



# June Newsletter

Hello Kenilworth Families!

Wow! June is here! Time has flown by!

I would like to take this time to thank the Kenilworth families for welcoming me here at Kenilworth PS. It has been a great first year, and I have enjoyed getting to know the students and the families of this great school. Thank you for your patience and helping your child(ren) the best you can through this world wide pandemic. I also want to thank the staff for their dedication to your child's learning. Staff have had to adapt, be creative, and learn to be IT technicians! They have worked very hard to move Kenilworth students forward. To the students, I want you to know how proud I am of all of your accomplishments this year. You all have worked hard, pivoted several times, but still came to school with a smile on your face (I know there is one behind your mask)!

As a school community we will be flying the Pride flag for the first time! Why are we flying the flag? The month of June is Pride month. Many of our students, staff, parents/guardians and community members identify as members of the Rainbow or 2SLGBTBQ+ community. Flying the Pride flag not only signals that our schools are safe spaces for everyone, it also aligns with our Vision Statement and Guiding Principles of inclusion and student and staff well-being and our new Equity Plan. Our school district is showing our acceptance and celebration of the 2SLGBTBQ+ community during Pride month by raising the Pride flag at schools and offices across the UGDSB. We continue to raise awareness and support inclusion and acceptance of other marginalized groups in other ways.



It is also this time of year in which we need to say some farewells. As many of you know Mrs. Kress will be going on maternity leave this summer. We wish health and happiness to Mrs. Kress and her family over the next year. Hopefully some of the protocols will be more relaxed in the fall and we will get to meet the new little one!

Next I would like to thank Mrs. Checkley for her dedication to the Grade 5/6 class this year. Teaching this grade level can sometimes be challenging. The amount of creativity and engagement Mrs. Checkley has created for her class has been amazing. We wish Mrs. Checkley the best in her future endeavors and hope to see Mrs. Checkley back at Kenilworth as soon as possible.

Lastly we will be saying farewell to Mrs. Cyr. Mrs. Cyr will be leaving our school board as her family takes on new opportunities in Windsor Ontario. We will miss Mrs. Cyr's love of the arts and books. Best of luck Mrs. Cyr!



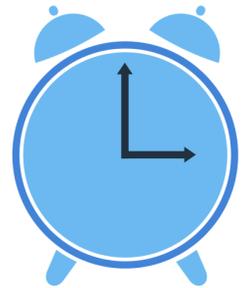
I would like to thank Mr. Gauci for organizing May's virtual assembly on Autonomy. Congratulations to the following students who received a Well Being Certificate for demonstrating Autonomy. In Kindergarten CJ, Gr ½ Payton and Ian, Gr ¾ Josh and Chloe, and Gr ⅝ Beth and Lincoln. In the month of June we will be focusing on Mastery. The act of working towards being proficient at something. Achieving mastery means having the drive, the self-discipline, and a comprehensive knowledge on the process of learning every day so that you can excel at something you care about.

On behalf of the staff of Kenilworth PS we want to wish everyone a wonderful, healthy and safe Summer holiday! Take care and see you in September!

Mrs. Cozzarin

**Time Changes for next year:**

Our end of day will be changing next September to **3pm**. We will be changing our Nutritional breaks to 40 minutes in length to assist with supervision schedules and to follow collective agreements.



**Electronic Report Cards:**

Report cards will be available electronically at the end of the month. More details will be sent out to families in the coming weeks.

**PATS:**

The next meeting is scheduled for Thursday June 10, 2021 at 6:30. Please send us an email if you would like to receive the Google Meet link for the meeting.

**Moving:**

Planning for the 2021-2022 school year is underway. If you will be moving this summer, or know of someone moving into the school area, please notify the school office as soon as possible.





## Monthly Environmental Activities to help celebrate our planet

**June 5<sup>th</sup> is World Environment Day!**

*Protecting the planet is everyone's responsibility*

**Celebrate World Environment Day on June 5<sup>th</sup> 2021**



<http://worldenvironmentday.global/en>

**A Platform for Action-** *World Environment Day is the United Nations' most important day for encouraging worldwide awareness and action for the protection of our environment and is widely celebrated in over 100 countries.*

### **This year's theme – Ecosystem Restoration!**

*Urge governments, industry, communities, and individuals to come together to explore grow trees, green our cities, and clean up rivers and coasts. We are the generation that can make peace with nature. <https://www.worldenvironmentday.global/>*

## **Ideas for your family to celebrate World Environment Day!**

- **Create an event for family, friends and neighbours** - *There is no end of ideas that you could take forward for World Environment Day. Surprise yourself! Think about ideas that we can do to help the planet like fixing a problem in your community. It can be as simple as a community clean-up, to a tree planting activity.*
- **Get out into nature** - *World Environment Day is all about appreciating the beautiful planet we inhabit. Why not spend time in a park, hiking a trail or appreciating a forest walk? Or, have a picnic in the back yard!*
- **Inspire others** – *A great idea will naturally attract others who will join and make your idea awesome. So, take your idea to reduce single use plastics, or to lug a mug to events or to promote an ecofriendly product and share it! Or ask everyone to make their own personal pledge to change one wasteful or harmful habit for the better. Share what you're doing using the hashtag: #WorldEnvironmentDay*
- **Make sure you have fun:** *Make your event for World Environment Day fun, inspiring and interesting. Google events happening locally that you can attend with family or friends, or check out Pinterest for fun, recycled crafts ideas.*

For more information go to: [What can schools do?](#) Or [What can individuals do?](#) Or Google 'World Environment Day activities'

## TALKING ABOUT MENTAL HEALTH

June 2021

What a year it has been. We have all collectively had to manage an ever changing landscape. Pressures on families, children and youth have been significant as we work our way through this global pandemic. We have, together, focused ourselves on wellness skills throughout the year. It seems appropriate that our last month together our Umbrella theme is mastery. Mastery refers to the desire to become competent at a skill. In many ways we have all been working at this skill as we try and find ways to manage during this pandemic.

This month, I invite you to look back at the skills we collectively worked on this year: empathy, mindfulness, gratitude, self-compassion, healthy lifestyle, autonomy and intrinsic motivation. Have you had the opportunity to explore any of these skills? What, if anything, have you been able to add into your routine? If nothing, that is okay. Just the act of learning about new skills is the beginning of building.

How can you support your child with this? Explore the past themes together. Try and encourage your child to persevere when they are frustrated. Helping our children to desire to become competent at a task is what we naturally do much of the time. Consider helping your child learn to ride a bike. There may be falls. There may be scrapes and frustration. But there will also be that celebration when they first pedal away, wobbly at best, but independently. This is one example. There are many. It is important to remember that success is unique to each person's abilities.

Throughout the year, with the Umbrella Project, we were hoping to bring some connectedness, some shared experience, to an otherwise disconnected time. However you participated, thank you for joining the UGDSB staff and students on this wellness journey. We look forward to re-connecting and continuing this work together next year.

Jenny Marino  
Mental Health Lead, UGDSB

The Umbrella Project at UGDSB is made possible through a donation from Edge Mutual.



