

Ottawa Crescent Public School

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November 2015 Newsletter

Cold Weather Reminder

Cold weather has returned and with that the need to dress warmly. Parents are reminded to send students to school with warm clothing including; hats, mitts and outdoors shoes/boots. Layers are suggested. Extra socks and mittens in backpacks are always a good idea.

Breakfast Program

Ottawa Crescent's Breakfast Program has been a great success! Students now have the opportunity to eat a healthy breakfast at school. The breakfast program doors are open at 8:25 – 8:40 a.m, for those students who would like to come in for a healthy meal to start their day. Mrs. MacLean, Mrs. Stoffman, Mrs. North and Ms. Hornett are running the program in room 15. Students will not be permitted in after 8:35 a.m. Breakfast includes nutritious foods from a variety of food groups. The program is open to all students!

Thanksgiving Lunch

On Friday, October 9, students and staff at Ottawa Crescent enjoyed a special turkey lunch for Thanksgiving. A special thanks to the Guelph Police Service Drug and Intelligence Unit who donated all of the juice boxes, corn, cranberries and potatoes. Thank you also to the many volunteers who helped in different ways to make our lunch a success.

Lifetouch Photo Day

Individual and classroom photos are being taken Tuesday, November 10.

Thank You

Thank you once again to Skyline for their generous donation to our Breakfast Program.

Remembrance Day Tribute

On November 11, we will have a Remembrance Day Assembly at approximately 10:45 a.m. Families are welcome to attend.



Next School Council Meeting

Monday, November 16, 2015
6:30 p.m.

Everyone Welcome!

Visitors and Volunteers

If you are visiting or volunteering at Ottawa Crescent, please drop by the office to pick up a Visitor/Volunteer tag. All visitors and volunteers are asked to sign in. The sign-in book is located on the podium outside of the office. Thank you for your cooperation.

Upcoming P.A. Day

Friday, November 27, 2015

No school for students.

Online Reporting

How to Report Incidents of Bullying

Students should let an adult know right away if they are experiencing bullying. If your child reports to you that he/she is being bullied, please call your child's teacher to let them know.

The Upper Grand District School Board takes all incidents of bullying seriously. That's why an online bullying reporting tool was developed. Stop a Bully gives students and parents 24/7 access for reporting bullying. You don't have to identify yourself – just your school – and your message gets sent directly to your school principal for follow-up. We will follow up on your report. To learn more about how you can stop bullying, go to: www.ugdsb.on.ca/stop-a-bully.

Pedestrian Safety

Please discuss these safety tips with your children...

- Always look for the safest place you can find to cross a road. Traffic lights or pedestrian crossings are the safest place to cross the road.
- Whenever possible always try to cross in a group with some friends. A group is more visible than a single person crossing a road on their own.
- Always STOP, LOOK and LISTEN for any approaching cars. WAIT until there is no sign of cars or traffic before you cross a road.
- Always cross a road in the most direct route. Remember roads are not places where you can play.

Elementary Progress Report Cards

For updates on Fall Elementary Progress Reports and labour relations please visit the UGDS board website at www.ugdsb.on.ca.

Cross Country

Our Junior Cross Country team raced on Tuesday, October 20. All students ran a great race and represented Ottawa Crescent well!

Soccer

Our Junior Girls and Boys Soccer Team participated in a tournament on October 27 at the Silvercreek Soccer Fields. Both teams played extremely well!



November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Time – turn clocks back one hour	2 Breakfast Program every day – 8:25-8:40 – room 15	3	4	5	6 Pizza Day	7
8	9	10 Individual and Classroom Photo Day	11 10:45 a.m. - Remembrance Day Assembly	12	13 Pizza Day	14
15 Anti Bullying Week Begins	16 6:30 - School Council Meeting – Everyone Welcome	17	18		20 Pizza Day	21
	23	24 Lockdown Drill	25	26 Pizza Day	27 P.D. Day No School for Students	28
29	30			Christmas Break – December 21 to January 1, 2016 Students return to school Monday, January 4, 2016.		

