



# Mono Amaranth Public School

## Week at a Glance: Feb 28 - Mar 4, 2022

**Monday**  
**February 28**  
**Day 5**

A friendly reminder that our school board and Wellington-Dufferin-Guelph Public Health are inviting you to participate in a survey. We are asking students, parents, teachers and school staff to share their opinions and experiences about student well-being. **LINK TO SURVEY:**  
<https://survey.wdgppublichealth.ca/surveys/index.php?s=Y3MDMYWMH7>

**Tuesday**  
**March 1**  
**Day 1**

Parents **MUST** complete the COVID screening daily  
[COVID SCREENING TOOL](#)

**Shrove Tuesday / Lailat al Miraj**

**GoodBye February**



**Wednesday**  
**March 2**  
**Day 2**



***Relax and Recharge: Strategies for Managing Big Emotions: 7-8 pm + ½ hr Q&A***

Join us for a fun art-based adventure in navigating these challenging times. We'll explore aspects of pandemic stress and fatigue, as well as coping strategies to help us and our children manage these big emotions. Participants will get a chance to recharge through relaxing art experientials and cultivate new ways of engaging with the world despite the ongoing uncertainty and chaos.

**To register: <https://bit.ly/DPSNrrW22>**

**Ash Wednesday**



**POPCORN DAY**

**Thursday**  
**March 3**  
**Day 3**

**Losar Tibetan New Year / Saka New Year (Nyepi)**



**PIZZA DAY**

**Friday**  
**March 4**  
**Day 4**

**Live  
Free**

Live Free is March 4th! We will be asking staff and students to "live free" of something for the day. This is to raise awareness of those living with food insecurities. Students are encouraged to bring in a toonie to live free of something for the day, on Friday, March 4th. There will also be an option to donate on School Cash Online, and we will be running a fundraiser after March break. More information to come! All money goes directly back into our school nutrition program.

Currently, we have bags filled with different items if children do not have food, or if they are done and are in need of some more. They have been going like "hotcakes!" Inside the bags are things like applesauce, apples, oranges, yogurt tubes, granola bars, and cereal. The bags have 2-3 items in them containing mostly fruits and vegetables with either a milk or grain product. All items are currently individually packed. Please consider donating through school cash online, and look for food days to help us support the program after March break. Thanks for your support. *Elyse Laughton and MAPS Staff*

**UPCOMING  
DATES:**

Bangladeshi Heritage Month / Irish- American Heritage Month  
March 8 - International Women's Day / March 14 - Sikh New Year

Mar 30 - School Council Meeting [NEW DATE]  
April 29 - Yearbook purchase on School Cash On-Line



**Next Virtual School  
Council Meeting:**

March 30 @ 7pm

School Council Email:

[sc.monoamaranth@ugdsb.on.ca](mailto:sc.monoamaranth@ugdsb.on.ca)



**2021-22 School Council Executive**

Chair: Jenn Cuthbertson

Secretary: Diane Guldner

Treasurer: Mike Guldner

We are Soooo happy that Pizza Days are finally Here! Cheers were heard down the hallways! Thank you 😊 to all families who supported our MAPS students by purchasing pizza 🍕!

New company, Pizza Depot and the new day for your child's pizza 🍕 lunch is **THURSDAY! March 3,10,24,31 and April 7 th!** Due to covid protocols, if a student is away on a pizza day there will not be a way to save their slice(s) until they return or provide refunds through school cash online. Sorry 😞 for any inconvenience.

**PIZZA DEPOT**

[www.pizzadepot.ca](http://www.pizzadepot.ca)



*Come One Come All!!*

*Please tune into our next live virtual meeting, to discuss upcoming plans and initiatives to help our school!*

*All community members are welcome and we would love to hear new ideas, answer questions and engage YOU in our MAPS school spirit!*

*Hope to see or hear you there, by logging into the following link provided!*

**MAPS SC Wednesday, March 30 · 7:00 pm**

**Join with Google Meet**

[meet.google.com/syt-kbmf-kfb](https://meet.google.com/syt-kbmf-kfb)

**Join by phone**

(CA) +1 587-797-8175 PIN: 857 562 226#