

## The Social Media Generation Tuesday, March 26, 2024 | 6-7:30 p.m.

This workshop is designed for parents with a focus on the impact of social media on youth. Workshop activities and discussions will address the following topics:

- Understand the impact communication technology can have on youth.
- Examine the risks associated with prolonged and/or unsupervised social media use.
- Learn ways to help children protect themselves online.
- Explore strategies that can aid youth in building a healthy online brand/image.

Image by Freepil