To learn more about how you can stop bullying, go to: www.ugdsb.on.ca/stop-a-bully.

Math Anxiety

M-A-T-H... A four-letter word that can bring on headaches, sweaty palms, stomach aches and/or tears. A four-letter word that can begin a verbal battle and end with wounds. A four-letter word that can be dreaded, leaving one confused and hoping for non-existence. What is it about math that can cause a child to be afraid? Attitudes.

As a parent/caregiver, you are an invaluable partner in your child's mathematical education; you are the first educator in your child's life. Recent research has shown that an adult's feelings about math and what they say can have an impact on how a child thinks about math and themselves as mathematicians.

Below are some verbal tips to help support you in curbing math anxiety in your child:

Instead of...	Try...
<i>"You are so smart!"</i>	<i>"You have worked so hard to learn all those math facts."</i>
<i>"I hated math as a child," or "I was never good at math."</i>	<i>"I am not sure of the math you are working on. Can you explain it to me?"</i>
<i>"Oh, looks like you made a mistake here."</i>	<i>"You made a mistake. That is wonderful! Your brain just grew from the learning that just happened!"</i>
<i>"This problem is way too hard for me to help you with."</i>	<i>"I think you should try this problem without my help. This would be a great opportunity for your brain to struggle so it can grow!"</i>
<i>"Let's see... Joe started with 15, and now he has 5, so what is 15 take away 5?"</i>	<i>"What do you think this problem is asking you? Can you restate it in your own words?"</i>
<i>"That is the right answer. Good for you!"</i> <i>"That is the wrong answer."</i>	<i>"How do you know you are right?" "Does that answer make sense to you? Why or why not?" "Is there another way to solve this problem?" "Explain how you got your answer."</i>
<i>"You are not good at math either, just like me."</i>	<i>"With hard work, you will get better at math. Don't give up."</i>
<i>"You have to learn to know these answers quickly."</i>	<i>"Take the time you need to figure out the answer. It is more important you understand how to get the answer than knowing it quickly."</i>

Words have the power to inspire a child to become the mathematician he/she is capable of being.

Adapted from:

What's Math Got To Do With It? by Jo Boaler

<http://yano.co.uk/2012/05/dont-let-maths-muddle-you-2/>

<https://www.youcubed.org/fluency-without-fear/>

Monthly Environmental Newsletter Inserts



November's Environmental Theme: AIR POLLUTION

Air pollution is a big problem. But we can solve it. Know that all over the world, steps are being taken to stop the damage to our environment from air pollution. Scientists study the damaging effects and make recommendations. Governments write laws to control emissions. Canada has a Clean Air Act. And the good news is that recently Ontario became the first province in Canada to no longer make electricity using coal-fired power plants! Perhaps most importantly, teachers in schools and universities are educating our youth to understand the problem and make a difference.

What are some of the ways we can reduce air pollution? Planting trees is a great way to help filter our air and make it clean. If cars are producing too much carbon dioxide then trees will help convert it back into essential pure oxygen. Also, use a push mower instead of a gas-powered mower, or use a snow shovel instead of a power snow remover. Bike and walk more, and look into purchasing a more fuel-efficient car. If you buy locally produced food, trucks won't need to make as many far away deliveries and use as much fuel. You can even help indoor air quality by growing plants indoors, especially spider plants, the peace lily, or bamboo palms to help take toxins out of the air inside.

Scientists are also working on how to use energy in a cleaner way. For one example, an alternate fuel source that emits fewer greenhouse gases than conventional fossil fuels comes from an unexpected source - vegetable oil! Type "Run Your Car on Vegetable Oil " into Google and find out the pros and cons of this alternative fuel source.

Slogan of the month: Keep our air healthy - plant a tree!