



# Laurelwoods Elementary School October 2018 Newsletter

## Principal's News:

We have had a wonderful start to the year. LES is an amazing place to be.

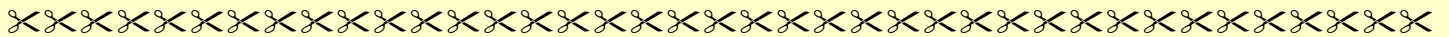
There are always lots of "extras" going on at our school. We are often asking for money to support field trips and fund raising efforts. If money is ever a concern, please contact me directly at the school and we can discuss a payment that will work for your family. These conversations will of course be confidential. No child should ever not attend a trip due to financial reasons.

Please encourage your child to dress for the weather. Temperatures can fluctuate wildly during the fall months. We expect our students to go outside unless it is raining or it is extremely cold. Students should have a change of footwear to help keep our school clean and our gymnasium floors safe.

Our Halloween Fun Night is taking place on October 25<sup>th</sup> this year. For those families new to our community, it's a great opportunity for students to dress up in their costumes and to play some games that have been set up in the gym. All profits go toward supporting Parent Council initiatives. We have some former LES students that will be running games that evening. If you know of any former students that would like to help out, and earn some community hours, please have them contact me at the school.

Have a great Thanksgiving weekend!

D. Hale



Parent Council has already started to plan for the Hallowe'en Fun Night. We are hoping to have parent volunteers who are able to come out in the evening and help run and set up for the event, help clean up afterwards and / or run a station for an hour or two. If you are able to volunteer a couple hours of your time on October 25<sup>th</sup>, please sign the form below and return it with your child to the school. We will collate the names and a member of the Parent Council will call you in the near future.

I am able to help-out for the Hallowe'en Fun Night on October 25th. More Information to follow!

Name \_\_\_\_\_

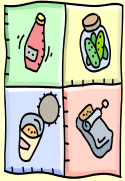
Phone Number \_\_\_\_\_

Please return this form to your child's teacher.

## **Terry Fox Run 2018:**



Laurelwoods had hot and sunny weather for our annual Terry Fox Run. Students from K-8 participated and joined in the Marathon of Hope by walking and/or running. Fun was had by all. More importantly, we raised almost \$400.00 to help find a cure for Cancer!



## **FCC Drive Away Hunger Food Drive:**

Laurelwoods will be participating in the FCC Drive Away Hunger Food drive again this year. We were very successful last year and donated 846 pounds of food. This food drive provides food to the Grand Valley and Orangeville food banks. We will be collecting food donations from October 1-5th. The entire school is invited out to the bus loop to watch the tractor drive away with our donations on October 10th. This year we can also collect cash donations. Any cash donations collected will be donated on behalf of Laurelwoods ES, unless an individual donates \$20 or more. Then a tax receipt can be issued for that donation. Please check expiry dates on the items you wish to donate. The food banks cannot accept anything that has expired. Let's see if we can beat last year's donation and donate 900 pounds or more to our local food banks this year.

## **Cross Country Meet:**

Many of our students in grades 1 to 8 will be participating in this year's Cross Country Running Meet that is being held at the Orangeville Fairgrounds on October 3, 2018. They have all been training hard for the meet. We appreciate the time and effort of our coaches in training our runners and organizing for the event. Good Luck to all the participants.

## **Fire Drills/Fire Prevention Month:**

The Fire Marshall requires that all Public Elementary Schools hold six fire drills per year. We hold three of these drills in the fall and another three drills in the spring. Teachers have been reviewing fire drill procedures with our students so that students will be able to evacuate the building quickly, quietly and safely. Laurelwoods staff and students have demonstrated their safety procedures during our recent fire drills.

## **Soccer:**

Congratulations to both our Junior and Intermediate Soccer teams who played in tournaments at Centennial Hylands Elementary School. Both teams played hard and represented Laurelwoods well!

## **School Security:**

We would like to remind all parents to enter the building using the front door and to always check in at the office. Children entering and leaving the school during the school day must be signed out at the office. We thank you for your cooperation as we continue to work toward keeping all children safe at Laurelwoods.

## **Thanksgiving and P.A. Day:**

Laurelwoods Elementary School will be closed to students on Monday, October 8th for the Thanksgiving Holiday. The school will also be closed to students on Friday, November 2<sup>nd</sup> for a Professional Activity Day.



