

MOVING AWAY FROM BOTTLED WATER AND SINGLE-USE PLASTICS AT WORKSHOPS, MEETINGS AND EVENTS

The Upper Grand District School Board is committed to achieving the goals in our *Environmental Sustainability Action Plan!*



Let's make a difference:

Across the globe, there is a call to help stop the plastic crisis. On a personal level, we can help by using reusable shopping bags, refusing straws, using a travel mug at the coffee shop or packing litterless lunches.

At the UGDSB, we wish to join the growing number of municipalities, cities and countries and pledge to stop plastic pollution. When hosting an event, you are encouraged to use alternatives to bottled water and avoid single-use plastics.



Moving away from single-use plastics:

- At meetings, workshops or events use pitchers of water or water jug stations. *(Remind caterers we don't use water bottles or Styrofoam.)*
- For meals, find out what the surcharge is for a 'dishes and cutlery' catering option. *(Ask for real cutlery; avoid plastic. If reusable plates are not an option, consider paper plates which, if not too soiled, can be recycled.)*
- If reusable mugs or water glasses are not available, ask participants to 'lug a mug' or 'bring your water bottle' so fewer paper coffee cups need to be used. *(Paper cups, due to their plastic lining, go into the garbage.)*
- Instead of mini creamers, milkettes and plastic butter packets, ask for cartons of milk and cream, and put butter on a plate. Use metal spoons instead of plastic stir sticks.

Questions, feedback or further suggestions?
Go to <http://bit.do/ezsBB> to add your voice!

Poster: Google '9 Tips for Living with Less Plastic'

Thank you for taking steps for positive change!