

TAYLOR EVANS PUBLIC SCHOOL

invites you to

SOCIAL MEDIA & WELLNESS

PARENTS INFO NIGHT



CHRIS VOLLUM

*Recognised educator on
Twitter, Snapchat, Facebook,
Youtube. Presented to more than
600,000 students throughout
Canada and United States*

Core Discussions

- Mental health, stress and anxiety
- Prominent social platforms
- Daily habits important vs urgent
- Achieve balance, less screen time

April 30th 2019

6:30pm - 8pm

Doors open at 6pm

Refreshments provided

***Translation offered in Punjabi,**

Vietnamese & Cantonese

***Child care available, to register**

**Call 519 766-4544 ext 223 or e-mail on
Kenneth.Keesmaat@ugdsb.on.ca**