



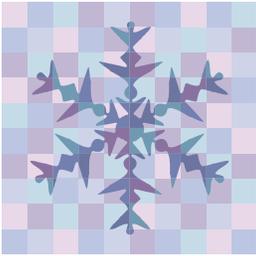
Ken Danby Public School

525 Grange Road, Guelph, Ontario N1E 7C4
Tel. 519.836.4545 Fax 519.836.9612

Principal: S. Marquis; VP: T. Drohan
Office Coordinator: L. Smith
Administrative Assistant: Valerie Talbot

MESSAGE FROM THE PRINCIPAL AND VICE-PRINCIPAL

What a wonderful and warm fall we have had this year. Students have been actively involved in soccer, cross country running, volleyball, spirit team activities and outdoor education activities.



Cold weather is fast approaching so please ensure that the students come to school dressed for the weather.

Thank you to those of you who are able to volunteer. We greatly appreciate the wonderful volunteers who come regularly to support our students in their academic success. If you would like to volunteer (on a regular basis or just for special events, including fundraising) please contact the school. Thank you also to the teachers for their ongoing commitment to success in the classroom!

Thank you to our School Council for ongoing support and volunteer hours. The next meeting is January 18th at 6:30pm.

As always – we appreciate any calls to the school should you have any questions, concerns or positive feedback.

Saskia Marquis and Trisha Drohan

COMMUNICATION FROM THE SCHOOL

We have several ways we are communicating information to Parents and School Community:

1. School Website: <http://www.ugdsb.on.ca/kendanby/>
2. Aizan Automated phone messages: Please note messages will be sent to the primary phone number that was provided to the office.
3. Twitter @KDDiamondbacks
4. Upper Grand and School Messenger Apps

Communication



REMEMBRANCE DAY



This year, our Remembrance Day services for students will be held in the gym on November 10th at 10:50 am.

Poppies will be handed out to the students prior to the assembly. Money donations for the poppies will be gratefully accepted by homeroom teachers on November 8th and 9th.

Thank you for remembering our past and present members of the armed forces and Peace Corps.

GIFT CARD FUNDRAISER

We are thrilled to see orders being placed with the gift card fundraiser. A portion of every purchase you make on FundScrip comes back to the school and will be used to support the school's ongoing technology needs. Each card purchase made through FundScrip makes money for Ken Danby Public School. A full listing of participating retailers can be found on the school's website. To sign up, please follow this link: <https://www.fundscrip.com/Sign-Up.aspx?IID=SYXE47>. The access code is SYXE47.

Gift cards are mailed directly to you after each purchase. This fundraiser will be available to you online until June 1, 2018. Thanks for supporting Ken Danby PS.

SCIENTIST IN THE SCHOOL



We would like to thank School Council for their ongoing support of the Scientist in the School program. This year teachers from Kindergarten to Grade 6 have decided to have two Scientist in the School days in their classrooms during the year. The cost of each Scientist in the School workshop is \$195. School Council has always supported and paid for one Scientist in the School workshop for all the classes. We are asking parents to help pay for the second one via School Cash Online. Thank you for supporting this fun and worthwhile program.

SCHOOL COUNCIL NEWS

Movie Night & Costume Contest Wrap Up

Ken Danby School Council would like to thank all the students, parents and staff who participated in the October 26th movie night and Halloween costume contest. It was wonderful to see so many students dress up in their costumes and it became evident that the children were very proud and excited to be a part of such a great community building event. Congratulations Diamondbacks!

School Council News

School Council is always looking for volunteers or parent involvement to ensure the success of fundraising activities that benefit the school. If you'd like to see what your School Council is up to, please follow us on twitter: KenDanbySC. If you'd like to donate some time, but don't want to commit to attending council meetings, no problem. Please contact Jennifer Goody-Brown at SC.Kendanby@ugdsb.on.ca and see what opportunities fit best with your schedule. You can also stay informed by reading the School Council meeting minutes that are posted on the school website.

