

# Upper Grand District School Board

The UGDSB strongly recommends everyone to continue to follow public health's preventative measures to reduce the spread of respiratory illnesses in schools and help keep children and youth healthy.



# HEALTHY SCHOOLS UPDATE

## PUBLIC HEALTH RECOMMENDS

- Screening daily for illness
- Staying home when sick, until you have no fever and symptoms are improving for at least 24 hours
- After staying home - wear a mask in public for 10 days after symptoms started

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## PREVENTATIVE MEASURES IN SCHOOLS

- Hand hygiene, respiratory etiquette
- Strongly recommend masking
- Enhanced cleaning and disinfecting
- Ventilation, 2500+ HEPA filters: in all classrooms and learning spaces, including work spaces
- Protocols to manage individuals ill at school
- Availability of rapid antigen tests
- Continued access to Personal Protective Equipment
- Including availability of masks
- Open windows for increased fresh air, when possible
- Outdoor learning

UPDATES ARE  
POSTED ONLINE:

[www.ugdsb.ca](http://www.ugdsb.ca)