## **Breakfast Club:**

Our student nutrition program in partnership with Food and Friends is pleased to offer Breakfast Club and Snack Program once again to our students. The snack bin is available at the office at first and second nutrition breaks. We offer a variety of low sugar cereals, baked items, fruit and dairy products which all meet our nutrition guidelines set by the government of Ontario. The Breakfast Club and Snack Program are open to all students five days a week. If you require more information or would be available to occasionally volunteer to supervise the Breakfast Club, please contact, Kate Bryan at 519-938-7898.



## **The Book Stacks:**

LLC News from Your Friendly Neighbourhood Library Ninja

### **Primary Library Bags!**

The students in Kindergarten to grade 3 will be receiving Library Book Bags for the school year. These bags, used to keep Library books safe, clean, and easy to locate, are a yellow cotton tote bag with the Laurelwoods logo on the front in dark blue. The bags will be coming home with your child starting the week of Monday, October 1st, during their library period, to be used throughout the year. Each bag has the student's name on it, and will be returned to the school in June, to be laundered and used for the next year, or until students start grade 4. Lost or damaged bags will be treated the same as lost or damaged books. Please see Mrs. Whittington with any questions.

### **Book Fair!**

Our first Scholastic Book Fair is coming up on October 19th! Mrs. Whittington will be looking for any volunteers to help with purchases during the school day, or during our evening sales. If you are interested, please let the Library Ninja know. Students will be coming to view the fair on October 22nd and 23rd, and will be able to purchase from the 24th to 30th. The Book Fair will be running on the 25th, on Hallowe'en Fun Night, from 5:00pm-7:00pm.

### **Volunteers Needed!**

The LLC is also looking for volunteers during school hours to help with shelving, discarding, inventory, book fairs, and other jobs. If you would like to help out, please contact Mrs. Whittington at extension 225, or drop by the LLC.

### **Lego and Maker Space Materials Wanted!**

Thank you to the families and students who have generously donated LEGO to the LLC Lego Wall! The students have been enjoying crafting shapes, patterns, buildings, and complex machines during our open recess times! Mrs. Whittington is gratefully accepting donations of gently used Lego pieces. We are also looking for any crafting materials to use in our maker space, such as marbles, toilet paper tubes, egg cartons, beads, used tools, string, yarn, and other things. Please feel free to drop them off at the LLC during the school day!

Thank you so much!

## Equity Corner:

The Equity team here at Laurelwoods is looking forward to a busy year!

Students in grades 6-8 who are interested in social justice, fairness, and inclusion signed up to join the Me to We club this year. Our Me to We club is responsible for promoting awareness and events about social justice in our local and global communities, such as organizing pink shirt days, kindness weeks, rafiki sales, water walks, and other important topics. The Club members attended We Day in Toronto on September 20th, seeing great keynote speakers like Kareem Abdul Jabbar, Students from Parkland High school, and amazing performances by The Arkells!!

October 1st, Laurelwoods took part in Orange Shirt Day, recognizing Phyllis Jack, an indigenous girl forced to go to residential school, who had her own clothes, including her favourite orange shirt, taken away. The students wore orange shirts to remember and honour the indigenous children who were taken from their homes and forced to attend residential schools.

Let's have a great year, Laurelwoods!

Mme. Neumann et Mme. Whittington



We'd love to celebrate customs and traditions from all around the world!

If you have a suggestion or idea, please contact your child's teacher, Mme. Neumann or Mrs. Whittington. If you are willing to come in and share ideas with us, we would love to hear from you.

### Days of Significance October 2018

October 1	Orange Shirt Day (Reconciliation/Residential Schools)	FNMI
October 1	Shemini Atzeret	Judaism
October 2	Simchat Torah	Judaism
October 3	St. Francis Day	Catholic Christian
October 6	Durga Ashtami	Hindu
October 8	Thanksgiving Day Canada	Interfaith
October 9-16	Navatari	Hindu
October 10	World Mental Health Day	
October 11	International Day of the Girl	
October 12	El Dia de la Hispanidad	Hispanic
October 13-20	Sukkot	Judaism
October 17	International Day for the Eradication of Poverty	
October 18	Spirit Day	LGBTQ+
October 19	Dassehra	Hindu
October 20	Birth of the Bab	Baha'i
October 20	Installation of the Scriptures as Guru Granth	Sikh
October 29	Rett Syndrome Awareness Day	Wear Purple
October 31	All Hallows Eve	Christian

## Parent Council:

The first installment of Pizza orders has been submitted and we would like to thank all the parents who have signed up on line to place your child's pizza order.