What's next?

The next scheduled School Council meeting will be **Thursday January 18th** at **6:30pm** in the library. We look forward to seeing you there as we discuss our next fundraising activities.

PHOTO RETAKE DAY

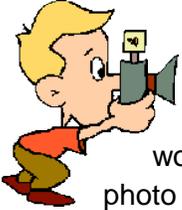


Photo Retakes are planned for Nov. 22nd. If your child was absent or you did not give a picture envelope to the photographer your child may have their photo taken. Order forms will be available in the office one week before Retake Day. If you are having photos taken because you would like to replace the package you received, please make sure your child brings in the whole photo package and returns it to the photographer.

HEAD LICE

Here is our friendly annual head lice reminder; As you are aware, having head lice is not an indicator of poor hygiene – lice like clean hair best! They can happen to anyone. If there was a report of head lice in your child's class, we will send home a head lice notice. Please check your son/daughter's hair regularly, and contact the school if you discover your child has lice or nits. If your child has head lice, please treat them with a remedy from the pharmacy that kills the live lice and then using a special comb or other technique, parents are encouraged to remove all nits before the child returns to school. Since no product can effectively kill all nits, you will then still need to check for nits and remove them from the hair every day for 7 days at which time treatment is redone with the pharmacy product. If you miss even one nit – it can hatch - and the problem can recur!

OUTDOOR RECESS

It is getting chilly out and the snow may fly soon! Please remember to assist your child in wearing the proper clothing to school. This includes a warm jacket, hat, mitts and waterproof, footwear. Thanks for sending extra socks in your child's backpack just in case! All students are expected to participate in outdoor recess, as this important, active break aids concentration and success in the classroom.

TALKING MENTAL HEALTH

Talking to Your Child/Youth about Tragic Events

When a tragic event occurs, children and youth will hear about these events through media, peers or other sources. These are difficult topics to talk about and your response will shape your child/youth's core beliefs.

Tips for talking to children/youth about tragedies

You know your child/youth best, and you'll have a good idea of how much information your child/youth is ready to hear. Consider these tips as a guideline:

Don't allow young children to watch the news. Watching news footage can be very disturbing to young children so it's important to keep it off when they're around.

Keep your message simple. Say something like, "That person decided to hurt other people." For young children, this may be all the information they need. Older children are likely to ask more questions. Stick to the simple facts. It's OK to say you don't know all the answers.

Focus on the steps that are being taken to keep people safe. Talk about how police officers, government officials, and other first responders are helping. Spend more time talking about the good work people are doing, rather than the horrific event. This can help reduce your child/youth's anxiety about safety.

Empower your kids to become helpers. Discuss how they can take positive action in the wake of a tragic event. Volunteering in the community and donating allowance money can go a long way toward helping children/youth see that they can always take steps to make the world a little better. Children/youth who feel like they have a little bit of control are less likely to feel helpless in the wake of a tragic event.

Send a healthy message to your child

No matter how many conversations you hold or how much you decide to share, keep the message the same, bad things happen but there are good people out there helping and we're strong enough to get through it.

Sharing with your child/youth messages that fosters resilience and teaches your children/youth they're able to cope with whatever bad things come their way in life and there are caring adults in their lives to talk to and who will support them.

(This information is taken from Psychology Today: <https://www.psychologytoday.com/blog/what-mentally-strong-people-dont-do/201710/how-talk-kids-about-the-las-vegas-shooting>)

Have a mentally healthy day!

Dr. Lynn Woodford is the Mental Health Lead for Upper Grand District School Board

Follow me on twitter: @drlynnwoodford

NEWS FROM THE LEARNING COMMONS

We are having a Scholastic Book Fair! All proceeds will go towards purchasing books and Makerspace items for the Learning Commons.

