



December Newsletter



Hello Kenilworth Families!

Winter has arrived! Oh wait, it is gone again..here again! With saying that it is always a good idea to send your child to school in layers as the weather is so unpredictable. It is also important for your child to have indoor shoes, to help keep our classrooms dry from the wet snow. Once the snow arrives again, we would also encourage all students to wear snow pants if they would like to play in the field. If you need support with getting clothing for your child, please reach out to me.

This month we learned about Responsibility. Thank you to Mrs. Huber for organizing our month end assembly. Congratulations goes to Aria Brown and Jaiden Henry Moore in Gr. 5/6, Scarlett Jackson and Ally Van Tol in Gr 3/4, Abi Vandepas and Colton Vallance in Gr 1/2 and Jason Boese and Colton Beamish in kindergarten. For the month of December we will continue learning about Responsibility.

Thank you to our Kenilworth Families for taking time to speak to your child's teacher about Progress Reports and Observations of Initial Learning.



A big thank you goes to our PATS group for a successful Poinsettia winter fundraiser raising just over \$494. Plants can be picked up on **Thursday Dec 8th from 2-4pm.**



Upcoming Dates:

Dec 20th-Hat Day

Dec 21-Candy Cane Day-Wear Red and White

Dec 22nd-Winter Woolies Day/Comfy and Cozy Day

I would like to take this opportunity to wish all of the Kenilworth Families Happy Holidays.
Mrs. Cozzarin

Winter Weather:



This year, all bus cancellations and delays will be communicated by the STWDSTS. (Transportation) The school will **not be sending out** messaging to avoid duplication of information. Please make sure you have subscribed to transportations notification service at <https://stwdsts.ca/bus-subscription/> Inclement weather closures and bus cancellations are announced on local radio stations. To hear about cancellations/closures please listen to Magic 106.1, 1460 CJOY, or 570CityNews. To access the internet you can go to <https://stwdsts.ca/>, To read news on your cell phone, please access the **UGConnect app**.

When Kenilworth buses are canceled, the school is closed to students. Teachers will pivot to online learning these days. We know that access to technology and the internet is difficult for some of our families. Activities assigned on these days will be for review purposes only.

PATS:

Poinsettia pickup will be **Thursday Dec 8 from 2-4:00**. Poinsettias will be in the gym. Please Come in the front doors.

There will be no PATS meeting this month. The next meeting is scheduled for Thursday January 12, 2022 at 6:30. Please check out January's Newsletter for more details.

Volunteer Policy:

Last month, the UGDSB finalized updates to Policy 205 which covers everything related to School Volunteers. There are some important changes that need to be communicated. We appreciate our volunteers and are hoping to address these changes in a manageable way for people.

The full policy can be seen online at this link:
<https://www.ugdsb.ca/board/policy/policy-205-volunteers/>

The main change is that all volunteers who are working with children in any way need a vulnerable sector check from the OPP. This includes helping out on a school trip. They have also updated the Volunteer Application and Volunteer Agreement forms. It is expected that our school volunteers will need to have the VSC done initially and then fill out the Offense Declaration Form for School Volunteers in subsequent years.

For anyone current or future volunteers who do not have a VSC done, please email me at laura.cozzarin@ugdsb.on.ca communicating your wish to be a volunteer. I will fill out your VSC request form for the OPP, sign it and scan it to you. You will eventually need to upload this pdf with your application. This way it will be ready to go.

VSCs are now done online. To apply you would go to opp.ca and click on Police Record Checks.

There are several questions on the online application about the letter. You would answer "yes" to them all and then proceed to fill out your personal information and submit the request for a VSC.

The results of the VSC are emailed to you. The OPP advise that you print out the results right away as that link will eventually disappear.

Our apologies for these extra steps to help out in our school, but it pertains to the safety of our students which is of paramount importance.

Kindergarten Registration:

Looking for students who were born in 2018 and 2019! Kindergarten Registration for September of 2023 will begin on Tuesday January 10th, 2023. For families interested in registering for French Immersion, more information will be sent out. All registrations will be completed online with verification of documents done in person.. If you do not have access to the internet to register you will need to call the school 519 848-3320 to make an appointment to register online here at the school.



Upper Grand
District School Board

The UGDSB strongly recommends everyone to continue to follow public health's preventative measures to reduce the spread of respiratory illnesses in schools and help keep children and youth healthy.



HEALTHY SCHOOLS UPDATE

PUBLIC HEALTH RECOMMENDS

- Screening daily for illness
- Staying home when sick, until you have no fever and symptoms are improving for at least 24 hours
- After staying home - wear a mask in public for 10 days after symptoms started

PREVENTATIVE MEASURES IN SCHOOLS

- Hand hygiene, respiratory etiquette
- Strongly recommend masking
- Enhanced cleaning and disinfecting
- Ventilation, 2500+ HEPA filters: in all classrooms and learning spaces, including work spaces
- Protocols to manage individuals ill at school
- Availability of rapid antigen tests
- Continued access to Personal Protective Equipment
- Including availability of masks
- Open windows for increased fresh air, when possible
- Outdoor learning

UPDATES ARE
POSTED ONLINE:
www.ugdsb.ca



STRESS BUSTERS PROGRAM

Help support your child's stress management and well-being

Strong Minds Strong Kids, Psychology Canada is delivering a virtual after-school program for kids ages 8-12 in the Upper Grand District School Board community.

Stress Busters was designed from our evidence-based Kids Have Stress Tool (KHST) program with an added peer-to-peer support component to help kids put their learning into practice. This program has had a positive impact on children's ability to identify and manage their stress. It provides children and their families with education and support to help them build stress management skills and to foster resilience.



"If you feel stressed, and can't really control it. You need to join the stressbusters after school program. It really helps, and I can confirm that because I have been stressed too. But when I joined I felt a lot better."
-Participant, 10 years old

"I saw that our students were in great need of stress management support. SMSKPC brought this Stress Busters program to a group of 10 students over the 2021 summer break. Seeing how successful this summer camp was, we decided to schedule 3 Stress Busters After School sessions to bring this program to more students in our community."
-Jenny Marino, Mental Health/Addictions Lead, UGDSB

Themes

- What stress is and how it impacts our mind, body, emotions, and behaviour
- Reflect on stressful situations and think about ways to cope
- Learn simple breathing exercises to help manage stress
- Learn to react to situations in a more positive way

- Think about worries and fears in a realistic and productive way
- Kids learn to break down problems so they can address them proactively
- Explore creative self-expression as an effective stress buster
- Kids learn how to give and receive support by talking, listening, and connecting



Register Now

[CLICK HERE](#) to register your interest for Group 1:

- Thursdays: January 12th-March 2nd, 2023 (4:30 pm-5:30 pm EST)

[CLICK HERE](#) to register your interest for Group 2:

- Thursdays: January 12th-March 2nd, 2023 (6:00 pm-7:00 pm EST)

Space is limited and registrants will be notified if their child is entered into the program or added to a waiting list.



We would like to thank the Quinn Family Futures Foundation for their generous support of this program

For more information on our programs and services, please visit www.strongmindsstrongkids.org



To Register for Group 1 [CLICK HERE](#)

To Register for Group 2 [CLICK HERE](#)