

Parents & Guardians of students who attend Laurelwoods, East Garafraxa, or Grand Valley Elementary Schools are warmly invited to attend a parent information evening at Laurelwoods Elementary School on Wednesday May 3rd from 7:00-8:00 PM.

Our speaker for the evening will be Stephen P. Lewis, Professor at the University of Guelph who specializes in the area of clinical child and adolescent psychology. The presentation will be geared towards an adult audience.



The focus of the presentation will be on youth mental health and well being. In 2022 the Upper Grand District School Board communities participated in the WHY Surveys. The Well-being Health and Youth (WHY) Surveys collect information from youth, parents, and school staff about youth health and well-being. The surveys are conducted every two years, allowing us to monitor trends over time. Below you will find a link that reveals the need for conversations about mental health trends within our communities.

[2022 Well-Being and Health Youth Survey Dashboard](#)

We sincerely hope you will make the time to join us on May 3rd from 7:00-8:00 PM.

This event is sponsored by the Parent Councils at Laurelwoods, East Garafraxa and Grand Valley Elementary Schools

