Edward Johnson!

Please mark your calendars and come out to the 2nd Annual Spaghetti Supper taking place on Thursday, January 10th. There will be two seatings (5:00pm or 6:00pm). You will have a choice between two entrées (Penne with Tomato Sauce OR Bowtie with Alfredo Sauce). Included with your pasta will a Caesar Salad, East Side Marios' famous garlic homeloaf, and apple juice to drink. This is a litter-free event so please bring your own plates, utensils, and cups with you in a plastic bag and bring them home to wash.

Cost is \$8.00 for school-aged children and \$12.00 for adults. Children not yet at school are free.

This a school fundraising event. All proceeds go towards school trips, special events, busing, and school-wide projects.

Please pay on-line through School Cash On-line. It will be open Wednesday, December 5th and closing Friday, December 21, 2018. Please call or drop by the office if you are not able to use School Cash On-line.



Kindergarten Registration

Kindergarten registration will take place January 8 - 18, 2019. You can **pre-register** by going on-line at www.ugdsb.ca/kindergarten. Make sure you get a pre-registration confirmation email after completing the form. Visit the school to drop off required documents and for French Immersion you must submit ALL documentation so that you will receive a **FI Application Receipt** by Jan. 18 at 4pm.

Please let your neighbours know.



Talking About Mental Health December 2018 –

GIVE THE GIFT OF RESILIENCY

As we head through December and towards the holidays, it is important to be aware that this can be a very exciting time of year, but for some it is also a difficult time of year.



REMEMBER:

- eat well
- get good sleep
- don't over schedule
- stay connected to family and friends
- keep daily routines going
- avoid overuse of technology
- get outside and enjoy the crisp, fresh air

HOLIDAY “CONNECTING & REFLECTING” IDEAS:

23 Days of Giving

Every day in December have everyone put something that they don't use or need into a basket. Later in the month you can go as a family and donate to a shelter or community center



Reflection Wall

Have a wall in the house where everyone can add sticky notes of what they are grateful about from the year. Focus on lessons learned, new skills and strategies used throughout the year

Rose, Bud, Thorn

Have everyone identify one or two things that they feel were successes from the year (rose), something that was a struggle (thorn) and what they did to overcome the struggle, and something they are looking forward to in the new year (bud).

Signs to look for that someone is struggling *Sometimes it's hard to tell that someone is suffering. Here are some signs that someone is struggling.*

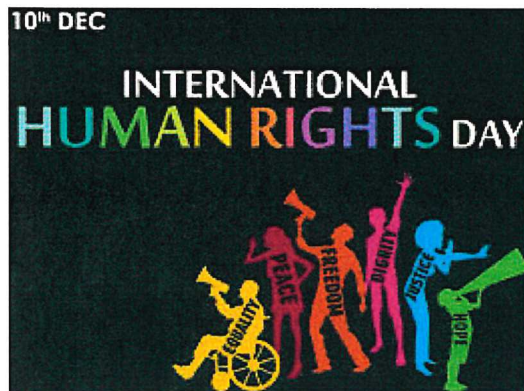
- not coming to school or work
- not engaging with friends or family
- not participating in activities that they used to enjoy
- withdrawing
- feeling hopeless
- increase use of drugs or alcohol
- changes in behaviour

Celebrate Human Rights Day on December 10th!

"You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make."

—Jane Goodall

Human Rights Day calls on everyone to stand up for someone's rights. It starts with each of us. Step forward and defend the rights of someone whose voice is not being heard. Recognize that human rights include the right for everyone to have access to clean water, unpolluted air and healthy food. <http://www.un.org/en/events/humanrightsday/>



Simple yet meaningful ways for your family to celebrate the rights and responsibilities that we all share as human beings!

- **Learn about how children live in other parts of the world.** Find out about their schools or traditional food and language.
- **Read the book: We Are All Born Free: The Universal Declaration of Human Rights in Pictures** by Amnesty International.
- **Read the Ontario Environmental Bill of Rights.** Decide if there is a cause your family wants to support, or an Ecojustice action you want to take on.
- **Make a World Wishes Dove with your family.** Cut feathers from white paper. Have everyone in the family write their wish for the world on a feather. Cut out the body of a dove and glue all the feathers on it.
- **Start a tradition of doing a family service project on Human Rights Day.** Find an opportunity to volunteer in your local community and make a difference.

"For the bigger picture we can (and should) do what we can to fight injustice. But on a smaller scale, in the day-to-day, practicing kindness can help knit a web of compassion to give humanity a boost of resilience" by Melissa Breyer



December 2018 School Council Newsletter

School Council Meeting

We would like to wish everyone a wonderful and safe Holiday Season! Our last School Council meeting of 2018 will be held on Monday December 4th from 6:30-7:30 in the Edward Johnson library. All are welcome to attend; we look forward to seeing you there!

Holiday Raffle Baskets

It's that time of year for our annual Holiday Raffle Baskets. We are asking for a donation of between \$5-\$10 dollars to purchase items for the raffle baskets. School Council will use your donations to shop for items for themed baskets. Tickets for the baskets will be available to pre-purchase and will be for sale during the School Holiday concerts. You can make your donation through school cash online or send in your donation in your child's sac en plastique with the form that is coming home. Proceeds from the raffle ticket sales will go towards funding school buses for field trips, the Silver Birch Program and more! The draw will take place after the Holiday Concerts on December 20th, winners will be contacted. We thank you for your support!

Spirit Wear

We would like to thank everyone that ordered Spirit Wear. The order has been placed, we will be in contact when the items arrive. If an order was a gift please contact school council at ejschoolcouncil@gmail.com to arrange pick up.

School Council Contact Information and Facebook Page

For up to date School Information including reminders of upcoming School Events join our School Council Facebook page search "Edward Johnson School Council". You can also be added to email list, email ejschoolcouncil@gmail.com to be added. Please contact us anytime with any questions regarding your School Council.