## Ice Dawg Ice Cream Sandwich Days:

Mrs. Jordan's class will be selling Ice Dawg ice cream sandwiches for \$2 each on Oct. 11 and Oct. 18. Order online or bring a toonie for second break on those days. Choose from Chocolate Chip cookies with vanilla ice cream, or Double Chocolate cookies with vanilla ice cream. These individually wrapped ice cream sandwiches are purchased from Terra Cotta Cookies, which is a nut free facility. Proceeds will go towards celebrating student successes at school, including graduation.

## Information from Public Health - Lunchbox Essentials!

Are you getting back into the habit of packing school lunches? A balanced lunch includes a variety of foods to keep your child full and able to learn best. Try to include at least one food item from each of these 4 categories in your child's lunch every day.

**Vegetables**

**Fruit**

**Protein-rich Foods** (beans, lentils, chickpeas, cheese, eggs, meat, fish, plain yogurt, plain milk)

**Whole Grains & Starchy Vegetables** (whole grain pasta or bread, potatoes, corn)

### Top 5 Tips:

1. Keep peeled and cut veggies and fruit on hand in the fridge, ready to grab and go! Try to include a fruit or veggie at every meal and snack.
2. Involve your kids in planning and making school lunches. They're more likely to eat food they helped make and they build valuable life skills in the kitchen!
3. Save time and use your leftovers for school lunches.
4. Include a reusable water bottle every day.
5. Check out [UnlockFood.ca](http://UnlockFood.ca) for school lunch tips and recipes.



## Win a Laurelwoods Water Bottle

After your family has read this newsletter, please sign and detach this coupon. "Our family" must include at least one parent/guardian who has read the newsletter. This coupon must be placed in the yellow mailbox in the front hall of the school. A ballot will be drawn on Wednesday, October 31, 2018.

Our family has read the newsletter corresponding to this draw.

Family Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

## Wellington, Dufferin, Guelph Public Health – Dental Screening

Public Health will provide dental screenings on October 24, 2018 for students in JK/SK, grades 2, 7 and other students as appropriate. Screenings are provided under the Health Protection and Promotion Act and all information is collected according to our privacy policy. A screening is a quick look in the mouth by a Registered Dental Hygienist. A sterilized dental mirror and protective vinyl gloves are used for each child. This screening is not meant to replace a full examination by your family dentist. Parents are notified if there is an area of concern or an urgent dental condition is found. Screenings identify children who have dental problems and help them get dental care. Screenings also provide statistics about the dental health of children in our community, which helps identify dental programs that may be needed.

If your child is not one of the grades listed and you would like them screened, or if you don't want your child screened at school, please contact the Health Unit at 1-800-265-7293 ext. 5662

Children aged 17 and under, whose families can't afford dental care, may be eligible for one of our free programs to help pay for dental treatment. Please call the Dental Line at 1-800-265-7293 ext. 2661 to learn more about these programs or to book an appointment at one of the free dental clinics.



## Eco Crew News:

Laurelwoods ECO Crew will once again be participating in a clothing drive in support of the Kidney Foundation. This will take place for a few weeks in November so get your closets cleaned out! More information will follow in the weeks ahead.

A reminder of our ongoing and new environmental initiatives:

- Plastic bottle cap collection- please send any plastic bottle caps to be placed in our collection bin in the front foyer
- Battery recycling- send in old batteries to add to our pail to be properly disposed of
- Colour Cycle- send in dried up or old markers (of any brand or make) to be sent to the Crayola Colour Cycle program for proper disposal rather than landfills
- Plastic Milk bags- a new initiative we will be doing this year will be collecting plastic milk bags (the exterior ones that hold the 3 smaller bags). They will be sent to an organization called MILKBAGSunlimited. The bags are woven into mats for the homeless and sent to areas in Canada and developing countries. You can find more information at <http://milkbagsunlimited.ca/>



**Monday October 22, 2018**  
Electors in the Township of Amaranth will be voting by telephone, internet or paper ballot for the 2018 School Board and Municipal Election.  
For more information on advance polls and voting details visit [www.amaranth.ca](http://www.amaranth.ca)