The book fair hours will be:

Wednesday Nov. 22nd:	1st recess	
Thursday Nov. 23rd:	1st recess,	4:00- 7:00p.m.
Friday Nov. 24th:	9:00 - 11:30 a.m.,	1:00 - 3:00 p.m.

Hope to see you there!

Forest of Reading programs will begin at Ken Danby late December or early January. These programs promote a love of reading and create a meaningful experience for the students as they determine which authors are the winners! These programs are voluntary for Grades 3 to 8 students. If you would like to encourage your child to get a head start on reading by signing them out from the Guelph Public Library or purchasing them, you can find the book titles and a synopsis of each by going to the Ontario Library Association Website at: www.accessola.org

Click on "Forest of Reading" at the top and then select "Nominated Lists" on the left column. The reading programs we will be running are listed below:

Silver Birch Express (Gr. 3-4 reading level), Silver Birch Fiction (Gr. 5-6), Silver Birch Non-Fiction (Grade 5-6), Red Maple Fiction (Gr. 7-8). Feel free to call me if you have any questions.

Carolyn Forde
Teacher Librarian (Ext. 225)

ENVIRONMENTAL ACTIVITIES TO HELP CELEBRATE OUR PLANET

Don't buy, give. "No one has ever become poor by giving", Anne Frank



Celebrate Buy Nothing Day on November 24th!

Buy Nothing Day is an awareness day highlighting society's habit of buying too many things. It is a day for society to examine the issue of over-consumption and is held on 'Black Friday', which is one of the busiest shopping days in the United States. <https://en.wikipedia.org>

"We are also consuming and trashing clothing at a far higher rate than our planet can handle. Today's trends are tomorrow's trash. The only solution is to reduce our levels of consumption." *Dr Kirsten Brodde of Greenpeace Germany*- <https://www.telegraph.co.uk>

Repair, reduce, re-use, recycle – 4 R's are best!

It's time for a new kind of materialism, based on an economy of better, not more... that makes things which last and can be repaired many times before being recycled, from furniture to tools, cars, fridges, clothes and food. 'Repair, reduce, re-use, recycle' could be the new model. <https://www.theguardian.com>

Some great ideas for your family on Buy Nothing Day!

- Instead of shopping, enjoy a day in the great outdoors by walking trails or going to the park.
- Recycle school supplies such as binders, workbooks, pens and pencils instead of buying new.
- Donate clothes, books, toys and games your family does not need any more.
- Think of things you can make or do for people as gifts without spending any money.

Either way, there's no doubt that going without buying anything for an entire day is quite a challenge in the modern world, and will serve to make you think about what your life is really about!

<https://www.daysoftheyear.com/days/buy-nothing-day>

FEEDBACK WELCOME ON DRAFT POLICIES

The Upper Grand District School Board is welcoming public input on draft policies. Currently under review is **Policy 310 - Display of Flags**. You are invited to review the draft documents and submit online feedback at www.ugdsb.ca/board/policy. **The deadline for public input is November 30, 2017** at 4 p.m. EST. Persons without internet access may call 519-822-4420 (or toll-free 1-800-321-4025) ext. 723 to request a printed copy of the draft documents.

SMOKING IN FILMS

Information from Public Health

Think about the last movie your kids watched... You likely checked the rating to make sure it was age-appropriate. Movie ratings consider violence, coarse language, and sexual and disturbing content, but they leave out something that is very important to kids' health – **smoking**.

Research has shown that the more kids see smoking in movies, the more likely they are to start smoking. Smoking in films give children and youth the impression that smoking is okay and that they should do it too.

What can parents do?

- Talk to your kids about the realities of smoking.
- Talk to other parents about the issue of smoking in movies.
- Check www.smokefreemovies.ca/now-playing/ or <https://tutd.ucsf.edu/>. These websites review movies to tell you which ones have smoking in them.
- Sign the e-petition to support an 18A rating for all movies with smoking in them: www.smokefreemovies.ca/petition/

